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Measuring Team Effectiveness in Scrum

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Abstract

Teams have become the building blocks of organizations, leading to an exponential increase in team studies, including team effectiveness studies in the scrum research area. However, no research has been done on the topic of measuring team effectiveness in scrum based on objective measures. The purpose of this study is to determine if team effectiveness in scrum can be measured using quantitative data values (objective measures). Through expert interviews, focus groups, and literature, a list of 30 objective measures was generated to measure scrum team effectiveness. This study contributes to existing research by offering a first insight into an additional method for measuring scrum team effectiveness.

1 Introduction

This section provides an introduction to the topic of scrum and team effectiveness in scrum. In addition, the motivation for this study will be examined. The motivation will be supported by the research aim and the research questions.

1.1 The idea behind scrum

Scrum is one of the most popular methods in software development [48]. The scrum methodology consists of a lightweight framework that helps people, teams, and organizations generate value through adaptive solutions to complex problems, most commonly used in software development [60]. The principles of scrum are formulated in the scrum guide, which is defined by Schwaber and Sutherland [60]. A scrum team is the fundamental part of the scrum method and consists of a product owner, a scrum master, and a number of developers. The product owner is responsible for maximizing the value of the final product that the scrum team produces. Establishing scrum according to the scrum guide's definition is the responsibility of the scrum master. Scrum masters want to achieve this by helping everyone on the scrum team and the organization understand the theory and practice of scrum. Developers are committed to creating any aspect of a usable feature of the final product. Teams that apply scrum operate in a crossfunctional manner, which means that members have all the necessary skills to create value in their software development process.

Furthermore, scrum is made up of various events. The sprint is the first event and can be seen as the heart of scrum. A sprint consists of a fixed time period, and it consists of all the work necessary to achieve the product goal, including various other scrum events. Sprint planning is the second event. The work that will be performed during the sprint is organized through sprint planning. The third event, called the daily scrum, is intended to check on daily progress made toward the sprint goal. The sprint review, which assesses the results of a sprint and decides on future adaptations, is the fourth event. The fifth event is the sprint retrospective. The purpose of the sprint retrospective is to plan ways to increase quality and effectiveness.

In addition to events, scrum also includes several artifacts. The first artifact is the product backlog. The product backlog is an ordered, emergent list of what is needed to build or improve the product. The sprint backlog, the set of product backlog items selected for the sprint, is the second artifact. The third artifact is the increment. An increment is the sum of all items in the product backlog completed during a sprint and the value of the increments of all previous sprints. The last artifact is the definition of done. The definition of done is a formal description of the state of the increment when it meets the quality measures required for the product.

1.2 Team Effectiveness in Scrum

Teams have become the basic building blocks of current organizational designs [42]. Well-formed teams enable organizations the flexibility to compose and reconfigure their team memberships to align members' competencies with task demands [40]. As a result, research on the topic of teams has grown exponentially over the past decade, which has also led to an increase in team effectiveness studies in scrum [40]. These studies range from the effect of the involvement of the product owner in team effectiveness to the effect of scrum retrospectives on team effectiveness [39] [49]. The first studies to address the topic of team effectiveness in scrum were conducted by Moe et al. [45] [46]. These studies focused on various factors that affect teamwork in scrum teams and provide a well understanding of reflecting scrum teams based on teamwork models. However, teamwork is only one component of the whole picture of team effectiveness, according to Russo [65]. Russo conducted a study that surveyed more than 5000 developers and 2000 scrum teams, using Likert scales, and a literature study to understand which team-level factors determine scrum team effectiveness. A Likert scale is a response scale that is used mainly in questionnaires to obtain the preferences of participants or the degree of agreement with a statement or set of statements [2]. The method transforms individuals' subjectivity into objective reality, that is, transforming qualitative data values to quantitative data [33]. Russo concluded that seven factors contribute to scrum team effectiveness. These factors are Continuous improvement, Stakeholder Concern, Team Responsiveness, Management Support, Team Autonomy, Team Morale, and Stakeholder Satisfaction. Figure 1 provides an overview of the factors. Furthermore, the figure provides insight into how these factors are associated with each other. To be more precise, the arrows indicate that there is a positive association between the factors, in which the hypothesis, for instance H6a, is mentioned in the arrow,

The study by Russo [65] provides a solid foundation on team effectiveness in scrum, using likert scales. However, no studies have been conducted on measuring team effectiveness based on quantitative data values. Thus, without using individual subjectivity.

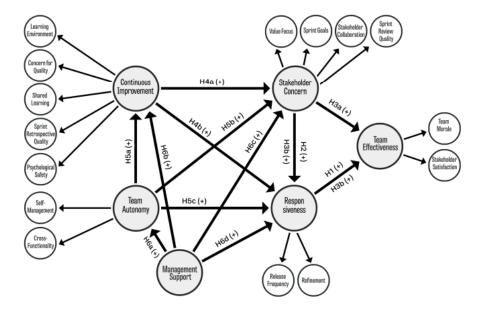


Fig. 1: Team effectiveness framework by Russo et al. [65]

1.3 Research aim and Research Questions

The study by Russo mentioned that scrum team effectiveness consists of seven concepts. These concepts have been measured on Likert scales, which are the subjectivity of individuals [33]. Subjectivity in measures can bring limitations, according to Jaheti et al. [31]. First, subjective measures are difficult to aggregate and interpret because they are often expressed in ordinal scales. Moreover, there has been noticed that these measures are uncorrelated with facts from the field. Also, there are no studies on measuring team effectiveness in scrum based on quantitative data values. Based on the research gap, and the limitations of subjectivity, the aim of the research is to measure team effectiveness supported by quantitative data values. It should be noted that the objective of this thesis is to complement, rather than replace, subjective measures.

Based on the research aim, the following research question has been formulated:

"To which extent can team effectiveness in scrum be measured based on quantitative data values?"

The following sub-questions have been defined to answer the main research question.

- What is the definition of team effectiveness?
 Team effectiveness will be the main subject of this study. According to research, there is still much ambiguity about the concept of team effectiveness [52]. Therefore, the concept of "team effectiveness" will be studied and a definition of the concept will be provided for consistency purposes and to define a scope to indicate which aspects are involved in team effectiveness.
- Which concepts influence team effectiveness in scrum?
 The main outcome of this research is to create a metric or overview to measure team effectiveness. Before the metric or overview can be created, several measurement concepts should be studied to indicate which concepts can be applied to the quantitative data measures. The seven concepts of team effectiveness by Russo [65] will form the basis of the concepts. In a later stage, focus groups will be held, involving product owners and scrum masters, to discuss the results of the concepts.
- Which quantitative data values can be used to measure team effectiveness concepts in scrum?
 After the concepts have been defined, the quantitative data values must be found. Exploring these values is expected to take place in work management systems such as Jira or Azure DevOps, and the use of focus groups and expert interviews. Ultimately, an overview of quantitative data values that can be quantified in different work management systems, and are related to team effectiveness will be provided.

The values of quantitative data have different characteristics, such as it can be measured and quantified and can be seen as objective. In other words, no personal meanings are involved in the data. In this study, the values are derived from work management systems such as Jira or Azure DevOps. The theoretical contribution of this study will provide information on to what extent team effectiveness can be measured based on quantitative data values. Furthermore, the outcome can also be applied as a benchmark for further studies in the area of team effectiveness in scrum. This benchmark is also applicable for practical purposes. In addition to being a benchmark for future studies on team effectiveness in scrum, the results can also be used as a benchmark for scrum teams. The outcome of this study will support scrum teams reflecting their team results and processes, which can help organizations adjust their current scrum teams to improve results. Therefore, it should be noted that the results will provide information only on how teams can be improved and not on how teams can be compared with each other.

2 Research Method

This section describes the research method. First, the chosen research method will be discussed. Afterwards, the different stages of the research will be elaborated, containing the activities performed at each stage.

The purpose of the study was to investigate whether team effectiveness can be measured using quantitative data values. The outcome of this study is an artifact that contains different quantitative values (objective measures) to measure team effectiveness. Therefore, this study can be indicated as a design science study since it aims to design an artifact by conducting research. According to Hevner, "design science creates and evaluates IT artifacts designed to solve identified organizational problems" [29] (p.77). Although the result of this study will not be an IT artifact, Hevner's study [29] can also be generalized to a broader context, as the methodology has also been applied in business process management, in a paper by Sonnenberg et al. [66] and human resource studies, which are discussed by Jennex et al. [32]. The organizational problem, mentioned in the definition of Hevner [29], can be defined as the lack of studies that discuss the question of measuring team effectiveness based on quantitative data values.

Within design science, several process models have been designed to guide design science methods. In this study, the design science process model of Pfeffers et al. [51] has been applied. The design science process model of Pfeffers. has been chosen because it provides a template that is consistent with prior literature. In addition, the template is robust and sufficiently complete to guide research in the area of design science. Lastly, the model has been widely used in Information Science research. Thus, the process model will provide a solid base for this study.

The process model has been divided into five different stages.

- 1. Problem Identification & Motivation
- 2. Objectives of a solution
- 3. Design & Development
- 4. Demonstration & Evaluation
- 5. Communication

A high-level overview of the research method is visualized in Figure 2.

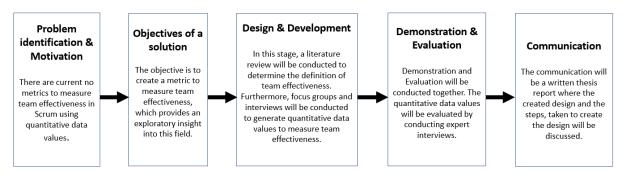


Fig. 2: Design Science Process Model adapted from Hevner [28]

2.1 Problem Identification & Motivation

The purpose of the Problem Identification & Motivation section was to define the specific research problem and justify the value of a solution [51]. Since the research problem has already been discussed in Sections 1.2 and 1.3, no further explanation of the Problem Identification & Motivation will be given.

2.2 Objectives of a solution

In the second stage, a description of how objectives should be rationally inferred from the problem specification will be provided [51]. The final objective of the research was to create a metric that can help measure team effectiveness in scrum based on quantitative data values. As mentioned in Section 1.2, research showed that no studies have been found discussing measuring team effectiveness in scrum, based on quantitative data values. Therefore, it was difficult to predict and state objectives, such as how many data values can be found and used in the final metric. As a result, it was still unknown whether a metric can be created and how comprehensive the metric will be. The goal of this research was to create a metric that provides the first exploratory information in the area of measuring team effectiveness based on quantitative data values.

2.3 Design & Development

Determining the desired functionality of the artifact and its architecture and then creating the actual artifact is the main objective of the Design & Development stage [51]. The Design & Development stage have been divided into two phases, the literature review phase and the research phase. In the literature review, the literature research protocol will be discussed and a brief introduction to the literature study will be provided. In the research phase, two focus groups will be examined and data extraction from work management systems will be discussed. For clarity purposes, an overview of the activities carried out in the Design & Development phase and the Demonstration & Validation phase will be provided in Figure 3.

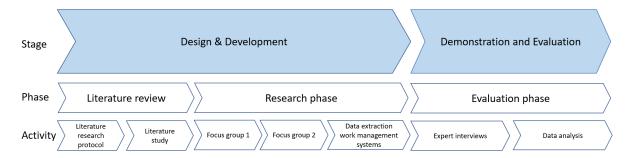


Fig. 3: Design & Development phase and Demonstration & Validation phase activities

Literature review

The first part of the Design & Development phase was a systematic literature review. The systematic literature review has been used for different purposes. It has been applied to understand the breadth and depth of the existing body of work and to identify gaps to explore. Furthermore, summarizing, analyzing, and synthesizing a group of related literature can help to test a specific hypothesis and/or develop new theories.

A systematic review of the literature helps to assess the validity and quality of existing work against a criterion to reveal weaknesses, inconsistencies, and contradictions [73]. For this study, the main objective of the literature review was to gather information about the concept of team effectiveness, which helps answer the subquestion:

What is the definition of Team Effectiveness?

Furthermore, the literature review was used to compile information about the different methods to measure team effectiveness.

To guide the literature review, a protocol has been assembled. This protocol was derived from Kitchenham et al. [35] and was tailored for this research. This method was chosen primarily because it is based on a well-known and widely cited publication in the field of information and computer science.

Different phases are associated with the literature research protocol. These phases are as follows:

- 1. Identification of research
- 2. Selection of primary studies
- 3. Quality Assessment
- 4. Snowballing Method
- 5. Data extraction & Synthesis

The first phase aimed to find as many primary studies related to the research question or problem statement as possible using an unbiased search strategy. The primary search area for collecting scientific papers was Google Scholar. In Google Scholar, different search terms have been applied to gather papers. These terms have been derived from the research question and the defined problem statement. 'Team effectiveness scrum' and 'productivity scrum' are the main terms derived from the research question and problem statement. In addition to the core terms, several other terms were applied, for example, to gather information on other measures of Team Effectiveness in other research areas.

The selection of primary studies was the second phase. The main purpose of this phase was to evaluate the relevance of the studies. The evaluation was carried out on the basis of inclusion and exclusion criteria. For this study, the following inclusion and exclusion criteria have been defined, which are based on the inclusion and exclusion applied by Shah et al. [62]. The exclusion criteria contain three elements.

- Studies written in another language than English were excluded.
- Textbooks and papers that include student experiments were also excluded.
- Papers were excluded if they have been published at conferences that are grouped into categories less than C based on the core conference ranking.

The inclusion criteria consisted of three subsequent levels.

First, the titles were being screened. The papers were selected if the title contained 'team effectiveness' and 'scrum' or 'productivity' and 'scrum'. Second, the abstracts of the papers that were selected from the first phase were analyzed. As a third step, the selected papers from the second step were thoroughly read. Only papers were included that describe/discuss at least one of the following elements:

- Team effectiveness in scrum
- Productivity in scrum
- Method to calculate team effectiveness productivity, or team effectiveness productivity metrics in scrum teams.

In this study, the exclusion criteria were first applied. This was done because the inclusion criteria took more time to apply. This matter prevented papers from being selected based on the inclusion criteria, which is the most time-consuming task, and later removed based on the exclusion criteria.

The third stage was the quality assessment. In addition to the general inclusion-exclusion criteria, quality criteria have been defined. Quality criteria are needed to minimize bias and maximize internal and external validity [15]. Table 1 defines these quality assessment criteria, which are established by Protogerou et al. [53] and customized for this study. The reason for choosing these criteria is that they were evaluated using an expert consensus study that informed the development of the final set of checklist items and descriptions. Furthermore, the criteria have also been pilot tested in a case study. [53] The aim was that these quality criteria should be answered with a "Yes", otherwise the article was removed from the selection.

Quality Criteria Assessment	Yes/No
Were specific research questions or hypotheses stated?	
Was the problem or phenomenon under investigation defined, described, and justified?	
Were the data analysis techniques justified?	
Were the measures provided in the report (or in a supplement) in full?	
Is the publication date in the scope of 20 years?	
Was information provided about the context (e.g., place) of data collection?	
Were funding sources or conflicts of interest disclosed?	
Was evidence provided for the validity of all the measures (or instruments) used?	
Is it peer-reviewed?	

Table 1: Quality criteria assessment, derived from Protogerou et al. [53]

The phases, Identification of Research, Selection of primary studies, and Quality assessment of the research protocol have been visualized in Figure 4. The flow diagram consists of six phases. However, one phase has not been discussed, which is the article's retrieved randomly phase. This phase has been taken into account, since the first phase generated more than 20,000 papers. For the researcher, it was not possible to review all papers, solely due to time constraints. Therefore, a random selection of papers will be derived from the first phase. For this research, 200 papers were randomly derived from Google Scholar. To decide whether the number of randomly selected papers was sufficient, a benchmark based on a separate database of scientific articles has been established. There are a variety of scientific databases, but for this study, link springer and the IEEE database serve as comparison databases. The same keywords from the first stage were applied to the link springer and IEEE databases. The general rule for the selection of randomly retrieved papers was that the higher the number of generated papers in the link springer and the IEEE databases from the final selection

of quality papers, the more reliable the number of randomly retrieved papers. Ultimately, the final selection of papers after the literature protocol was 24 of the 200 papers that were randomly retrieved. Of these 24 papers, 16 appeared in the link.springer and IEEE databases, which can be seen as the majority of the number of high-quality papers out of the 200 articles that were retrieved randomly. Therefore, it can be concluded that the 200 articles provide a good overview of high-quality papers for this research.

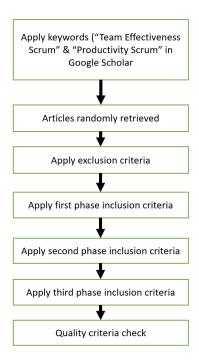


Fig. 4: Flow diagram containing the different phases to select the papers.

After the third stage of the research protocol, the final selection of papers was made. The snowballing method is the fourth phase, and this phase was added primarily due to the random extraction of papers. In the article's randomly retrieved phase, multiple papers had been left out of the literature-gathering process due to time constraints. By adding this phase, papers could be added to the reference list to gather more knowledge about the subject of team effectiveness in scrum.

The snowballing method is a study selection method based on a reference list [69]. This reference list contained the papers that were selected after the third phase of the research protocol, the quality criteria check phase. The backward and forward snowballing approaches are the basics of the snowballing method. While backward snowballing means using the references in the selected papers, forward snowballing refers to identifying new papers based on the citations of the paper. The snowballing method is visualized in Figure 5. Lastly, whenever an interesting paper has been found, the quality criteria, visualized in Table 1, will still be used to determine whether a paper should be added to the list.

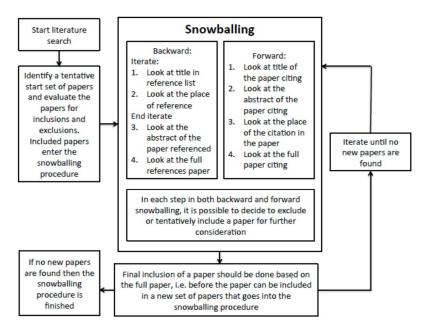


Fig. 5: The snowballing method, which is applied in the literature research protocol by Wohlin et al [69].

The data extraction and synthesis were the fifth phase. The objective of this phase was to take the relevant data from the selected studies. The strategy of this phase was to read all selected studies and summarize the most useful data. Information on team effectiveness in agile way of working, such as quotes, metrics, and percentages that are useful for this study, has been collected in a separate document. These data have been used to define the concept of team effectiveness. As a result, the main outcome of the literature study was to provide an answer to the sub-question "What is the definition of Team Effectiveness?" & "Which concepts should be studied to measure team effectiveness?

Research phase

After the literature review phase has been conducted, the second step in Design & Development is the research phase. The research phase aimed to answer the third sub-question "Which quantitative data values can be used to measure team effectiveness concepts in scrum?" This research question will be answered by conducting two focus groups. Focus groups have been conducted to generate objective measures. In addition, interviews will be conducted to identify the measures that can be quantified in a work management system.

This study aimed to measure team effectiveness based on objective measures. To guide the process of generating objective measures, two focus groups were conducted. Focus groups are defined as a group of individuals to discuss a particular issue or concern [68]. There are several reasons to conduct a focus group. The first reason is that focus groups are a suitable method to generate ideas [22]. Furthermore, it provides an organized setting for a discussion between participants, in which participants ask each other questions and explain themselves to each other [47]. The first focus group session aimed to gather objective measures that may be used in scrum teams or teams that follow the scrum principles, taking into consideration team effectiveness. As a result, by conducting focus groups and bringing more experts together, the prediction is made that more objective measures can be generated. Furthermore, discussions have a positive influence in indicating whether a measure is related to scrum. The second focus group aimed to link the objective measures, derived from the first focus group, with the seven concepts of team effectiveness, extracted from Russo [65]. For both focus groups, the objective was to gather participants who have at least five years of experience in scrum projects.

Focus Groups As mentioned, the first focus group session aimed to gather objective measures that can be used in scrum teams or teams that follow the scrum principles, taking into account team effectiveness. The methodology for conducting the focus group was derived from Simon et al. [63] and altered for this research.

First, the focus group participants were introduced with the study goal and the focus group goal mentioned. After the introduction, the group had been split up, and each member was asked to provide an individual response to the following question

'What can be measured and is applicable to a scrum team or teams using the scrum methodology, taking into account the definition of team effectiveness?' For example, the number of members of the scrum team, sprints, etc.

The following definition of team effectiveness was given to the participants:

"Team effectiveness includes the quality of team performance, as well as the perceived satisfaction of the individual needs of team members" [25].

The participants were asked to write the measures on post-its. After a certain period of time, the focus group was merged into two smaller groups to discuss the measures and encourage conversation. Both smaller groups were instructed to stick all of their post-its to a wall. This was done to create an overview of all post-its containing measures that might be applicable in scrum. Each group was asked to present its results in a brief presentation. The other group was asked to review their results and pose questions. In the end, the goal was to come to an agreement between the groups and to ensure that both groups were satisfied with the results. The focus group resulted in an overview of quantitative data values (objective measures) that can be derived from scrum.

After the first focus group, the measures obtained from the first focus group were analyzed. This study focuses solely on objective measures. Therefore, the researcher made a distinction between objective and subjective measures and was reviewed by the participants in the first focus group. The end result is a list that contains only objective measures that would be used in the second focus group.

The second focus group aimed to link the objective measures, derived from the first focus group, to the seven concepts of team effectiveness, extracted from Russo [65]. Russo proved that seven concepts influence and measure team effectiveness. Linking the measures to the concepts provided a brief idea of whether a measure can provide information on team effectiveness in scrum. Additionally, the second focus group served as an additional review group for the results of the first focus group.

The method by which the focus group was conducted will be explained. Similarly to the first focus group, participants were first briefed on the purpose of the study and the objective of the focus group. The purpose of the focus group was to link the objective measures, derived from the first focus group, with the seven concepts of team effectiveness by Russo [65]. The seven concepts were Continuous Improvement, Stakeholder Concern, Responsiveness, Management Support, Team Autonomy, Team Morale, and Stakeholder Satisfaction. Additionally, an explanation of the concept and a definition of each objective measure were provided to reduce the debate over the meaning of a measure or the meaning of a concept. In addition to the objective measures of the first focus group, par-

ticipants could also add new objective measures to the list. Additionally, the definition of team effectiveness was displayed to ensure that all participants were on the same line. After the briefing, the focus group was split into two groups of three participants. Large sheets of paper containing the name of the concept of team effectiveness were spread throughout the room. Each group was told to evaluate which of the objective measures is related to the concept of team effectiveness. A measure was added to a concept if the team was certain that the measure and the concept were linked. This process was repeated until all seven concepts had been covered by both groups. Both teams were also instructed to reflect the results of the other team when discussing the measures. Whenever a team questioned the outcome of the other team, side notes were added to discuss the measure at a later stage of the focus group. The final phase of the focus group was the discussion. In this phase, both teams were required to review the measures of the other teams. Also, an explanation of the added side notes and why the team felt that it did not fit the concept was given. The opposing team could respond to this critical note. In the end, both teams had to agree on whether the measure fit the concept. Fortunately, a consensus was reached in all discussions, which was approved by both teams. The final result was an overview of the concepts and objective measures that the two teams agreed on.

Data extraction work management systems The result of the second focus group was a list containing objective measures related to the seven concepts of Team Effectiveness. The last step in the research phase is to extract data from the different work management systems. The objective of this phase was to obtain information on the possibility of measuring the objective measures, obtained from the second focus group, in work management systems such as Jira or Azure DevOps. In other words, to indicate whether the measures are or can be applied in a practical setting. The goal was achieved through interviews with members of the scrum team. During the interviews, each measure was examined, and the following questions were asked for each measure.

-Has the measure already been quantified within the work management system of the scrum team?

If the answer to this question was NO, the following follow-up was asked:

Would it be possible to measure the measure in the work management system? Both questions indicated whether a measure can be quantified in a work management system. It has been assumed that the measure cannot be quantified if both questions are answered negatively, according to the interviewee. The end result is an overview of all measures, providing information on whether it is possible to measure a measure in a work management system, such as Jira or Azure DevOps.

2.4 Demonstration & Evaluation

Observing and measuring how well the artifact supports a solution to the problem is the main objective of the Demonstration & Evaluation phase [51]. In other words, this phase can be interpreted as the validation phase of the created artifact. As indicated in the previous section, the end product of the Design & Development phase is an overview of the objective measures, indicating whether it is possible to measure them in a work management system such as Jira or AzureDevOps. During the focus groups in this phase, measures were collected and linked to the concepts of team effectiveness. However, during this phase, the exact influence of this measure on team effectiveness has not been defined. Therefore, expert interviews were conducted. The objective of the expert interviews was to gather information on how a certain measure influences team effectiveness. Furthermore, these experts should have at least five years of experience in scrum.

The structured interview method was used during these interviews. This method involves scheduling questions in which the researcher will ask each respondent the same questions in a similar way [56]. For each expert interview, the following question was asked:

How does this measure influence team effectiveness, taking into account the definition of team effectiveness.

The definition used is the definition of Fransen et al. [25]. "Team effectiveness includes the quality of team performance, as well as the perceived satisfaction of individual needs of team members." This question has been repeated for the 40 measures derived from the second focus group. Ultimately, an overview was created on how each measure is related to team effectiveness, according to experts.

The last step in the Demonstration & Evaluation phase was an analysis of the interviews. Each measure contained four opinions on whether the measure affects team effectiveness. The purpose of the analysis was to obtain information on whether the four opinions were on the same line. Therefore, a coding scheme was applied in which a specific color was applied to each individual measure. The end result will be an overview that includes the expert's perspective on each measure. Furthermore, a color-coded analysis was also performed to indicate whether experts were on the same line on the influence of each measure on team effectiveness.

2.5 Communication

In the last phase of the design science process model, the problem and its importance, the artifact, its utility and novelty, the rigor of its design and its effectiveness to researchers and other relevant audiences, such as practicing professionals, will be communicated [51]. For this study, all steps taken and all the results of the research have been documented in a written thesis. In addition, a presentation will be presented to present the results and provide a further explanation of the research carried out.

3 Literature review

In the literature review, the definition of team effectiveness will be discussed to answer the following sub-question: What is the definition of Team Effectiveness? This section elaborates on the general definitions of team effectiveness and the definitions that are applied in scrum research. Furthermore, the literature review is used to compile information on the different methods to measure team effectiveness in other research areas, Section 3.2, and in scrum, Section 3.3. The last part also helps to answer the second sub-question: Which concepts influence team effectiveness in scrum? The papers for the literature review have been selected based on the literature research protocol, described in Section 2.3. Ultimately, 24 articles met the criteria stated in the literature research protocol. These articles form the basis for the literature review.

3.1 A definition of Team Effectiveness

There is still a significant amount of ambiguity regarding the concept of team effectiveness [52]. This is mainly due to the fact that different organizations have different views on what defines "effectiveness" [6]. Fransen et al. [25] underline that there is much ambiguity around the concept of "Team Effectiveness". Therefore, in this research, a definition of "Team Effectiveness" will be provided for consistency purposes and to define the scope of the thesis.

Hackman et al. [27] have proposed one of the first papers to discuss the topic of team effectiveness. Although Hackman [27] does not define a formal definition, the article states that in addition to performance outcomes, such as speed to solution and number of errors, other outcomes should also be taken into account, for example, group cohesiveness and member satisfaction, to determine the effectiveness of a team. Mathieu et al. [41] underline the rationality of Hackman [27] and specify two outcomes for team effectiveness. Tangible products of team interaction and influences on people in a team. Furthermore, Mathieu et al. [41] classify tangible outcomes into three types: efficiency, productivity, and quality. The numerical output of some units indicates the productivity of a team. An example of a numerical output might be sales logged, clients served, or engagements completed. Efficiency is a similar concept, but it is defined in terms of quantitative counts of units produced compared to some standard or benchmark, for example, products relative to raw materials consumed, the time required to reach a decision versus time allocated, and sales relative to quotas. The last type is quality, which represents an assessment of the value or value of outputs such as product rejection rates, decision quality, customer satisfaction, and safety rates. The second general category of team outcomes can be defined in terms of influence on members, which can be defined as collective or individualistic outcomes. The collective level of analysis includes shared experiences, such as cohesion or psychological safety. These outcomes are often experienced in a similar way by all members. On the contrary, individual-level outcomes refer to attitudes, reactions, learning, and behaviors of individuals that may vary not only between teams, but also within teams. The papers of Hackman [27], and Mathieu [41] describe the results of team effectiveness and provide a solid foundation for team effectiveness; however, team effectiveness has not been defined in these papers. The lack of stated definitions of team effectiveness is a general observation when reading team effectiveness studies. Although many articles have been written on team effectiveness addressing topics such as improving team effectiveness in teams [9] [14], team effectiveness in a virtual environment [54], and broader research on team effectiveness in organizational contexts [52] [26]; no definitions of team effectiveness have been provided. A general observation is that these articles address criteria or factors that influence team effectiveness or provide the desired outcomes of team effectiveness. However, a general definition of Team Effectiveness is often left out.

One of the few definitions of the concept of team effectiveness found has been defined by Fransen et al. [25]. In this paper, team effectiveness has been defined as the quality of team performance, as well as the perceived satisfaction with individual needs of team members. Wu et al. [72] provides a different definition of team effectiveness, defining team effectiveness as the extent to which teams meet the expectations of organizations. In the previous section, Hackman et al. [27], and Mathieu et al. [41] underline the importance of individual aspects such as, team members' satisfaction. This aspect has not been defined by Wu et al, and therefore this definition has not been applied in this paper.

Another definition has been defined by Walters et al. [67] and defines team effectiveness as the sum of satisfaction and perceived performance. Although this definition is similar to the definition by Fransen et al. [25], it is not elaborated further in the paper. As a result, the definition of Fransen et al. has been applied in this paper.

Fransen et al. [25] addresses team effectiveness at the team level (that is, performance) and the individual level (that is, satisfaction of team members). Effectiveness at the team level is indicated through performance quality, which includes both process and product quality. The quality of the product and whether a deadline has been met are frequently discussed when discussing product quality. Process quality refers to efficiency. According to Fransen [25], efficiency is the balance between time and materials invested versus the results achieved as a result of this balance. In addition, performance also refers to the quality of collaboration, which is the effective use of the expertise and capacity of a team, along with smooth processes of negotiation, decision-making, and performance monitoring in the team.

Whereas performance has been divided into three parts, team member satisfaction has not been further elaborated. Therefore, other studies have been consulted to discuss the concept of team member satisfaction. Team member satisfaction has a significant impact on the overall well-being and the performance of a team [44]. In Acuna et al. [1], the concept of satisfaction indicates how much a team member agrees and conforms with his team members about the work method, the atmosphere generated, the achievement of goals, etc. Furthermore,

research shows that a variety of factors influence team member satisfaction such as the presence of communication and cooperation between groups [11], the level of communication and cooperation within the work groups [12], and team leadership behavior [44]. As a result, team member satisfaction is a very broad concept in which many factors influence the outcome of the concept.

In addition to the definition of Fransen et al. [25] which can be understood in a wider context, the definitions of "Team Effectiveness" have also been defined in the Scrum research area. Moe et al. [45] conducted one of the first studies on team effectiveness in scrum. However, in their paper, no definition of scrum team effectiveness is mentioned. A definition of scrum team effectiveness has been given by Russo et al. [65]. In this paper, the effectiveness of the scrum team has been defined as: 'the effectiveness of the scrum team as the satisfaction of the team members with their work process and the satisfaction of the stakeholders with the results of that process' (p.2). Although this definition is in line with the definition of Fransen et al. [25] and corresponds to the Team Effectiveness outcomes defined by Hackman [27], an important difference should be mentioned. In the definition by Fransen et al. [25] and the desired outcomes of Team Effectiveness by Hackman [27], it is mentioned that the quality of team outcomes is an important factor in Team Effectiveness. According to the definition by Russo [65], stakeholder satisfaction indicates the quality outcomes of Team Effectiveness. Although this can be used to measure the tangible outcomes of the team, the question is: Is it valid to measure the outcome of a team solely on stakeholder satisfaction? In addition to quality, efficiency and productivity should also be taken into account as a tangible outcome of team effectiveness, according to Mathieu [41]. Therefore, the definition by Russo [65] can be indicated as too narrow for this research. As a result, the definition of Fransen [25] will be applied in this research, since it can be applied in a broader context. In conclusion, this study's definition of team effectiveness is "Team effectiveness includes the quality of the team's performance, as well as the perceived satisfaction of individual needs of team members" [25] (p.1108).

3.2 Measuring Team Effectiveness

Team effectiveness has been studied in all kinds of research areas. In this section, team effectiveness will be discussed in the research areas of healthcare and engineering. Based on literature research, these two research areas comprised the majority of team effectiveness studies. Following the number of team effectiveness papers, there can be assumed that the papers in these research areas have a respectable level of team effectiveness maturity. As a result, these research areas have functioned as a benchmark for this study. The focus of this section will be on the various methods to measure team effectiveness in these research areas.

Healthcare While researching team effectiveness in other research areas, an observation was that most team effectiveness studies have been conducted in the Healthcare sector. The main reason for this trend is that team effectiveness has become a vital role in healthcare, which can be underlined in the following case. Research shows that 3-4% of patients hospitalized in the United States were harmed by the care received and 44,000 to 98,000 patients died as a result of medical errors. The study concluded that effective teamwork and better communication between caregivers could have prevented half of them [17]. As a result, much research has been done, resulting in a wide variety of papers. Literature studies have been conducted to summarize these papers and discuss the topic of team effectiveness measurement in healthcare. One of the literature reviews of Healthcare team effectiveness has been written by Lemieux et al. [37]. Although this paper is more than 15 years old, it provides the first insight into team effectiveness measurement methods in healthcare considering the 10,224 citations. Furthermore, this paper can be used as a benchmark for follow-up studies. The paper by Lemieux et al. [37] reviewed 22 studies. An observation that has been made relating to team effectiveness measurement is that all studies applied objective measures of patient and/or organizational outcomes. Only 4 of 22 studies also examined subjective outcomes such as staff satisfaction or perceived team effectiveness [37]. The study mentions several objective outcomes that have been applied in healthcare. Objective outcomes include patient outcomes (e.g., functional status, satisfaction), organizational outcomes (e.g., efficiency, costs), staff behavior (e.g., absenteeism, prescribing patterns), and patient behavior (e.g., adherence to medical advice). This shows that team effectiveness measurement in healthcare is different from other research areas since Pina et al. [52] concluded that most team effectiveness studies focused on subjective matters rather than objective matters. A follow-up study of the literature by Buljac-Samardzic et al. [8] shows that this observation has not been changed. Although no numbers are provided in studies that applied subjective or objective measurement, the study advised that research on the topic of team effectiveness in healthcare includes outcomes less frequently used, such as professional well-being, that is, staff satisfaction, and focuses on identifying possible deadly combinations between outcomes [8]. The papers of Lemieux et al. [37] and Buljac et al. [8] do not explain why objective measures are more popular than subjective measures in team effectiveness studies. To conclude, research on team effectiveness measurement methods in Healthcare mostly involves objective measurement methods, despite research [52] showing that most team effectiveness measurement methods involve subjective measurement methods.

Engineering The second research area that has been analyzed is the engineering research area. Multiple studies have been conducted in the area of team effectiveness in engineering [74] [18] [30]. Although there is no literature review on the topic of team effectiveness in engineering, the three most cited papers, according to Google Scholar, will be used to provide insight into engineering team effectiveness. The paper by Yang et al. [74] studies the difference in team effectiveness between distributed and co-located engineering teams. Ten characteristics of team effectiveness have been used to measure team effectiveness. These characteristics are given below.

- 1. Goals & Objectives
- 2. Utilization of Resources
- 3. Trust & Conflict
- 4. Leadership
- 5. Control & Procedures
- 6. Interpersonal communication
- 7. Problem-Solving
- 8. Experimentation
- 9. Evaluation
- 10. Cohesion

Ultimately, each team member had to complete a questionnaire to rate their team according to the characteristics mentioned above on a scale of 1 (low) to 7 (high). Unfortunately, no questionnaire is provided to analyze the questions. However, it is based on the method described in this section. The effectiveness measurement found in the team has been examined by applying a quantitative data method using qualitative data values. In the second paper by Doolen et al. [18] 16 engineering has been studied to investigate the role of organizational context on Team Effectiveness. Two surveys have been designed to assess organizational variables, and the second survey was provided to measure team effectiveness. In this context of assessing team effectiveness, the focus will be on the latter survey. The survey conducted included 12 items and the items were evaluated using a six-point likert scale [18]. In addition, three examples of survey questions were provided in the paper. These questions were as follows.

- "This team can be depended on to meet their goals."
- "This team is successful in meeting their objectives."
- "I view this team as successful."

The last study analyzed was written by Imbrie et al. [30]. Although this study has also been conducted in the engineering research area, the main difference

compared to the other studies is that the participants were students instead of company employees. In this study, engineering students were asked to determine if they perceived their team as effective. The questionnaire contained 24 questions divided into four sub-scales; Interdependency, Learning, Potency, and Goal Setting. The responses to the questions were recorded on a Likert scale (1=strongly disagree to 5=strongly agree). Even though only three studies have been analyzed, which makes it difficult to generalize these observations, they give a small insight into team effectiveness Engineering studies. Based on the three most cited engineering team effectiveness studies, it can be concluded that the use of Likert scales, qualitative data values, is an important measurement method for team effectiveness in engineering studies.

The general conclusion of this section is that there are a variety of methods of measuring team effectiveness in the areas of engineering and healthcare research. Although the majority of healthcare research team measure the effectiveness of the team based on objective measures, most of the effectiveness studies of engineering teams apply subjective measures. Although only two research areas have been discussed, the main objective of this section was to gain more insight into the research areas that have conducted studies on measuring team effectiveness. Lastly, this section shows that it is possible to measure team effectiveness based on objective measures, which have been investigated in the healthcare sector.

3.3 Measuring Team Effectiveness in Scrum

The first study to address the topic of team effectiveness in scrum was introduced by Moe et al. [45]. The main purpose of this study is to discuss the relationship between the general literature on teams and, in particular, team effectiveness in scrum [45]. To evaluate team effectiveness in scrum, the "Big Five" teamwork model of Salas et al. [59] has been applied. Based on the model of Salas et al. [59], the paper concluded that there are several mechanisms of the model that support team effectiveness in scrum, such as adaptability and team orientation. However, the paper also discovered that several mechanisms are not supported. These factors were lack of mutual trust, handling of problems, and long-term planning. Although this paper included a small case study and is already more than 15 years old, it provides a good understanding of the relationship between team effectiveness and scrum. Furthermore, the findings of Moe et al. [45] form the basis for future research in the area of team effectiveness in scrum, such as the paper by Russo [65]. As stated in Section 1.2 Russo concluded that seven factors contribute to the effectiveness of the scrum team in his study. These factors are continuous improvement, stakeholder concerns, team autonomy, responsiveness, management support, team morale, and stakeholder satisfaction. In the paper, these concepts have been measured by likert scales. A likert scale gives quantitative value to qualitative data [33]. Therefore, the study does not address quantitative data values to measure team effectiveness, which can be implied as a research gap. Pina et al. [52] explain why most team effectiveness studies contain subjective measures instead of objective measures. He states that in most studies, subjective measures are used to measure performance effectiveness and behavioral outcomes, since data are often unavailable for objective measurement. As a result, it is difficult to make comparisons of the different characteristics of the team [52].

Another observation that can be made is that the subject of productivity has not been taken into account as an indicator of team effectiveness. According to Moe et al. [45], there is an important difference between team productivity and team effectiveness, since productivity is based on external factors in some cases. However, team effectiveness and team productivity are also related, as team effectiveness has been considered a perceived factor that influences productivity [20]. Therefore, the method of measuring productivity in the scrum has been considered. Although research shows that Scrum provides a productivity improvement [13], there is still much discussion about how to measure productivity in Scrum. A review of the literature by Shah et al. [62] confirms this statement. In the study, 13 papers have been discovered reporting on productivity measurement in agile software development. According to their study, lines of code were the most widely used metric to measure productivity. See Figure 6 for an overview of productivity measurement methods.

Study	Productivity Metrics	Knowledge Worker
Study	Troductivity Metrics	Force
J1	Lines of executable code /	Team
	staff day	
J1	Function Points / staff month	Team
J2	Lines of code / person-hour	Team
J3	Lines of code / hours	Team
J4	Average number of	Development team of
	unadjusted function points	2 developers
	completed per unit of time	
J5	Resolved issues / month	Per developer
C1	Lines of code / person-hours	Team
C2	Lines of code / hour	Team
C3	Lines of code	Team
C4	Lines of code	Team
C5	Lines of code / hour	Development team of
		4 developers
C6	Functional size / effort	Team (scrum)
C7	Function points / months	Per developer

Fig. 6: Overview Productivity metrics derived from Shah et al. [62].

However, refactoring is an upcoming trend in software development [58]. According to Fowler [24], refactoring is the process of altering the software system to improve the internal structure, without changing the external behavior of the code. Thus, this method frequently results in fewer lines of code [64], proving that having more lines of code does not necessarily translate into higher productivity [3]. As a result, the study concluded that current productivity measures are not efficient enough to satisfy the requirements to define productivity in agile software development. This provides a research gap to address the question of measuring productivity in team effectiveness based on quantitative data. However, an important remark by Forsgren et al. [23] must be taken into account when researching quantitative data values. The paper states that one productivity metric cannot tell us everything. Salas et al. [59] underlines this statement and describes that many external factors may contribute to the success (or failure) of the team and therefore, in some cases, team performance measures may be inadequate to understand a team. Therefore, this aspect should be taken into account during the design and development phase, discussed in Section 2.3, of the research.

The main outcome of this subsection is that there are still many research opportunities in the team effectiveness and productivity fields of agile, and to be more specific, scrum. Moreover, this section also discusses that it is quite hard to compare teams based on team effectiveness due to team characteristics and external factors.

The general conclusion of Section 3 relates to answering sub-question 1 & 2. The first sub-question aims to define team effectiveness. For this study, the following definition has been applied: "Team effectiveness includes the quality of team performance, as well as the perceived satisfaction of individual needs of team members". For the second sub-question, the purpose was to identify which concepts influence team effectiveness in scrum. Based on the literature review, the following concepts influence team effectiveness: continuous improvement, stakeholder concern, responsiveness, team autonomy, management support, team morale, and stakeholder satisfaction.

4 Results

The results section shows the outcomes of both focus groups executed, elaborated in Section 2.3. Furthermore, the section provides information on the results of interviews with scrum masters and developers, on whether measures can be quantified in a work management system, also discussed in Section 2.3.

4.1 Focus Group 1

The first focus group aimed to gain insight into different measures in scrum teams, taking into account team effectiveness. Additionally, the goal was to gather participants, each of whom had at least five years of experience working in scrum projects. In total, five participants took part in the first focus group. Table 2 lists the job function and years of experience in scrum projects for each focus group participant. Additionally, each participant is an IT consultant with experience in a variety of industries, including mobility, healthcare, and finance.

Function	Years of scrum project experience
Scrum Master	6 years
Scrum Master	9.5 years
Software Engineer	6 years
Scrum Master and Scrum Coach	10 years
Scrum Master	12 years

Table 2: Overview participants focus group 1

Each participant was asked to come up with as many objective measures as possible that are related to both scrum and team effectiveness. Taking into account the definition of team effectiveness, defined by Fransen et al. [25]. In total, 54 measures were derived from the first focus group session. After processing all 54 measures, the total number of measures had been reduced to 39. The reason for this reduction are duplicate measures. In addition to removing duplicates, the measures needed to be divided into objective and subjective measures. Although participants were asked to write only objective measures down, a check was needed to evaluate all measures. This process was carried out by the researcher and validated by the focus group participants. Ultimately, 30 objective measures were collected after the first focus group. Table 3 provides a part of the overview of the objectives established. This table includes the name and description of the measure. Figure 7 illustrates a collection of sticky notes that contain measures from the first focus group. Additionally, Appendix A contains an overview of the 30 objective measures.

Objective Measure	Description
Response time of stakeholders	The time it takes for stakeholders
	to respond to a question from the scrum team
The number of sprint	The number of sprint retrospectives
retrospectives with	that resulted in 1 or 2 sprint retrospective
1 or 2 retrospective items	items
Velocity	Velocity represents the amount of work accomplished in each sprint expressed in story points. Mahnic, V., & Zabkar, N. (2012). Measuring progress of scrum-based software projects. Elektronika ir elektrotechnika, 18(8), 73-76.
Average velocity on the previous number of sprints	The average velocity over a period of time
The finished user stories compared	The number of solved user stories/tasks compared to
to the predicted number of user	the number user stories/tasks that have been
stories that need to be fulfilled in	scheduled
the sprint	
The number of defects/bugs	The number of bugs/defects within a sprint
Scrum team size	The number of team members in a scrum team

Table 3: Part of the objective measures collected in the first focus group.

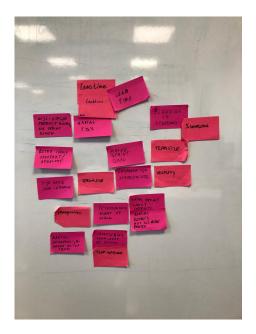


Fig. 7: Picture of the sticky notes that contain part of the measures gathered in the first focus group.

4.2 Focus Group 2

In the second focus group, the objective was to validate the results of the first focus group and adjust the objective measures to the seven concepts of team effectiveness of Russo [65]. The seven concepts were Continuous Improvement, Stakeholder Concern, Responsiveness, Management Support, Team Autonomy, Team Morale, and Stakeholder Satisfaction. As a result, this focus group showed which measures could help measure a particular concept. In total, the focus group consisted of six participants. Similarly to the first focus group, the objective was to gather participants who have more than five years of scrum experience. However, one participant had less than five years of scrum experience. Table 4 contains the job function and years of experience in scrum projects of each focus group participant. In addition, the last column indicates whether a participant participated in the first focus group. This column shows that only one participant from the first focus group was also available for the second focus group due to scheduling conflicts. Similar to the first focus group, each participant is an IT consultant with experience in a variety of industries, including mobility, healthcare, and finance.

Function		Participated in focus group 1
Scrum Master	10 years	No
Agile project manager	12 years	No
Product owner/Scrum Master	8 Years	No
Product Owner	0.5 Years	No
Scrum Master/Coach	12 Years	No
Scrum Master	6 Years	Yes

Table 4: Overview of participants of focus group 2

Participants in the second focus group were asked to relate 30 objective measures, from the first focus group, to the seven concepts of team effectiveness. Additionally, participants could add objective measures to the concepts, as most of the participants did not participate in the first focus group. As a result, 50 objective measures were distributed in the seven concepts, of which 10 measures were used in more than one concept. This means that 40 unique measures were applied. Table 5 provides an overview of the measures related to the concept of Team Autonomy. The table consists of four columns. The first column states to which team effectiveness concept the measures are linked. In this case, Team Autonomy is the key concept of the table. The second column provides the name of the measure. The third column provides a definition of the measure, and the last column specifies whether the measure is derived from the first focus group. In total, 15 new measures were added in the second focus group. This means that 25 measures were derived from the first focus group. Ultimately, an overview of all concepts and the associated measures is included in Appendix B.

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Team Autonomy	The amount of technical debt in a sprint/release	The number of trade-offs during a sprint. Technical debt is the consequence that software projects face when they make trade-offs to implement lower quality, less complete solutions to meet budget and schedule constraints imposed by business realities	Yes
	The number of scrum teams working together on the same product	The number of teams working together on the same product	Yes
	The number of reviews/acceptance tests executed by external parties	The number of reviews and acceptances given by external people outside the scrum team	No
	The number of software releases	The number of releases of a scrum team within a certain period/sprint	Yes
	The number of user stories/items executed by a minimum of 2 scrum team members	The number of tasks that are executed by at least 2 scrum team members	No

Table 5: Objective measures linked to the Team Autonomy team effectiveness concept.

4.3 Data extraction work management systems

The last part of the results section dives deeper into the objective measures that are currently quantified in work management systems such as Jira or DevOps. As mentioned in Section 2.3, expert interviews have been conducted to gather the results. In total, six interviews were conducted with four scrum masters, a software engineer, and a delivery manager; see Table 6. Four participants work in a project base environment, that is, building software projects for external clients. The other two interviewees work on a monitoring and maintenance team, maintaining software products for internal and external clients, and occasionally adding software features.

Function	Years of scrum project experience
Scrum Master	6 Years
Scrum Master & Software Engineer	10 years
Software Engineer	5 years
Delivery Manager & Solutions Architect	11 Years
Scrum Master & Software Engineer	7 Years
Scrum Master & Software Engineer	9 Years

Table 6: Overview of participants data extraction work management system

The purpose of the interviews was to review the measures and determine whether they can be quantified in work management systems. During interviews, it became evident that it was not always that straightforward whether a measure can be quantified in a work management system. Therefore, categories were needed to classify the measures. Ultimately, five categories have been created. The five categories are listed below. Each category also has a certain color. These colors were applied for clarity purposes and named after the definition of the measure.

- The measure can be quantified in a work management system (GREEN)
 The first category indicates that the measure is already being used by the scrum team or that it is available, but not being used. For example, the number of user stories in a sprint or the product backlog.
- The measure can be quantified, but not in Jira or Azure DevOps. (BLUE) The second category suggests that the measure can be quantified. However, another system has to be applied to get insight into the measure. For example, SonarQube captures the software quality.
- The measure can not be directly derived from the work management system. However, data points are available in the system. (YELLOW)
 The third category group measures that could be indirectly extracted from a work management system. The work management system provides the data points for the measure. However, the measure itself is not visualized in the system. For example, a measure describes the number of days of a

certain activity. The system shows both the start date and the end date of the activity. However, the number of days, which can be calculated by distracting the end date from the start date, is not visible. Therefore, the measure can be indirectly derived from the data.

- The measure can be counted manually and put into the work management system. (ORANGE)
 - Measures that could be manually counted and entered into a work management system are included in the fourth category. These measures cannot be derived from a work management system, but have to be put in manually. For example, the number of stakeholders attending a sprint review meeting.
- The measure can be neither quantified nor visualized in a work management system. (RED)

The last category contains measures that cannot be quantified in Jira or Azure DevOps due to the complexity of the measure or due to the limitations of the work management system according to the scrum masters. For instance, the number of acceptance tests that is first time right.

The first three categories contain measures that can already be computed in work management systems or the data available to compute the measure. The last two categories are measures in which a large adjustment had to be made to the system to compute the measure, or it is not possible to compute the measure. The results of the six interviews are shown in Table 7. The first column indicates the category. Columns 2 to 7 show the number of measures and the percentage of the total number of measures, which is 40, attached to a certain category.

	Interview					
Category	1	2	3	4	5	6
The measure can be measured in a	12 (30%)	10 (25%)	19 (47.5%)	20 (50%)	10 (25%)	8 (20%)
work management system.	12 (5070)	10 (2570)	19 (47.570)	20 (3070)	10 (25/0)	0 (2070)
The measure can be computed, but not in	7 (17.5%)	1 (2.5%)	1 (2.5%)	1 (2.5%)	1 (2.5%)	2 (5%)
Jira or Azure DevOps.	1 (11.570)	1 (2.570)	1 (2.570)	1 (2.5/0)	1 (2.570)	2 (370)
The measure can not be directly derived	11 (27.5%)	6 (15%)	2 (5%)	5 (12.5%)	2 (5%)	
from the work management system.						13 (32.5%)
However, the data points for indicating						13 (32.370)
the measure are available in the system.						
The measure can be counted manually	6 (15%)	4 (1007)	5 (12.5%)	5 (12.5%)	2 (7 = 07)	2 (7 = 07)
and put into the work management system.	0 (13%)	4 (10%)	5 (12.5%)	5 (12.5%)	3 (7.3%)	3 (7.3%)
The measure can be neither measured nor	4 (10%)	10 (47 597)	13 (32.5%)	0 (22 50%)	24 (60%)	14 (950%)
visualized in a work management system.	4 (10%)	19 (47.5%)	13 (32.3%)	9 (22.3%)	24 (00%)	14 (33%)

Table 7: The number of measures related to a category.

Table 7 generates an overview of the number of quantitative data values that can be measured. However, another aspect that is interesting to cover is the number of measures per team effectiveness concept that has been given.

Therefore, an overview of the values that can be measured per team effectiveness concept. Table 8 provides an overview of the measures that can be quantified of the concept of Team Autonomy. In addition, colors have been applied to indicate whether the measure is measurable according to the interviews. In addition, the I with an appropriate number, at the top of the table, represents the number of interviews. An overview of all concepts is included in Appendix C.

		Inter		vie	e w		
Team Effectiveness Concept	Measure	Ι1	I2	I3	I4	I5 [[6
Team Automony	The amount of technical debt in a sprint/release						
	The number of scrum teams working together						
	on the same product						
	The number of reviews/acceptance tests executed by						
	external parties						
	The number of software releases						
	The number of user stories/items executed by						
	a minimum of 2 scrum team members						

Table 8: Measures and the color codes that concern the Team Autonomy concept

5 Discussion & Evaluation

This section consists of four parts. The measures generated in Section 4 will first be evaluated and discussed determining whether a measure is related to team effectiveness. Second, an overview of whether a certain measure contributes to measuring team effectiveness will be provided. In the third part, an analysis will be given on the overview that was generated in the previous section. In the last part, the validity threats of this study will be discussed.

5.1 Evaluation of the measures

In total, four expert interviews were conducted. Table 9 provides an overview that contains the title of the job and years of experience in scrum projects.

Function	Years of scrum project experience
Product Owner	10 years
Scrum Master	5 years
Product Owner & Scrum Master	6 Years
Product Owner & Scrum Master	10 Years

Table 9: Overview participants of the expert evaluation phase.

This study aimed to find out whether quantitative data values (objective measures) can be used to measure team effectiveness. In Section 4, an overview of the results of the focus groups and the extraction of data from the work management systems has already been given. The results in Section 4 provide information on the generated measures and whether these measures can be quantified in a work management system. This section will build on these results by providing a detailed evaluation of how these are related to team effectiveness. Therefore, this section will serve as an evaluation of all the measures collected from the focus groups. A measure only contributes to measuring team effectiveness if the measure is related to team effectiveness and if the measure can be quantified. The objective of section 5.2 is to determine the measures that contribute to team effectiveness. After the detailed evaluation of the measures has been completed, a link will be made to Section 4.3, with the aim of finding out if the measures that provide information on team effectiveness are measurable in a work management system.

As mentioned in Section 2.4, four expert interviews were conducted to evaluate whether a measure provides information on Team Effectiveness. Tables 10 & 11 give insight into two measures that have been discussed. Each measure contains four expert opinions. In addition to the answers of the experts, a link has been made to the scientific literature to find out if the influence of a certain measure on team effectiveness has already been investigated. However, scientific

literature could not be found for all measures. Table 11 provides an example of a measure that cannot be linked to scientific literature. An overview of all measures, containing the four expert opinions, can be found in Appendix D.

Measure	Interview 1	Interview 2	Interview 3
Response time	This measure can be seen as a bottleneck.	The theory has been built on completing	If a stakeholder does not respond to requests or
stakeholders	Without the input of stakeholders, features	features/user stories in small iterations (a few	the response time is high, the experience is that
	could in some cases not be finished unless the	weeks). Scrum teams are unable to complete	these stakeholders are avoided in the future,
	stakeholders provide answers or explanations.	their sprints when stakeholders take a long	which would negatively influence stakeholder
	A slow response time has a negative influence	time to respond to demands. This will harm	satisfaction. A lack of response time will also
	on team performance and team member	the team's morale and therefore team	have a negative influence on team member
	satisfaction. However, if stakeholders have a	effectiveness.	satisfaction since team members could not
	fast response time, productivity will increase.		complete their user stories.
Measure	Interview 4	Literature	
Response time	The effectiveness of the team is significantly	The response time of stakeholders can be	
stakeholders	influenced by response time. If the team does	seen as a lack of engagement of stakeholders.	
	not reply to stakeholders, they are unable to	The lack of stakeholder engagement and	
	continue producing features, which causes	support can negatively impact on the team	
	delays. In the end, productivity and team	performance in projects.	
	member satisfaction will decrease.	Bahadorestani, A., Naderpajouh, N., & Sadiq,	
		R. (2020). Planning for sustainable stakeholder	
		engagement based on the assessment of	
		conflicting interests in projects. Journal of	
		Cleaner Production, 242, 118402.	

Table 10: Four expert opinions and literature on the "response time stakeholders" measure

Measure	Interview 1	Interview 2
The number of	This measure functions as a scrum feedback	Retrospective items can be viewed as a
retrospective	loop and supports team improvement. By	proposal for team improvement.
items solved	solving retrospective items, efficiency,	Retrospective items that are resolved show
after a new	production, and team relationships will all be	that a team is improving. This could result in a
sprint	strengthened. Team Effectiveness helps in	more effective process and more satisfied
	increasing both team effectiveness and	team members.
	perceived team member satisfaction. The	
	drawback may be that an excessive number of	
	retrospective items will harm team members'	
	satisfaction.	
Measure	Interview 3	Interview 4
The number of	It depends on the quality of the retrospective	It does not necessarily influence team
retrospective	items. Whenever a team is not critical, it does	effectiveness. The amount of solved
items solved	not matter how many retrospective items the	retrospective items do not necessarily
after a new	team solves. It will not improve team member	represent how effective a team is, even
sprint	satisfaction. Team member satisfaction will be	though it does show that the team is
	stable whenever critically formulated	developing. This is related to the next
	retrospective items are not solved. However, it	measure, the number of bottlenecks identified
	will negatively influence team member	in a value stream map.
	satisfaction whenever critically formulated	
	retrospective items are not solved.	

Table 11: Four expert opinions on "the number of retrospective items solved after a new sprint" measure

The analysis of the opinions on each measure showed that there is still much discussion among experts about whether a measure influences team effectiveness. Therefore, a color code scheme has been applied to indicate what the influence of a certain measure is on team effectiveness.

- The color GREEN has been used if all experts agree that the measure has an influence on team effectiveness.
- If the color is BLUE, this means that an expert disagreed, and three experts agreed on whether the measure influences team effectiveness.
- If two experts agree that the measure influences team effectiveness, YEL-LOW is applied.
- The color ORANGE was applied if three experts disagreed and one expert agreed on whether a measure influences team effectiveness.
- RED has been used if all experts state that the measure does not influence team effectiveness.

In general, it can be said that measures that contain green and blue colors strongly influence team effectiveness. It could be argued that there is too much debate on whether the measure impacts team effectiveness for the colors yellow, orange, and red. Due to this discussion, it has been decided that these

colors indicate that there is no direct relationship between the measure and team effectiveness.

The results of the evaluation of each measure are shown in Table 12. Table 12 shows that 35 of the 40 measures influence or strongly influence team effectiveness. However, several remarks are made about the opinions provided. These remarks are related to the interpretability, similarity and literature linked to the measures.

Measure	Color Code
The number of retrospective items solved after a new sprint	
The number of bottlenecks in a scrum visualized by a value stream map.	
Software quality (SonarQube)	
The number of bugs/defects within a sprint	
Test time	
Built time	
Release time	
The number of changes to the product backlog after a sprint	
Response time stakeholders to requests	
Business value	
The number of stakeholders attending sprint meetings	
The number of acceptance tests 'first time right'	
The number of times the same feedback is addressed by stakeholders	
The difference between the items stories that are created in this sprint	
compared to the previous sprints.	
The time it takes to execute an integration	
Done work	
Review time	
Lead time release/story	
The number of software releases	
Cycle time	
The ratio between the working hours and meeting hours	
The number of managers during a review meeting	
Response time of management to requests	
Availability and recognizability of management	
Resources (euros)	
The amount of technical debt during a sprint/release	
The number of scrum teams working together on the same product	
The number of reviews/acceptance tests executed by external parties	
The number of user stories/items executed by a minimum of 2	
scrum team members	
User Story age	
The number of backlog items	
The number of times the sprint goal is achieved	
The number of scrum team formation changes	
The number of releases to production without bugs	
The number of team events at least two members are present	
Average velocity previous X sprints	
The number of uncommitted features delivered within a release/sprint	
The finished user stories compared to the predicted number of user stories that	t
need to be fulfilled in the sprint	
Downtime	
The lead time of a feature compared to the expected delivery time of a feature	
TI 1 10 C 1 1: C 1	

Table 12: Color coding of the measures to indicate influence on team effectiveness.

Interpretability of the measures As mentioned, Table 12 shows that most measures influence or strongly influence the effectiveness of the team. However, it should be noted that the measures can be interpreted in many ways. An example of this can be provided by the measure "The number of retrospective items solved after a new sprint", shown in Table 11. An expert mentioned the following about this measure: "It depends on the quality of the retrospective items. Whenever a team is not critical, it does not matter how many retrospective items the team solves. It will not improve team member satisfaction. Team member satisfaction will be stable whenever critically formulated retrospective items are not solved. However, it will negatively influence team member satisfaction whenever critically formulated retrospective items are not solved". This underlines the statement above. In other words, the measure provides information on team effectiveness if certain criteria of this measure are met. As a result, it was difficult to determine whether a measure influences team effectiveness. Therefore, the decision has been made that whenever an expert mentioned that a measure affects team effectiveness, it can be assumed that there is a connection between the measure and the concept of team effectiveness. Even though criteria have to be met first, as shown in the above-mentioned example. Taking into account the expert opinions, measures with certain criteria were observed in 12 of the 160 opinions, given that each of the 40 measures has four opinions. This indicates that in 7.5% of the opinions, this scenario occurred.

Similarities between the measures Furthermore, experts pointed out that the measures had similarities. For example, the number of stakeholders who attended a sprint review meeting and the number of managers who attended a sprint review meeting. Two experts mentioned "Managers can be seen as similar to the number of stakeholders attending a sprint review meeting measure" and "Managers can be seen as a stakeholder". A discussion could be held in which one of the above-mentioned measures could be removed since they can be considered similar. However, during the second focus group, participants decided that each measure contributes to the complete picture of measuring team effectiveness. Therefore, it has been decided that if the four experts unanimously agree that two measures are similar to each other, one measure would be removed. However, this was not the case, so no measures have been removed from the list.

Literature on the measures Finally, for 19 measures, related literature could be found. The literature included in the study can be divided into two categories. The first category consists of measures in which the research is directly related to the measure. In this case, the measure has a direct influence on team effectiveness. An example is the literature on the measure of "the response time of stakeholders", shown in Table 10. Research indicates that a lack of stakeholder engagement can negatively impact the performance of a team [5]. The second category consists of measures in which the literature can be found based

on expert responses. This could be explained by the "The finished user stories compared to the predicted number of user stories that need to be fulfilled in the sprint" measure. The four experts unanimously agreed that this measure is an important factor for the predictability of the team. Although no literature on this could be found, which was directly related to the name of the measure, information was available on the impact of predictability on senior management and members of the project team [36]. Both categories are used for data triangulation. In other words, to analyze whether the opinions of experts are in line with the literature. A comparison of the literature and expert opinions showed that no significant differences were observed. Therefore, no follow-up research was carried out.

The general conclusion of this subsection is that, based on the opinion of four experts, 35 of the 40 measures derived from Chapter 4 can influence or highly influence team effectiveness. The subsections on interpretability, similarities, and the literature of measures show that these aspects have little or no impact on how well measures can influence team effectiveness.

5.2 Relating the validation of the results to the data extraction

The aim of this section is to indicate whether a measure provides information on team effectiveness and can be quantified in a work management system. A link will be made between the evaluation of the measures and the extraction of data from the work management systems. Section 5.1 provides information on what measures can be related to measuring team effectiveness. Section 4.3 describes the measures that can be quantified in work management systems such as Jira or Azure DevOps. The outcome of this section was an overview of the measures and whether the measure could be quantified in a work management system.

A situation that could occur is that a measure can be quantified in a work management system but does not provide information on team effectiveness. This situation could also be reversed, in case a measure provides information on team effectiveness, but cannot be used in a work management system. The measure applicable to either scenario does not contribute to the final objective of this study, which is to determine the measures that can be used to measure team effectiveness. Therefore, the results of Sections 4.3 and 5.1 are compared to indicate whether a measure contributes to measuring team effectiveness.

Before making the comparison, an aspect needs to be discussed. In the Data Extraction Work Management Systems section, six scrum masters have been interviewed and the data of the scrum master teams have been analyzed. As a result, a variety of answers have been provided on whether a certain measure can be quantified in a work management system. Therefore, a decision has to be made on how these different opinions are handled. For this study, the decision was made that the most optimistic scenario was used to quantify a measure. This choice has been made, since knowledge about work management systems could differ among scrum masters. This means that the color that provides the most

optimistic result to quantify the measure in a work management system. In other words, whenever five experts mention that the measure cannot be quantified, or the experts state that it is unknown if the measure can be quantified, and one expert states that it is possible, the most optimistic scenario has been selected. In this case, the experience of the single scrum master has been followed, which results in the fact that the matter can be quantified. Table 14 provides the name of the measure, the evaluation color, the color to indicate if the measure can be quantified in a Work Management System (WMS), whether the measure contributes to measuring team effectiveness (TE), and the Team Effectiveness (TE) concept(s) the measure is linked to, based on the second focus group. In the last column, acronyms are used to define the team effectiveness concept. Table 13 contains the team effectiveness concept and the acronym of the concept.

Team Effectiveness Concept Acronym

CI
SC
R
TA
MS
TM
SS

Table 13: Acronyms Team Effectiveness Concept

Color Code Contributes TE Measure Evaluation WMS to TE? Concept The number of retrospective items solved after a new sprint Yes CI The number of bottlenecks visualized by a value stream map Yes CI CI Software Quality (SonarQube) Yes CI The number of bugs/defects within a sprint Yes CI/R Test time Yes Built time CI/R Yes Release time Yes CI/R The number of changes to the product/sprint backlog after a CIYes sprint review meeting SC/RResponse time stakeholders to requests Yes Business value Yes SC/SS The number of stakeholders attending sprint meetings SC/TM No The number of acceptance tests 'first time right' \overline{SC} No The number of times the same feedback is addressed Yes SCby stakeholders The difference between the items/stories that are created in this SCNo sprint compared to the previous sprints R The time it takes to execute an integration Yes Done work R Yes Review time Yes R R Lead time release/story Yes The number of software releases Yes R/TA Cycle time Yes \overline{R} The ratio between the working hours and meeting hours No R The number of managers attending a sprint review meeting No MS $\overline{\mathrm{MS}}$ Response time of management to requests No Availability and recognizability of management MS No Resources (euros) No MS The amount of technical debt during a sprint/release $\overline{\text{TA}}$ Yes The number of scrum teams working on the same product \overline{TA} Yes The number of reviews/acceptance tests executed TANo by external parties The number of user stories/items executed by a minimum Yes TAof 2 scrum team members User story age Yes R/TM The number of backlog items Yes $\overline{\mathrm{TM}}$ The number of times the sprint goal has been achieved TM/SS Yes The number of scrum team formation changes $\overline{\mathrm{TM}}$ Yes $\overline{\mathrm{TM}}$ The number of releases to production without bugs No The number of team events at least two members are present No $\overline{\mathrm{TM}}$ Average velocity previous X sprints SS Yes The number of uncommitted features delivered within SSYes a release/sprint The finished user stories compared to the predicted number Yes TM/SS of user stories Downtime SS Yes The lead time of a feature compared to the expected SS Yes delivery time of a feature

Table 14: Overview of each measure and color codes from the evaluation and data extraction research phases.

Each color represents a certain category. The color code evaluation column is explained in section 5.1 and section 4.3 elaborates the color code work management system (WMS) column. In summary, the green and blue colors in the evaluation column state that the measure influences or strongly influences team effectiveness. The yellow, blue, and green colors in the work management system column indicate that a measure is measurable in a work management system. Whenever a measure contains the above-mentioned colors, the measure provides information on team effectiveness, and the measure can be quantified in a work management system. In other words, this objective measure contributes in measuring team effectiveness in scrum. In total, 29 of the 40 measures contribute to measuring scrum team effectiveness. The next section will provide a further analysis of whether measures contribute to measuring team effectiveness.

5.3 Analyzing the evaluation results and further observations

In this section, the results of Section 5.2 will be examined at the team effectiveness concept level. Furthermore, the observations made in the focus groups will further discuss the results of the previous section.

Concept level analysis As described in section 5.2, 29 of the 40 measures contribute to measuring team effectiveness in scrum. This shows that these measures could provide a broad overview of measuring team effectiveness as a whole. However, further analysis shows that there is a difference in measuring a team effectiveness concept. Russo [65] states that there are seven concepts important in scrum team effectiveness. To ensure that all concepts are covered in measuring team effectiveness, objective measures are linked to the seven concepts of team effectiveness. This process was carried out in the second focus group. An overview of the measures related to the seven concepts can be seen in section 4.2.

Table 14 shows the ten measures that did not contribute to measuring team effectiveness. These measures and the team effectiveness concept linked to the measure are shown in Table 15.

Toam	Effectiveness	Concont	Mossuro
Leam	Enecuiveness	Concept	wieasure

	TD1 1 C (1 1 1 1 1) 1:	
Stakeholder concern	The number of stakeholders attending a	
Stakeholder collectii	sprint review meeting	
Stakeholder concern	The number of acceptance tests 'first time right'	
Stakeholder concern	The difference between the items\stories that	
Stakeholder Concern	are created in this sprint compared to the previous sprints.	
Management Support	The number of managers attending a	
Management Support	sprint review meeting	
Management Support	Response time of management to requests	
Management Support	Availability and recognizability of management	
Management Support	Resources (euros)	
Team Autonomy	The number of reviews/acceptance tests executed	
Team Autonomy	by external parties	
Team Morale The number of releases to production without bugs		
Team Morale	The number of team events at least	
Team Morale	two members are present	
Pagnangiyanag	The ratio between the working hours and	
Responsiveness	meeting hours	

Table 15: Overview of measures that do not contribute to measuring team effectiveness, linked to a team effectiveness concept.

Table 15 shows that the two concepts, Stakeholder Concern and Management Support, are the most represented. Three of the seven measures (42.9%) related

to stakeholder concerns do not contribute to measuring team effectiveness. Four of the four measures (100%) related to management support do not help measure scrum team effectiveness. For Team Morale, Team Autonomy, and Responsiveness these percentages are 25%, 20%, and 8.3% respectively. Although Table 14 indicates that most measures benefit from measuring team effectiveness, there is still a great difference at the concept level. Especially the Stakeholder Concern and Management Support concepts, in which the Management Support measure cannot be measured at all. Since Russo [65] concluded that all these concepts influence team effectiveness. It is important to note that not all seven concepts can be fully measured on the basis of objective measures. Therefore, this should be taken into account when measuring team effectiveness based on these measures.

Further observations In addition to the difference between concepts, more interesting notes on measures can be derived from the second focus group. In this focus group, several discussions were held among the participants. Two main topics emerged during these discussions.

The first topic dealt with the idea that numbers alone do not mean anything. In other words, if a measure provides a number, what does this number mean? Several studies discuss the importance of providing meaning to a number [61] [71]. First, these studies concluded that the meaning of vague quantifiers and numerical values can vary greatly. Also, the problem with people is that each individual has his or her own internal scale to make judgments. As a result, numbers can be interpreted differently and can create confusion. During the focus group, a solution was already suggested. According to a focus group participant, to determine whether a given number is high or low, a comparison should be made to, for instance, a predefined goal or a certain trend. In other studies, this is called benchmarking. In Raymond [57] (p786), benchmarking is defined as "enabling and motivating one to determine how well one's current practices compare to other practices". In this study, benchmarking can be specified as internal benchmarking, which is benchmarking against internal operations or standards [10]. By applying benchmarking, a number of a measure can be understood and helps to understand what the number means for certain standards or for a trend [55].

Besides providing meaning to a number, consistency in scrum teams is another topic that has been discussed in the second focus group. According to the focus group participants, scrum teams must aim to minimize variety in both the environment and within the team to increase consistency. Consistency is an important factor for the team to be effective. As a result, consistent team and project variables positively affect the effectiveness and performance of a scrum team. These statements have been researched, and the literature shows that there is a scientific foundation for these statements. Peterson [50] underscores

the importance of consistency and describes that consistency in the direction of the project is required to avoid rework, additional costs, and conflicts. Furthermore, Appelbaum [4] showed that inconsistency in teams led to a lower perceived cohesion of the team, perceived team effectiveness, and psychological safety. Although the topic of consistency had a minor influence on the end results, they gave additional insight into the participant's thinking process. Furthermore, it provides additional information on team effectiveness in scrum teams based on the practical knowledge of the focus group participants.

In general, Sections 5.2 and 5.3 show that 29 of the 40 measures help measure team effectiveness. Although this is the majority of the measures generated from the focus group, it does not mean that mapping these measures provides a complete picture of measuring team effectiveness. There is still a great difference in the ability to measure the seven concepts of team effectiveness. Furthermore, the measures have to be seen in series or in a trend, or a certain benchmark has to be applied to provide context to a number of a measure.

5.4 Threats to validity

A critical element of any research study is the analysis and mitigation of threats to the validity of the results [21]. Validity threats are concerned with the question of how conclusions might be wrong, i.e., the relationship between conclusions and reality [43]. For this study, four validity threats of Wohlin et al. [70] are used to ensure rigor in this research. The reason for applying these validity threats is that the threats are well known and highly applied in the fields of computer science and information science, which resulted in a high number of citations. As mentioned above, Wohlin has described four validity threats [70]. The four types are internal, construct, conclusion, and external validity threats.

Internal validity The internal validity focuses on how sure we can be that the treatment actually caused the outcome. In other words, investigate whether there is a risk that the investigated factor is also affected by a third factor [70]. For interviews and focus groups, selection criteria have been assembled to select participants. For example, participants should have at least five years of experience in scrum projects. However, a participant did not meet these criteria, as the participant was selected based on convenience sampling. Convenience sampling is a non-probability sampling method in which units are selected for inclusion in the sample because they are the easiest to access for the researcher [19]. This limits the internal validity. However, all other participants met the selection criteria, which has a positive effect on internal validity. Furthermore, this study used focus groups. A limitation of a focus group is that participants can be influenced in their reasoning by responses from other participants [7]. This caused bias and thus negatively impact internal validity. It would have been better to go through the results of the focus group individually with the participants to indicate whether the participants were satisfied with the results. This resulted primarily from the researcher's experience in leading focus groups.

Construct validity This aspect of validity reflects to what extent the operational measures that are studied represent what the research has in mind and what is investigated according to the research questions. [70]. For example, whether interview questions are interpreted in the same way by all participants. An important part of the study was focus groups and interviews. In these interviews and focus groups, all questions were related to a definition of team effectiveness. To ensure that each participant in the interviews and focus groups was on the same page, the same definition was applied during this research. Additional information was also provided on the definition when there were uncertainties. This limits the space for one's own interpretation regarding the meaning of team effectiveness. Furthermore, data triangulation has been applied to validate the statements made by participants in the evaluation phase and focus groups. In the evaluation phase, statements about whether a certain measure influences team effectiveness have been validated by literature. For focus groups, statements that considered the meaning of a number and which factors are important in team effectiveness have also been validated by expert interviews.

Validation of results helped limit the threat of construct validity. However, since this study is exploratory in the scrum research area, not all statements could be validated by the literature. Lastly, the interpretation by the researcher of the evaluation results is also a construct validity threat. In the evaluation, experts were asked whether a certain measure influences team effectiveness. The explanation of the experts differed from each other. As a result, the researcher interpreted whether the answers were on the same line, which can leave room for discussion. Ultimately, this has a negative influence on the construct validity.

Conclusion validity The conclusion validity is concerned with the relationship between the treatment and the outcome. Thus, to ensure that there is a statistical relationship [70]. For this study, four expert interviews were used to evaluate the measures. The sample size of four can be considered rather small to create a full picture of whether a certain measure influences team effectiveness. Therefore, it is unclear whether these opinions offer a complete picture of how to evaluate the measures. Furthermore, all teams that have been analyzed apply scrum. However, it is unknown how these teams have adapted the scrum, since research shows that only 50% apply the 'pure' scrum as originally described [16]. This threatened the conclusion validity, since the data of scrum teams have been analyzed with the mind set that all teams apply pure scrum. However, it is unknown which scrum principles each team applies and how mature each team is in applying scrum. Next time, an instrument should be applied to indicate the scrum maturity of a team.

External validity The threat of external validity is related to the extent to which it is possible to generalize the findings [70]. Although all participants can be considered domain experts, these experts are all from the same company. As a result, there has to be some caution in how the conclusions are formulated, since all data and the perspective on the topic are based on a single organization. Furthermore, scrum methodology is also being introduced in other areas such as construction [38], and education [34]. The measures collected in this study focused solely on scrum software development practices.

Although several validity threats are discussed in this section, it is expected that most threats only have a small impact on the results. The main reason for that is that criteria have been formulated to minimize the threats, such as defining selection criteria for participants and applying data triangulation. The only aspects that could influence the results are the sample size of the participants and the generalizability. The sample size aspect has arisen mainly due to time and resource constraints in this research. The generalizability aspect can partly be solved due to the fact that all participants are consultants who also worked with or at other companies. In addition, the participants worked in different industries, such as mobility, healthcare, and finance. As a result, experiences derived from other organizations and different industries were also indirectly taken into account.

6 Conclusions

This research intends to investigate whether it is possible to measure team effectiveness based on quantitative data values (objective measures). The process model of Pfeffers et al. [51] has been applied to structure this research. The problem investigation and the literature study were the first part of this research. These parts helped to find answers for the first and second sub-questions of this research. For the third sub-question, focus groups have been conducted to generate objective measures to measure team effectiveness. In addition, interviews have been carried out to determine whether a measure can be quantified in a work management system. Finally, the measures have been evaluated through expert interviews to indicate whether a measure influences team effectiveness. The results show that the majority of the generated measures contribute scrum team effectiveness. The conclusions of the three sub-questions and the main research questions have been formulated and are stated below.

6.1 Sub-Question 1

-What is the definition of Team Effectiveness?

For this research, the following definition has been applied, "Team effectiveness includes the quality of the team's performance, as well as the perceived satisfaction of individual needs of team members" (p. 1108) by Fransen et al. [25]. Studies show that team effectiveness is a widely studied concept. These studies address criteria or factors that influence team effectiveness. Although many papers have discussed the topic of team effectiveness, a general observation was that a definition of team effectiveness is often left out. A definition of team effectiveness has been found in Fransen et al. [25]. This definition consists of two parts, team performance and perceived satisfaction of individual needs of stakeholders. Team performance consists of three parts. Product quality, which indicates whether stakeholders are satisfied and, for instance, deadlines are met; process quality, which concerns the efficiency of team; and lastly, the quality of collaboration, which related to the team's expertise and capacity. The second part of the definition of team effectiveness, the perceived satisfaction of individual needs of team members, related to the happiness of team members. The happiness of the team members plays an important role in the overall well-being and performance of the team [44]. Since the definition of Fransen [25] covers multiple aspects and can be applied as a broader concept, this definition has been used in this study.

6.2 Sub-Question 2

-Which concepts influence Team Effectiveness in Scrum?

Although the concept of team effectiveness has been intensively researched, there are currently few studies that address team effectiveness in scrum. [65]. One of the first studies to discuss scrum team effectiveness has been written by Moe et al. [45]. These studies focused on various factors that affect teamwork in scrum

teams. Although this research offers a comprehensive understanding of the reflection of scrum teams based on teamwork models, teamwork is only one element of the whole picture of team effectiveness, according to Russo [65]. Russo concluded that seven concepts impact team effectiveness in scrum. These concepts are Continuous Improvement, Stakeholder Concern, Responsiveness, Team Autonomy, Management Support, Team Morale, and Stakeholder Satisfaction.

6.3 Sub-Question 3

-Which quantitative data values can be used to measure team effectiveness in scrum?

In total, 29 measures contribute to measuring team effectiveness in Scrum. Several steps have been taken to come to this number of measures. At first, focus groups produced a set of 40 objective measures that are related to scrum. Based on data from scrum teams, 32 measures can be quantified in a work management system, i.e., they can be quantified in a practical setting. Third, the set of 40 measures from the focus groups was evaluated through four expert interviews. The purpose of the expert interviews was to evaluate whether a measure is related to team effectiveness. As a result, 36 measures were identified to be related to team effectiveness. The overviews of both whether a measure can be quantified in a work management system and whether a measure is related to team effectiveness were compared. This overview indicates if a measure contributes to team effectiveness and whether it is measurable. In total, this was the case for 30 measures. As a result, most of the measures generated from the focus groups contribute to measuring team effectiveness.

6.4 Main Research Question

-To which extent can team effectiveness in scrum be measured based on quantitative data values?

The answers of the sub-questions have led to the answer to the main research question. In general, it can be concluded that 29 measures contribute to measuring team effectiveness. To answer the main research question, this result indicates that team effectiveness can be quantified to a large extent based on quantitative data values. However, a few notes should be taken into account. First, a number on its own of a certain measure has no meaning. Therefore, benchmarking or a trend in numbers have to be applied to provide meaning or context to a number of a measure. Furthermore, there is a variety in the measurability of team effectiveness concepts. For example, for one concept, all linked measures do not provide meaning to team effectiveness or cannot be quantified in a work management system; for another concept, all linked measures are related and can be quantified in a work management system. As a result, it is hard to state that the complete picture of team effectiveness can be quantified, since the seven concepts of team effectiveness are important for scrum team effectiveness. Although taking into account the mentioned notes, this research can be considered as an exploratory study on the topic of measuring team effectiveness based on quantitative data values. The results provide a first insight into this topic which can be built on.

6.5 Future research

This section explores the possibilities for future research. These possibilities are based on limitations, validity threats, and research opportunities due to the time constraints of this research. Some future research possibilities are described below.

- To increase reliability, it would be interesting to expand this research to other software companies that apply the scrum principles. This research only interviewed members of scrum teams and analyzed data from scrum teams that belong to the same company. Therefore, it is unknown whether the results can be generalized to other companies. Moreover, conducting focus groups with other companies could be of interest in order to find out whether similar measures would be generated. Therefore, expanding this research to other organizations could provide new information on this topic.
- Another technique to improve reliability is to validate results with statistical proof. Expert interviews were conducted to indicate whether a measure contributes to team effectiveness. Future research could be conducted to validate the results based on statistical proof. These tests can be executed by surveying participants on these measures, and apply statistical tests to this data to prove whether these results are significant. This provides an additional layer of evidence and reliability for the results of this research.
- The result of this study was an overview of measures that help measure team effectiveness in scrum. However, due to time constraints, the measures have not been applied in practice. Future research could be done to apply these measures in a scrum team over a period of time. As a result, feedback can be collected for new measures or current measures can be reexamined.
- The participants in the focus group consisted mainly of scrum masters and product owners. As a result, the measured results focused mainly on the scrum process, rather than on the products generated through scrum. For example, the continuous integration and continuous deployment pipeline is often left out. Therefore, it would be interesting to involve more developers and software engineers in the process of generating measures.

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Appendix A

This appendix provides an overview of all measures collected in the first focus group. The measures are divided into two tables. Each table contains the name of the measure and the description of the measure.

Objective Measure	Description
The number of times the	The number of times a sprint goal
team complete their sprint goal	has been achieved over a certain period of time
The number of findings in code	The number of comments during a code
review or testing of the code	review or testing of the code
	Lead time is the measurement of how much
Lead time release/story	time passes between task creation and when the
Lead time release/story	work is completed. Bluemel, A.D., (2022).
	What is Lead Time and Why Should Agile Teams Care?
	Cycle time is how long a project takes from starting the
Cycle time	work to completion —when the project is ready for delivery.
	ADOBE COMMUNICATIONS TEAM., (2022). Cycle Time
Built time	The time the developer is researching or building the user story
Release time	The time it takes to execute a release
Test time	The time it takes to test a user story
Review time	The number of minutes/hours for reviewing a user story/release
Downtime	The number of minutes/hours that a computer
Downtime	or IT system is unavailable for use
The number of changes to the	The number of changes made to the product or
product backlog after a sprint review	sprint backlog after a sprint review
The number of teams working	The number of teams wealing teacher on the same product
together on the same product	The number of teams working together on the same product

Fig. 8: Objective measures collected in the first focus group (part 1) $\,$

Objective Measure	Description
-	Technical debt is: the consequences that
	software projects face when they make
	trade-offs to implement a lower quality,
The amount of technical debt	less complete solutions in order
The amount of technical debt in a sprint/release	to meet budget and schedule constraints
in a sprint/release	imposed by business realities. Lim, E. (2012).
	Technical debt: what software practitioners have
	to say (Doctoral dissertation, University
	of British Columbia).
The number of retrospective	The number of retrospective items solved
items solved after a new	after a new sprint
sprint	1
The number of min/hours	The number of min/hours it takes to do an
it takes to do an integration	integration of user story/release
of user story	Story Point is a measure for relatively expressing
	the overall size of a user Story or a feature. The value
	of the Story Point is dependent on the development
	complexity, effort involved, and the inherent
Story points per user story	risk and so on. Coelho, E., & Basu, A. (2012).
	Effort estimation in agile software development
	using story points. International Journal of Applied
	Information Systems (IJAIS), 3(7).
The total number of story	The number of user stories in a sprint
points in a sprint	The number of user stories in a sprint
The number of releases of	The number of releases of a scrum team
a scrum team within a	within a certain period/sprint
certain period/sprint	- / -
Business value	The economic value of a user story or release.
The number of stakeholders	The number of stakeholders attending a
attending sprint meetings The number of user stories	review meeting The number of user stories that are released
that are released without	without causing problems for both software
causing problems	quality and for the stakeholders
	The number of user stories/items that are
Done work	completed after a sprint
The number of scrum	The number of scrum team meetings during a
team meetings	sprint
User Story age	The age of user story/time that has not been
Oser Story age	solved yet

Fig. 9: Objective measures collected in the first focus group (part 2)

Appendix B

This appendix provides an overview of all measures linked to the seven concepts of team effectiveness. The table consists of four columns. The first column indicates the team effectiveness concepts. The second column provides the name of the measure. The third column gives an explanation of the measure, and the last column states if the measure is derived from the first focus group or if the measure has been generated in the second focus group.

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Continuous Improvement	The number of retrospective items solved after a new sprint	The number of retrospective items solved after a new sprint	Yes
	The number of bottlenecks in a scrum visualized by a value stream map.	The number of bottlenecks of a scrum team visualized by a value stream map	No
	Software quality (SonarQube)	The quality of software, reproduced by e.g. SonarQube	No
	The number of bugs/defects within a sprint	The number of bugs/defects within a sprint	Yes
	Test time	The time it takes to test a user story	Yes
	Built time	The time the developer is researching or building the user story	Yes
	Release time	The time it takes to execute a release	Yes

Fig. 10: Objective measures related to the Continuous Improvement concept

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Stakeholder Concern	The number of changes to the product backlog after a sprint review	The number of changes made to the product or sprint backlog after a sprint review	Yes
	Response time stakeholders to requests	The time it takes for stakeholders to respond to a question from the scrum team	Yes
	Business value	The economic value of a user story or release. This measure helps stakeholders and scrum teams to prioritize user stories	Yes
	The number of stakeholders attending a sprint review meeting	The number of stakeholders attending a review meeting	Yes
	The number of acceptance tests 'first time right'	The number of acceptance tests that were executed without causing problems for both software quality and for the stakeholders.	Yes
	The number of times the same feedback is addressed by stakeholders	The number of times the same feedback is addressed by stakeholders	No
	The difference between the items\ stories that are created in this sprint compared to the previous sprints.	The difference between the items\ stories that are created in this sprint compared to the previous sprints.	No

Fig. 11: Objective measures linked to the Stakeholder Concern concept

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Responsiveness	Response time stakeholders to requests	The time it takes for stakeholders to respond to a question from the scrum team	Yes
	The time it takes to execute an integration	The number of min/hours it takes before a user story/release can be integrated	Yes
	Done work	The number of user stories/items that are completed after a sprint	Yes
	Built time	The time the developer is researching or building the user story	Yes
	Release time	The number of minutes/hours to implement a new release	Yes
	Test time	The time it takes to test a user story	Yes
	Review time	The number of minutes/hours for reviewing a user story/release	Yes
	Lead time release/story	Lead time is the measurement of how much time passes between task creation and when the work is completed.	Yes
	User Story age	The age of user story/time that has not been solved yet	Yes
	The number of software releases	The number of releases of a scrum team within a certain period/sprint	Yes
	Cycle time	Cycle time is how long a project takes from starting the work to completion— when the project is ready for delivery.	Yes
	The ratio between the working hours and meeting hours	The ratio of working hours and hours of meetings compared	No

Fig. 12: Objective measures linked to the Responsiveness concept $\,$

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Management Support	The number of managers attending a sprint review meeting	The number of managers attending a sprint review meeting	Yes
	Management's response time to requests.	The number of hours/minutes that management responds to a request of the scrum team.	No
	Availability and recognizability of management. (in hours available)	The number of hours that management is available for a scrum team.	No
	Resources (euros)	The amount in euros that the scrum team will receive.	No

Fig. 13: Objective measures linked to the Management Support concept

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Team Morale	User Story age	The age of user story/time that has not been solved yet	Yes
	The number of backlog items	The number of backlog items	No
	The number of times the sprint goal is achieved	The number of times that the sprint goal has been achieved over a certain period of time	Yes
	The number of scrum team formation changes	The number of changes within a scrum team	No
	The number of changes to the product backlog after a sprint	The number of changes made to the product or sprint backlog after a sprint review	Yes
	The number of retrospective items solved after a new sprint	The number of retrospective items solved after a new sprint	Yes
	The number of releases to production without bugs	The number of releases to production without bugs	No
	The number of team events at least two members are present	The number of team events at least two members are present	No

Fig. 14: Objective measures related to the Team Morale concept $\,$

Team Effectiveness Concept	Objective measure	Definition	Derived from 1st focus group session
Stakeholder Satisfaction	Average velocity previous X sprints.	The average velocity over a certain number of sprints. Velocity represents the amount of work accomplished in each sprint expressed in story points.	Yes
	The number of uncommitted features delivered within a release/sprint.	The number of features delivered after a sprint or release that were not planned or not communicated to the stakeholders.	No
	The finished user stories compared to the predicted number of user stories that need to be fulfilled in the sprint.	The number of solved user stories/tasks compared to the number user stories/tasks that have been scheduled.	Yes
	The number of times the sprint goal has been achieved.	The number of times a sprint goal has been achieved over a certain period of time.	Yes
	Downtime	The number of minutes/hours that a computer or IT system is unavailable for use.	Yes
	Business value	The economic value of a user story or release. This measure helps stakeholders and scrum teams to prioritize user stories.	Yes
	The lead time of a feature compared to the expected delivery time of a feature.	The lead time of a feature compared to the expected delivery time of a feature.	No

Fig. 15: Objective measures linked to the Stakeholder Satisfaction concept

Measure	Interview 1	Interview 2
The number of	Fewer bugs suggest that the developers are	The more bugs, the less efficient the team
bugs/defects	satisfied with their work. For this measure, the	process, since developers will spend more
within a sprint	same explanation will be given as the software	time on bugs than on building features. A few
	quality measure. This leads to fewer	bugs are fine and can be seen as a threshold. A
	unexpected costs for a stakeholder and fewer	high number of bugs has an impact on team
	bugs, which improves the happiness of scrum	effectiveness. Stakeholder satisfaction is
	teams. As a result, code quality has an impact	primarily decreased, while team morale could
	on both the perceived satisfaction of the team	be slightly impacted.
	members and team performance. For this	
	measure, the same explanation will be given as	
	the software quality measure.	
Measure	Interview 3	Interview 4
The number of	Is a consequence of bad software quality, and	A large number of bugs shows information
bugs/defects	has the same effects as the software quality	about the team's consistency. When multiple
within a sprint	measure.	bugs are found, it indicates that the team and
		the software quality are inconsistent. This
		could make the team less effective and have a
		negative impact on team effectiveness.

Table 24: Four expert opinions on the "number of bugs/defects within a sprint" measure

Appendix C

This appendix provides an overview of all measures related to the seven concepts of team effectiveness. The table consists of eight columns. The first column indicates the team effectiveness concepts. The second column provides the names of the measures. Columns three to eight represent the interview number, and the color indicates whether the measure is measurable in a work management system.

Continuous Improvement Table 16 provides an overview of the Continuous Improvement concept.

			Int	ter	vi	ew	
Team Effectiveness Concept	Measure	I1	I2	Ι3	I4	I5	<u>I6</u>
Continuous Improvement	The number of retrospective items solved after a new sprint						
	The number of bottlenecks visualized by a value stream map						
	Software Quality (SonarQube)						
	The number of bugs/defects within a sprint						
	Test time						
	Built time						
	Release time						

Table 16: Measures that concern the Continuous Improvement Concept

Stakeholder Concern Table 17 provides an overview of the Stakeholder Concern concept.

			In	ter	vie	≥w	
Team Effectiveness Concept	Measure	I1	I2	I3	I4	I5	<u>I6</u>
Stakeholder Concern	The number of changes to the product backlog						
Stakeholder Concern	after a sprint review						
	Response time stakeholders to requests						
	Business value						
	The number of stakeholders attending a sprint review meeting						
	The number of acceptance tests 'first time right'						
	The number of times the same feedback is addressed						
by stakeholders							
	The difference between the items\stories that are created in						
	this sprint compared to the previous sprints.						

Table 17: Measures that concern the Stakeholder Concern Concept

Responsiveness Table 18 provides an overview of the responsiveness concept.

			Int	ter	vie	w	
Team Effectiveness Concept	Measure	I1	I2	I3	I4	I5	<u>I6</u>
Responsiveness	Response time stakeholders to requests						
	The time it takes to execute an integration						
	Done Work				П,		
	Built time						
	Release time						
	Test time						
	Review time						
	Lead time release/story						
	User Story age						
	The number of software releases						
	Cycle time						
	The ratio between the working hours and meeting hours % tijd						

Table 18: Measures that concern the Responsiveness Concept

 $\bf Management~Support~$ Table 19 provides an overview of the Management Support concept.

			Int	ter	vie	w	
Team Effectiveness Concept	Measure	I1	I2	I3	I4	I5	<u>I6</u>
Management Support	The number of managers attending a sprint review meeting						
	Management's response time to requests						
	Availability and recognizability of management						
	(in hours available)						
	Resources (euros)						

Table 19: Measures that concern the Management Support Concept

Team Morale Table 20 provides an overview of the Team Morale concept.

			Int	ter	vie	\mathbf{w}
Team Effectiveness Concept	Measure	I1	I2	I3	I4]	[5 I 6
Team Morale	User Story age					
	The number of backlog items					
	The number of times the sprint goal is achieved					
	The number of scrum team formation changes					
	The number of changes to the product backlog					
	after a sprint review					
	The number of retrospective items solved after a new sprint					
The number of releases to production without bugs						
	The number of team events at least two members are present					

Table 20: Measures that concern the Team Morale Concept

Stakeholder Satisfaction Table 21 provides an overview of the Stakeholder Satisfaction concept.

			Int	terv	iew
Team Effectiveness Concept Measure		Ι1	I2	I3 I	4 I5 I
Stakeholder Satisfaction	Average velocity on a certain number of sprints				
	The number of uncommitted features delivered within a				
	release/sprint.				
	The finished user stories compared to the predicted				
	number of user stories that need to be fulfilled in the sprint.				
	The number of times the sprint goal has been achieved.				
	Downtime				
	Business value				
	The lead time of a feature compared to the expected				
	delivery time of a feature.				

Table 21: Measures that concern the Stakeholder Satisfaction Concept

Appendix D

This appendix provides an overview of the four expert opinions on whether a measure is related to team effectiveness. In addition to the opinions, 17 literature could be found to support the opinions of the experts.

Measure	Interview 1	Interview 2
Test time	Efficiency will increase if test time decreases.	This could be a disturbing factor for the team
	The quicker the test time, the faster the team	process. The shorter the test time, the faster
	will be able to anticipate changes and receive	the team can continue building features. This
	feedback. As a result, a test pipeline that is	improves team morale. Moreover, a reduction
	automated becomes more crucial. Ultimatley,	in test time helps to improve problems for the
	the performance of the team will be positively	customers faster.
	impacted by a reduction in test time.	
Measure	Interview 3	Interview 4
Test time	During the software development process, you	The general rule is here, the faster features
	have different phases, one of these phases is	and user stories can be tested, the better the
	testing. Which can be measured in test time.	performance and productivity of the team will
	Whenever this can be measured, we can revise	be. This will ultimately improve the
	and improve the test time. Ultimately, if the	effectiveness of the team. The explanation of
	test time gets improved, the team will receive	the built time and review time measures are
	faster feedback and can ship features faster.	comparable to this measure.
	This will improve stakeholder satisfaction.	

Table 25: Four expert opinions on the "test time" measure

Measure	Interview 1	Interview 2
Built time	All these times are in a sequential order	This could be a disturbing factor for the team
1		process. The shorter the built time, the faster
	time, as built time is shorter, the team will be	the team can continue building features. This
	able to anticipate changes and get feedback	improves team morale. Moreover, a reduction
	more quickly.	in built time helps to improve problems for the
		customers faster.
Measure Interview 3		Interview 4
Built time	During the software development process, you	The general rule is here, the faster features
	have different phases, one of these phases is	and user stories can be built, the better the
	building the feature or user story. Which can be	performance and productivity of the team will
	measured in built time. Whenever this can be	be. This will ultimately improve the
	measured, we can revise and improve the built	effectiveness of the team. The explanations of
	time. Ultimately, if the built time gets	the test time and review time measures are
	improved, the team will receive faster	comparable to this measure.
	feedback and can ship features faster. This will	
	improve stakeholder satisfaction.	

Table 26: Four expert opinions on the "built time" measure

Measure	Interview 1	Interview 2	Interview 3
Software	When the code quality is high, a scrum team	This measure serves as an indicator of the	Software quality influences many different
quality	will encounter fewer surprises. This leads	team's products or deliverables. It may not be	factors such as, Technical Debt and Done Work.
(SonarQube)	to fewer unexpected costs for a stakeholder	a problem created by the team. However, the	There needs to be a balance in software quality
	and fewer bugs, which improves the	team must examine the underlying causes of	since too high software quality could lead to
	satisfaction of scrum team members. As a	the issue. Furthermore, if the software quality	reducing the number of features which would
	result, code quality has an impact on both the	falls short of your quality benchmark, it affects	negatively influence stakeholder satisfaction.
	perceived satisfaction of the team members	the team morale and therefore team	However, low software quality could both
	and stakeholder satisfaction.	effectiveness.	influence stakeholders' and team member
			satisfaction since the software generates more
			bugs or more rework.
Measure	Interview 4	Literature	
Software	This measure provides information on	Jones et al. (2011) concluded that an	
quality	software quality instead of the performance or	improvement in software quality will lead to	
(SonarQube)	productivity of the team. In contrast, software	an improvement in cost savings and	
	quality might have a negative impact on	monitoring.	
	stakeholder satisfaction. The team may	Jones, C., & Bonsignour, O. (2011). The	
	experience delays as a result of poor software	economics of software quality . Addison-Wesley	
	quality, which lowers stakeholder satisfaction.	Professional.	
		Graziotin et al. (2018) conduded that software	
		quality and happiness both influence each other	
		happy developers built products with a higher	
		software quality and unhappy developers built	
		products with a lower software quality.	
		Graziotin, D., Fagerholm, F., Wang, X., &	
		Abrahamsson, P. (2018). What happens when	
		software developers are (un) happy? Journal of	
		Systems and Software, 140, 32-47.	

Table 23: Four expert opinions and literature on the "software quality" measure

Measure	Interview 1	Interview 2	Interview 3
Release time	A reduction in release time will improve team	This could be a disturbing factor for the team	During the software development process, you
	effectiveness, especially for the stakeholder's	process. The shorter the release time, the	have different phases, one of these phases is
	satisfaction. Stakeholders will faster get new	faster the team can continue building	releasing. Which can be measured in release
	features and bugs will be solved faster. This	features. This improves team morale.	time. Whenever this can be measured, we can
	generates value for the stakeholder.	Moreover, a reduction in test time helps to	revise the release time and improve the release
		improve problems for the customers faster.	time. Ultimately, if the release time gets
			improved, the team will receive faster feedback
			and can ship features faster. This will improve
			stakeholder satisfaction.
Measure	Interview 4	Literature	
Release time	In general, the team wants the release as soon	The number of releases is related to the	
	as possible. The faster a release can be done,	release frequency of software projects.	
	the more effective a team is. This could mean	Khomh et al. (2012) investigated the	
	that the team's effectiveness will get	difference between a rapid-release model	
	improved. However, this is not always the	(projects with a high frequency of releases)	
	case. It could also be possible that a team is	and a traditional release model.	
	effective and that the saves all the features for	There are several benefits of an increase in	
	a release. Therefore, this measure could be	release frequency.	
	interpreted in multiple ways.	Bugs are fixed faster under rapid-release	
		models, but proportionally fewer bugs are	
		fixed compared to the traditional release	
		model. Finally, as expected, users of a	
		software system developed following a rapid	
		release model tend to adopt new. versions	
		faster compared to a traditional release	
		model.	
		Khomh, F., Dhaliwal, T., Zou, Y., & Adams, B.	
		(2012, June). Do faster releases improve	
		software quality? an empirical case study of	
		mozilla firefox. In 2012 9th IEEE working	
		conference on mining software repositories	
		(MSR) (pp. 179-188). IEEE.	

Table 27: Four expert opinions and literature on the "release time" measure

Measure	Interview 1	Interview 2	Interview 3
The number of	The number of bott lenecks will severely impact	The general rule is, the fewer bottlenecks the	Depends on the bottleneck in the process. But,
bottlenecks in	the scrum team's productivity. A team's flow	better. Each bottleneck lowers your team's	taking into account that the bottleneck is in a
a scrum	will be disrupted by bottlenecks, which has an	productivity. As a result, the team faces	crucial position, it will influence effectiveness on
visualized by a	impact on how well the team performs.	greater challenges in completing tasks and	the performance side of the team. The
value stream		user stories. Besides the team performance,	consquence of a bottleneck have been
map.		the bottlenecks has also a negative influence	mentioned in a n example in which a user story
		on team morale.	is for a long time on the user storyboard.
Measure	Interview 4	Literature	
The number of	Similar to the number of solved retrospectives	The ultimate goal of VSM is to identify all	
bottlenecks in	items, this does not necessarily provide	types of waste in the value stream and to take	
a scrum	information on team effectiveness. It could be	steps to try and eliminate these. Furthermore,	
visualized by a	the case that some bottlenecks are identified.	a value stream map aids communication since	
value stream	However, whenever teams have some easy	it provides a common language about the	
map.	workarounds to pass these bottlenecks, your	processes.	
	team's effectiveness and performance will not	Abdulmalek, F. A., & Rajgopal, J. (2007).	
	be negatively influenced. Furthermore, it does	Analyzing the benefits of lean manufacturing	
	not quantify team effectiveness.	and value stream mapping via simulation: A	
		process sector case study. International	
		Journal of production economics, 107(1), 223-236.	
		Besides, that value stream maps are applied in	
		optimizing logistical processes, it is also	
		applicable for software development. In	
		software projects, the use of a vsm led to	
		realistic improvements with a high likelihood	
		of implementation.	
		Ali, N. B., Petersen, K., & De França, B. B. N.	
		(2015). Evaluation of simulation-assisted value	
		stream mapping for software product	
		development: Two industrial cases. Information	
		and software technology, 68, 45-61.	

Table 22: Four expert opinions and literature on the "number of bottlenecks in scrum a value stream map" measure

Measure	Interview 1	Interview 2
The number of	This measure provides information on the	The number of product backlog changes
changes to the	involvement of stakeholders in the scrum	influences team effectiveness. This measure
product	team. Likely, the team did not create the right	indicates that stakeholders have different
backlog after a	features when there are a lot of changes. It	opinions on what is important as the output.
sprint review	can also imply that the PO and the	When this happens more frequently, it may be
	stakeholders have not been communicating	a sign that stakeholders are not being very
	well. Last but not least, when a team creates	actively involved. The team needs to adjust
	something that will not be used by the	the product backlog more frequently, which
	stakeholders, it demotivates the team. The	may frustrate stakeholders, and hurts their
	level of team member satisfaction will be	level of satisfaction.
	reduced as a result.	
Measure	Interview 3	Interview 4
The number of	Whenever there are changes to your product	After a sprint review, if the product backlog is
changes to the	backlog, this means that your stakeholders are	changed, it may indicate that the priorities of
product	involved in your development process. This can	stakeholders have been changed or the wrong
backlog after a	be seen as very positive for the team.	stakeholders are in present in the meeting. If
sprint review	Ultimately, the high involvement of	this happens repeatedly, stakeholder
	stakeholders will have a positive influence on	management does not working properly. The
	team morale.	level of stakeholder satisfaction may be
		affected as a result.

Table 28: Four expert opinions on "the number of changes to the product backlog after a sprint review" measure

Measure	Interview 1	Interview 2
Business value	In Team Effectiveness, the business value is	Business value provides information on the
	related to the stakeholder aspect. Business	impact and the outcome of a certain feature
	value helps to prioritize user stories, which	or user story. Business value helps to visualize
	provides clarity for stakeholders. The	the features with the most value for the
	stakeholders will be pleased with this.	customer. In team effectiveness, this aspect
	Additionally, provides also clarity for the team.	influences stakeholder satisfaction.
	The team understands where to focus their	Furthermore, it is a communication tool
	efforts due to prioritizing.	between the scrum team and the
		stakeholders.
Measure	Interview 3	Interview 4
Business value	A business value would positively influence	The business value of a user story indicates a
	both team member satisfaction and	certain value. Whenever the team delivers
	stakeholder satisfaction. Business value helps	user stories with a high business value,
	to prioritize user stories. Prioritizing user	stakeholder satisfaction will be positively
	stories helps to provide clarity to both	influenced. Since stakeholders will have
	stakeholders and team members.	features that they admire, and therefore
		stakeholder satisfaction will be improved.

Table 29: Four expert opinions on the "business value" measure

Measure	Interview 1	Interview 2
The number of	This measure provides information on how a	The number of stakeholders attending
stakeholders	scrum team's stakeholders are involved and on	meetings affects team morale. Each time
attending a	the quality of the sprint reviews. When there	there are no stakeholders present at a
sprint review	are no stakeholders attending sprint review	meeting, the team feels as though they are not
meeting	meetings, it is incredibly demotivating for a	being heard. Furthermore, the session has
	scrum team and hurts team member	been organized to inform stakeholders. The
	satisfaction.	entire meeting is not necessary if there are no
		stakeholders present.
Measure	Interview 3	Interview 4
The number of	Many stakeholders attending meetings helps to	This measure includes information on the
stakeholders	improve team morale. The team knows where	team's stakeholders' involvement. A high
attending a	they are building the for. Furthermore, you will	meeting attendance by stakeholders has a
sprint review	receive feedback from stakeholders.	positive impact on team member satisfaction
meeting		and, consequently, team effectiveness.

Table 30: Four expert opinions on "the number of stakeholder attending a sprint review meeting" measure

Measure	Interview 1	Interview 2
The number of	This measure shows how effective an	This is a process indicator, whenever many
acceptance	acceptance test is, which can be seen as very	bugs appear, it can tell that the number of
tests 'first time	positive for team morale. However, is "first	acceptance tests needs to be improved.
right'	time right" quantifiable? The measure leaves a	However, it is hard to link to team
	lot of space for debate over the definition of	effectiveness.
	"first time right".	
Measure	Interview 3	Interview 4
The number of	This measure provides information on Team	In my opinion, "first time right" indicates that
acceptance	Effectiveness, especially for productivity,	an acceptance test goes without problems.
tests 'first time	performance, and stakeholder satisfaction	Problems refer to disruptions in the software
right'	whenever no bugs are found after a release.	or dissatisfaction from stake holders. As a
	Most teams have an acceptable flow to define	result, this measure does influence team
	the first time right? For instance, no bugs within	effectiveness, since whenever successful
	a certain period, for instance, a week.	production without bugs occurs, this team
		means that the team is effective in their
		performance and would lead to the happy
		stakeholder and team members.

Table 31: Four expert opinions on "the number of acceptance tests 'first time right' " measure

Measure	Interview 1	Interview 2	Interview3
The number of	This measure indicates that the team does not	This may positively or negatively impact the	For stakeholder satisfaction, this could be very
times the same	respond to requests for feedback. As a result,	team's capacity to satisfy stakeholders.	negative. If the feedback item concerns
feedback is	stake holder satisfaction will decrease.	Stakeholder satisfaction is positively impacted	something within the power of the team, this
addressed by	Stakeholders could be lieve that their voices are	whenever there is positive feedback has been	only negatively influences stakeholder
stakeholders	not being heard, which might have a negative	repeated. When the feedback is negative, it	satisfaction. Whe never the feedback item
	effect on the response time of requests.	will negatively impact the team morale and	concerns something outside the team, this
		there by team effectiveness.	negatively both stakeholder satisfaction and
			team member satisfaction.
Measure	Interview 4	Literature	
The number of	This measure does not provide much	This measure can be seen as part of	
times the same	information on productivity but regards more	stakeholder management. Within stakeholder	
feedback is	stakeholder management and thus stakeholder	management, communication is key in a	
addressed by	satisfaction. Whenever stakeholders repeat	factor to success. Furthermore, conflicts with	
stakeholders	feedback that is in the scope of the team, then	stake holders could negative ly impact	
	stake holder satisfaction will be reduced.	stake holder satisfaction.	
	However, if the same feedback is provided that	Olander, S., & Landin, A. (2005). Evaluation of	
	is outside the scope, then there is no influence	stakeholder influence in the implementation	
	on team effectiveness.	of construction projects. International journal	
		of project management, 23(4), 321-328.	

Table 32: Four expert opinions and literature on "the number of times the same feedback is addressed by stakeholders" measure

Measure	Interview 1	Interview 2
The difference	A change in the definition of done or the	Does not influence team effectiveness.
between the	outcomes of a sprint retrospective may be	
items/stories	expressed by a decrease or increase in the	
that are	number of items/user stories. The	
created in this	refinement of user stories may be crucial in this	
sprint	process. As a general rule, a team can work	
compared to	more effectively the smaller the user stories	
the previous	are.	
sprints.		
Measure	Interview 3	Interview 4
The difference	It could be possible that there are changing	This does not say much about team
between the	market conditions. It should not directly regard	effectiveness. It could be that more stories
items/stories	team effectiveness. It could be that the result	are refined, which could lead that there being
that are	is that there are too many items on the backlog	more stories in a sprint. In general, I see no
created in this	which could reduce focus, but no direct impact.	link between team effectiveness and this
sprint		measure
Spriit		
compared to		

Table 33: Four expert opinions on "the difference between the items/stories that are created in this sprint compared to the previous sprints" measure

Measure	Interview 1	Interview 2
The time it	A reduction in integration time will improve	This could be a disturbing factor for the team
takes to	team effectiveness, especially for the	process. The shorter the time of integration,
execute an	stakeholder's satisfaction. Stakeholders will	the faster the team can continue building
integration	faster get new features and bugs will be solved	features. This improves team morale.
	faster. This generates value for the	Moreover, a reduction in time of an
	stakeholder.	integration time helps to improve problems
		for the customers faster.
Measure	Interview 3	Interview 4
The time it	During the software development process, you	The integration time with another system can
takes to	have different phases, one of these phases is	be seen similar as to the teams that work on
execute an	the integration of a product. Which can be	the same product. Whenever the team needs
integration	measured as integration time. Whenever this	to integrate with new systems, this could bring
	can be measured, we can revise the integration	dependencies and negatively influences
	time and improve integration time. Ultimately,	performance and thus team effectiveness.
	if the integration time gets improved, the team	Furthermore, a long integration has a negative
	will receive faster feedback and can ship	influence on your lead time.
	features faster. This will improve stakeholder	
	satisfaction.	

Table 34: Four expert opinions on "the time it takes to execute an integration" measure

Measure	Interview 1	Interview 2	Interview 3
Number of	An increase in the number of releases will	The team's flexibility increases with the	An increase in releases generates fast value for
Releases	improve team effectiveness, especially for	number of releases. The more releases, the	the customer. The faster the release, the faster
	stakeholder satisfaction. A feedback loop is	more comfortable the teams get with	it generates value for the customer. This
	created for the team. Moreover, stakeholders	releases. Releases indicate that teams have	improves stakeholder satisfaction. However,
	will faster get new features and bugs will be	control over the situation. They also succeed	more code could result in more bugs. This could
	solved faster. As a result, an increase in the	in their goals. A release is a risk-involved	be a downside.
	number of releases generates value for the	change. As a result, it is excluded from	
	stakeholder.	stakeholder satisfaction. It more closely	
		relates to improving the team performance,	
		since teams will grow in release experience.	
Measure	Interview 4	Literature	
Number of	In general, a team's effectiveness increases	The number of releases is related to the	
Releases	with the number of releases it makes. The main	release frequency of software projects.	
	reason for this is that the team gets more	Khomh et al. (2012) investigated the	
	comfortable with releasing. As a consequence,	difference between a rapid-release model	
	the team will operate more efficiently and	(projects with a high frequency of releases)	
	experience fewer surprises. Stakeholder and	and a traditional release model.	
	team member satisfaction both increase as a	There are several benefits of an increase in	
	result.	release frequency.	
		Bugs are fixed faster under rapid-release	
		models, but proportionally fewer bugs are	
		fixed compared to the traditional release	
		model. Finally, as expected, users of a	
		software system developed following a rapid	
		release model tend to adopt new. versions	
		faster compared to a traditional release	
		model.	
		Khomh, F., Dhaliwal, T., Zou, Y., & Adams, B.	
		(2012, June). Do faster releases improve	
		software quality? an empirical case study of	
		mozilla firefox. In 2012 9th IEEE working	
		conference on mining software repositories	
		(MSR) (pp. 179-188). IEEE.	

Table 35: Four expert opinions and literature on the "the number of releases" measure

Measure	Interview 1	Interview 2
Review time	All these times are in a sequential order	This could be a disturbing factor for the team
	executed. Also on a code level. Similar to test	process. The shorter the review time, the
	time, as review time is shorter, the team will be	faster the team can continue building
	able to anticipate changes and get feedback	features. This improves team morale.
	more quickly.	Moreover, a reduction in review to improve
		problems for the customers faster.
Measure	Interview 3	Interview 4
Review time	During the software development process, you	The general rule is here, the faster features
	have different phases, one of these phases is	and user stories can be reviewed, the better
	reviewing. Which can be measured in review	the performance and productivity of the team
	time. Whenever this can be measured, we can	will be. This will ultimately improve the
	revise the review time and improve the review	effectiveness of the team. The explanations of
	time. Ultimately, if the review time gets	the test time and built time measures are
	improved, the team will receive faster	comparable to this measure.
	feedback and can ship features faster. This will	
	improve stakeholder satisfaction.	

Table 36: Four expert opinions on the "Review view" measure

Measure	Interview 1	Interview 2	Interview 3
Lead time	All these times are in a sequential order	This could be a disturbing factor for the team	During the software development process, you
release/story	executed. Also on a code level. Similar to cycle	process. The shorter the lead time of a user	have different phases, the lead time is the cycle
	time, as lead time is shorter, the team will be	story, the faster the team can continue	time, combined with the time a user story is on
	able to anticipate changes and get feedback	building features. This improves team morale.	the product backlog. In other words, lead time is
	more quickly.	Moreover, a reduction in lead time helps to	the time a user story is created until the feature
		improve problems for the customers faster.	has been integrated. Whenever this can be
			measured, we can revise the lead time and
			improve the lead time. Ultimately, if the lead
			time gets improved, the team will receive faster
			feedback and can ship features faster. This will
			improve stakeholder satisfaction.
Measure	Interview 4	Literature	
Lead time	The influence of lead time depends on the	The benefits of a shorter lead time for the	
release/story	situation. In my opinion, whenever a user story	stakeholder have been discussed. For instance,	
	needs to be fulfilled, the story will be put into	a shorter lead time leads to an early	
	the product backlog. However, it is unknown	enrollment of the products. As a result, the	
	how long the story will be in the backlog and	product conforms more to the expectations of	
	thus how long the lead time is. Therefore, it	the market	
	does not say much about team effectiveness.		
	In general, this also is the case for the user	Petersen, K. (2010). An empirical study of lead-	
	story age and the cycle time. Therefore, the	times in incremental and agile software	
	same explanation will be given.	development. In New Modeling Concepts for	
		Today's Software Processes: International	
		Conference on Software Process, ICSP 2010,	
		Paderborn, Germany, July 8-9, 2010.	
		Proceedings (pp. 345-356). Springer Berlin	
		Heidelberg.	

Table 37: Four expert opinions and literature on the "Lead time release/story" measure

Measure	Interview 1	Interview 2
User Story age	The longer a user story is open, the more waste	The shorter the user story age, the better. The
	it creates. Team members invest time in	focus of the team has to be on finishing tasks.
	organizing the backlog and the more items it	A user story that stays open costs results in
	contains, the more time it costs. Furthermore,	focus and concentration issues. This would
	this could mean that team members already	effect the productivity and the team
	have looked into the user story, which takes	performance of the team.
	time. Then, a user story has been parked for	
	some reason and team members have to	
	continue with the user story after some time.	
	However, most of the information will	
	certainly be lost. So, team members have to	
	invest more time in the user story. A negative	
	effect on the efficiency and productivity of the	
	team.	
Measure	Interview 3	Interview 4
User Story age	Age stories that have a high age influence team	The influence of lead time depends on the
	effectiveness. The team will lose focus.	situation. In my opinion, whenever a user
	Whenever stories have no priority, the team	story needs to be fulfilled, the story will be put
	should delete them. It generates waste in the	into the product backlog. However, it is
	backlog. This also could mean that something	unknown how long the story will be in the
	went wrong up front. Ultimately, the loss of	backlog and thus how long the lead time is.
	focus will decrease the performance and	Therefore, it does not say much about team
	satisfaction of the team.	effectiveness. In general, this also is the case
		for the user lead time and the cycle time.
		Therefore, the same explanation will be given.

Table 38: Four expert opinions on the "User story age" measure

Measure	Interview 1	Interview 2
Cycle time	All these times are in a sequential order	This could be a disturbing factor for the team
	executed. Also on a code level. Similar to lead	process. The shorter the cycle time, the faster
	time, as cycle time is shorter, the team will be	the team can continue building features. This
	able to anticipate changes and get feedback	improves team morale. Moreover, a reduction
	more quickly.	in cycle time helps to improve problems for
		the customers faster.
Measure	Interview 3	Interview 4
Cycle time	cle time During the software development process, you The influence of lead	
	have different phases, the total time of	situation. In my opinion, whenever a user
	creating the user story untill shipping the	story needs to be fulfilled, the story will be put
	feature is called cycle time. Whenever this can	into the product backlog. However, it is
	be measured, we can revise the cycle time and	unknown how long the story will be in the
	improve the cycle time. Ultimately, if the cycle	backlog and thus how long the lead time is.
	time gets improved, the team will receive	Therefore, it does not say much about team
	faster feedback and can ship features faster.	effectiveness. In general, this also is the case
	This will improve stakeholder satisfaction.	for the lead time and the user story age.
		Therefore, the same explanation will be given.

Table 39: Four expert opinions on the "Cycle time" measure

Measure	Interview 1	Interview 2	
The ratio	The general rule here is, the more time team	This measure is an indicator of the team's	
between the	members attend meetings, the less time they	performance of the team. The Agile way of	
working hours	can code. In an ideal situation, you want to	working has been designed to be built as fast	
and meeting	minimize the number of meetings to the scrum	as possible. Meeting cultures do not produce	
hours	principles. This measure can be seen as a	results. However, it could be an indirect	
	reflection indicator since the number of	indicator of team performance. However, if	
	meetings can be seen as a consequence of why	the output is fine, this measure does not say	
	developers are not finishing their work. The	anything. Therefore, this measure is situation-	
	satisfaction of stakeholders may decline if this	dependant.	
	is the case.		
Measure	Interview 3	Interview 4	
The ratio	Depends on what can be seen as a meeting. In	The difference between the meeting hours	
between the	a way, a helpful meeting could improve the	and work hours does influence team	
working hours	effectiveness, since they can generate new	effectiveness. The team will have less time to	
and meeting	knowledge. However, many meetings outside	complete user stories and build features the	
hours	the usual scrum rituals could reduce	more meetings they attend. As a result, this	
	effectiveness. These meetings could lead to an	measure provides information on team	
	overhead or are not beneficial for the team.	effectiveness, particularly on the productivity	
		of the team.	

Table 40: Four expert opinions on the "The ratio between the working hours and meeting hours" measure

Measure	Interview 1	Interview 2
The number of	Can be seen as similar to the number of	In a normal situation, management is not
managers	stakeholders attending a sprint review meeting	involved in review meetings. A manager only
attending a	meaure.	attends a meeting to check the team's
sprint review		performance. Therefore, the attendance of
meeting	This measure provides information on how a scrum team's stakeholders are involved. When	managers could lead to a reduction in team morale, since the performance of a team is
	there are no stakeholders attending sprint review meetings, it is incredibly demotivating	not as expected.
	for a scrum team and has a negative impact on	
	team member satisfaction.	
Measure	Interview 3	Interview 4
The number of	Managers can be seen as a stakeholder. So it	The management has something magical.
managers	could relate to the evaluation of the number of	Whenever management participates in
attending a	stakeholders attending meetings. However, this	meetings and shows interest, the team feels
sprint review	can be seen differently if the manager has a	that they are taken seriously. This could
meeting	justice system. If this is the case, it does not	improve team member satisfaction and thus
	say much about Team Effectiveness.	team effectiveness. However, if management
		is not interested and does appear in these
		meetings, team member satisfaction could be
		reduced.

Table 41: Four expert opinions on the "The number of managers attending a sprint review meeting" measure

Measure	Interview 1	Interview 2	
Management's	Can be seen as similar to response time to	The number of management requests should	
response time	stakeholders measure.	be minimal. The team should be enabled.	
to requests.		Therefore, the number of requests and a high	
	This measure can be seen as a bottleneck.	response time to requests has a negative	
	Without the input of stakeholders, features could in some cases not be finished unless the stakeholders provide answers or explanations. A high response time has a negative influence on team performance and team member satisfaction.	shed unless the or explanations. ative influence	
Measure	Interview 3	Interview 4	
Management's	When response time is short it indicates the	This measure can be seen as similar to the	
response time	importance of a team. It clarifies the situation	response time to stakeholder measures.	
to requests.	for the team and boosts morale.	Therefore, the same explanation of the	
		response to stakeholders will be provided.	

Table 42: Four expert opinions on the "The number of managers attending a sprint review meeting" measure

Measure	Interview 1	Interview 2
Availability and	This provides insight into how much	Management should be transparent and
recognizability	management cares about the team. The more	enabled. This measure concerns team
of	the management is available, the more they	effectiveness on this matter. So, whenever
management.	get a feeling that they are being heard. This will	this is not the case, the team morale could be
(in hours	lead to an improvement in team member	reduced.
available)	satisfaction.	
Measure	Interview 3	Interview 4
Availability and	When management allocates a significant	Similar to the managers attending review
recognizability	amount of time to a team, it indicates that the	meetings. If the management is not visible or
of	team is important. It clarifies the situation for	does not show interest, team member
management.	the team and boosts morale.	satisfaction will be reduced. However, it could
(in hours		also work the other way around. Whenever
available)		management shows interest, team member
		satisfaction can be boosted.

Table 43: Four expert opinions on the "The number of managers attending a sprint review meeting" measure

Measure	Interview 1	Interview 2
Availability and	This provides insight into how much	Management should be transparent and
recognizability	management cares about the team. The more	enabled. This measure concerns team
of	the management is available, the more they	effectiveness on this matter. So, whenever
management.	get a feeling that they are being heard. This will	this is not the case, the team morale could be
(in hours	lead to an improvement in team member	reduced.
available)	satisfaction.	
Measure	Interview 3	Interview 4
Availability and	When management allocates a significant	Similar to the managers attending a sprint
recognizability	amount of time to a team, it indicates that the	review meeting meaure . If the management is
of	team is important. It clarifies the situation for	not visible or does not show interest, team
management.	the team and boosts morale.	member satisfaction will be reduced.
(in hours		However, it could also work the other way
available)		around. Whenever management shows
		interest, team member satisfaction can be
		boosted.

Table 44: Four expert opinions on the "The Management's response time to requests" measure

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Table 45: Four expert opinions and literature on "the amount of technical debt in a sprint/release" measure

Measure	Interview 1	Interview 2	
Resources	It is not always beneficial to add more	Does not say anything. Fit for purpose is the	
(euros)	developers or to provide more money for the	most important.	
	team. You have to make a broad analysis and		
	set budgets. Therefore, in my opinion, there is		
	no connection between resources (euros) and		
	effectiveness. This measure can be interpreted		
	in a wide context.		
Measure	Interview 3	Interview 4	
Resources	This measure is linked to stakeholder	Not much can be concluded about team	
(euros)	engagement. Often, this measure is a	effectiveness from this measure. It is much	
	consequence of something. Whenever	more useful to get insight into how you spend	
	management provides many resources, the	these resources, instead of just an increase or	
	management sees value in the team.	decrease in resources.	
	Furthermore, the team feels that they are		
	being heard, which could boost team morale.		

Table 46: Four expert opinions on the "Resources" measure

Measure	Interview 1	Interview 2	Interview 3
The number of	The more external reviews/acceptance tests	It does not influence external reviews.	The number of external review/acceptance tests
reviews/accept	the team has, the more frustrated the team	Acceptance tests do. The acceptance test is a	could both negatively or positively team morale.
ance tests	will be. Especially if the external	waste of time whenever a company or	Negatively, since you have to wait for other
executed by	reviews/acceptance is a quality gate. The team	stakeholder is unavailable. Additionally, the	people to revise the work. This increases waiting
external	must frequently wait for others to approve the	team is more reliant on stakeholders.	time, which negatively impacts the performance
parties	review or acceptance test. It does, however,	Addit ionally, this might increase the wait time	of the team. Furthermore, it could also
	bring benefits. The team is driven to deliver	and decreases the team's performance.	positively impact team morale, since the team
	excellent quality since the more external		gets a feeling that stakeholders are involved.
	reviews and acceptance tests there are, the		
	longer it will take for the feature or user story		
	to be accepted. The measure can therefore be		
	interpreted in a very wide context.		
Measure	Interview 4	Literature	
The number of	The number of external reviews/acceptance	Overall, the results showed that team	
reviews/accept	tests will have an impact on team	autonomous helping benefited team role-	
ance tests	effectiveness. However it depends on how	based functions and ultimately team	
executed by	much work the group must put in to	effectiveness, whereas team dependent	
external	execute the external reviews and acceptance	helping hindered them	
parties	testing. Whenever many things have to be	Lee, S. H., Liu, Y., Koopmann, J., Seo, J. Y.,	
	organized for the external review/acceptance	Zhou, L., & Yu, Y. (2023). Not Always Helpful:	
	test, this will negatively influence the team's	Linking Intrateam Helping Types to Team	
	performance. Since the team members must	Effectiveness From a Role Theory Perspective.	
	spend a lot of time to these tasks, they are	Journal of Management, 01492063221149676.	
	unable to continue developing features.		

Table 47: Four expert opinions and literature on "the number of reviews/acceptance tests executed by external parties" measure

Measure	Interview 1	Interview 2	Interview 3
The number of	Whenever two team members work on a user	This action helps to raise the quality of the	Depends on the person, since some people like
user	story, knowledge will be shared. This will have	software. The measure indicates the idea of	to work on their own and other people like to
stories/items	a positive effect on efficiency and productivity,	the four eyes principle. The quality rises as	work in (smaller) groups. Working on user
executed by a	since a team member is sick or leaves the	more people work on a specific user	stories together can positively influence you
minimum of 2	team, the knowledge will stay in the team. In	story/item. The information also remains	since you share knowledge about a part of the
scrum team	general, it takes a little more time to finish a	within the team if the structure of the team	product. It can also negatively influence you
members	user story. Furthermore, the quality is	changes. It affects the team's effectiveness	since you have more communication lines and
	oftentimes also higher. However, besides the	and quality. Despite the benefits, dependency	tension could a rise.
	benefits, the drawbacks are the dependency on	issues could create problems in de future.	
	your partner will increase, and communication		
	issues could arise. This could negatively		
	influence efficiency.		
Measure	Interview4	Literature	
The number of	Too many developers working on the same	Overall, the results showed that team	
user	user story has an impact on the team's	autonomous helping benefited team role-	
stories/items	performance. Other user stories might not be	based functions and ultimately team	
executed by a	able to be completed as a result, which would	effectiveness, whereas team dependent	
minimum of 2	be negative to the team's performance. The	helping hindered them	
scrum team	majority of the time, though, the developers	Lee, S. H., Liu, Y., Koopmann, J., Seo, J. Y.,	
members	are aware how many people are needed to	Zhou, L., & Yu, Y. (2023). Not Always Helpful:	
	built a certain feature or user story.	Linking Intrateam Helping Types to Team	
		Effectiveness From a Role Theory Perspective.	
		Journal of Management, 01492063221149676.	

Table 48: Four expert opinions and literature on "the number of user stories/items executed by a minimum of 2 scrum team members" measure

Measure	Interview 1	Interview 2	
The number of	Here, the distinguishing can be made between	The quantity of backlog items affects the	
backlog items	a product backlog and a sprint backlog. An	effectiveness of the team. The number of	
	extensive sprint backlog can reduce the focus	backlog items has both a lower and an upper	
	of a team, which negatively affects	limit. Once the group reaches the upper limit	
	performance and team morale. For a product	of backlog items, the team's concentration	
	backlog, this indicates that a project is	will decrease. Whenever the lower limit is	
	becoming bigger and bigger and that the	reached. The team is unable to look to the	
	stakeholder demands more from the team.	future. The team is unable to brainstorm	
		solutions with stakeholders. It affects team	
		effectiveness on both the stakeholder and	
		team member sides. Furthermore, the team's	
		concentration may become less intense	
		whenever there is a product backlog with a	
		large number of user stories.	
Measure	Interview 3	Interview 4	
The number of	Oftentimes, there is a lower and upper limit for	This measure does provide not much	
backlog items	backlog times. Whenever the lower limit has	information on team effectiveness. In my	
	been reached, refinement is needed to	opinion, each item that is important will be put	
	increase the number of backlog items.	on the product and sprint backlog. Hence, the	
	Otherwise, a situation could occur that the	effectiveness of the team is unaffected by the	
	team can not continue building items, since the	size of your backlog. The only drawback is that	
	backlog. Whenever the upper limit has been	too few backlog items will make the team less	
	reached, it takes longer to finish user stories,	effective, since it is possible that the	
	clutter could arise and a team loses focus. It	developers won't be able to continue working.	
	mostly influences performance and team		
	morale.		

Table 49: Four expert opinions on "the number of backlog items" measure

		I	L
Measure	Interview 1	Interview 2	Interview 3
The number of	Achieving your sprint goal reveals something	The team morale will improve, the more times	The first question is, How well is the the sprint
times the	about a scrum team's predictability. It	the team reaches its sprint goal. For the	goal defined. Whenever this is the case,
sprint goal is	becomes simpler to forecast the number of	stakeholders in particular. This results in the	achieving the sprint goal improves both
achieved	story points for a sprint whenever a team	team being more dependable and better	stakeholder and team member satisfaction. It
	meets its sprint target. This is would satisfy	predictable. Additionally, it can support	creates joy for team members since they
	stakeholders. Moreover, a sprint goal's	increasing the team's morale. The completion	achieve a certain goal. Also for stakeholders,
	achievement also increases team member	of stories always stimulates morale. As a	they know that the team is planning.
	satisfaction.	result, it affects the effectiveness of the team.	
Measure	Interview 4	Literature	
The number of	If the scrum team is unable to accomplish its	The completion of valued tasks, especially in a	
times the	sprint goal, this may be a sign that something is	group, as at work (see below), though this is	
sprint goal is	wrong within the team. Something must alter	perhaps more a cause of satisfaction. Some	
achieved	in order to improve team performance. In the	experiences of joy have a dimension of depth,	
	long run, this will also have a negative impact	intensity, "absorption" or "flow", for example	
	on team member satisfaction and	when tackling a demanding task the	
	consequently team effectiveness. The main	completion of valued tasks, especially in a	
	drawback to this measure is the possibility that	group, as at work (see below), though this is	
	the team will set an overly ambitious sprint	perhaps more a cause of satisfaction. Some	
	goal. Hence, the effectiveness of the team	experiences of joy have a dimension of depth,	
	inside the team may be good, but their	intensity, "absorption" or "flow", for example	
	formulation may be excessively ambitious.	when tackling a demanding task	
	, , , , , , , , , , , , , , , , , , , ,		
		Argyle, M., & Martin, M. (1991). The	
		psychological causes of happiness. Subjective	
		well-being: An interdisciplinary perspective, 77-	
		100.	

Table 50: Four expert opinions and literature on "the number of times the sprint goal is achieved" measure

Measure	Interview 1	Interview 2	Interview 3
The number of	This has a negative influence on team	The effectiveness of the team suffers the	After a team change, efficiency and productivity
scrum team	effectiveness since it influences both team	more team changes there are. Whenever	will be reduced. The main reason for this is that
formation	morale and the safety feeling of team	there is a change in the group process, the	the new team member needs to get
changes	members. Furthermore, onboarding takes also	process of group forming enters a new phase.	comfortable with the team. However, the new
	time, in which one team member has to guide	There will be a decline in team performance.	team member could bring insights, which in the
	the new team member. This distracts him from	Stakeholders may also experience indirect	end, could resolve in higher productivity and
	building new features.	dissatisfaction after a team change.	efficiency.
Measure	Interview 4	Literature	
	A change in your team formation does	Consequently, the impact of diversity on	
scrum team	influence team effectiveness. Every time a	productivity is identified by relatively marginal	
formation	team member changes, the other team	changes in the composition of a team that	
changes	members are busy with onboarding, or assisting		
changes	the new team member. Moreover.	already have set routines and communication	
	knowlegde can be lost after a change in the	patterns.	
	team formation. As a result, performance and	Hamilton, B. H., Nickerson, J. A., & Owan, H.	
	perhaps team member satisfaction will decline.		
		production teams. In Advances in the	
		Economic Analysis of participatory and Labor-	
		managed Firms (Vol. 13, pp. 99-138). Emerald	
		Group Publishing Limited.	
		Developing D. A. (2010), 40 construction	
		Bonebright, D. A. (2010). 40 years of storming:	
		a historical review of Tuckman's model of	
		small group development. Human Resource	
		Development International, 13(1), 111-120.	
		Tuckman identifies several phases, in which	
		first the team goes from a forming to a	
		storming phase which has negative	
		consequences for the effectiveness of team.	
		However, after a certain period goes from a	
		norming to performing phase in which the	
		team is on a steady performing level.	
	m 11 K1 T	1.11	

Table 51: Four expert opinions and literature on "the number of scrum formation changes" measure

Measure	Interview 1	Interview 2
The number of	This measure shows how effective a release	This is a process indicator, whenever many
releases to	test is. However, is first without bugs	bugs appear, it can tell that the number of
production	quantifiable, and in what period? The measure	acceptance tests needs to be improved.
without bugs	leaves a lot of space for debate over the	However, it is hard to link to Team
	definition of what is without bugs.	Effectiveness.
Measure	Interview 3	Interview 4
The number of releases to production without bugs	If the number of releases to production without bugs is null, this provides information on productivity, performance, and stake holder satisfaction. However, it is hard to tell what without bugs means. In some cases, teams define an acceptance flow. For instance, if the acceptance flow is a week, then the first week without bugs can be seen as a successful release to production.	Without bugs can be seen similarly as "first time right". Therefore, a similar definition of the first-time-right acceptance tests can be applied to this measure. In my opinion, "first time right" indicates that the release to production goes without problems. Problems refer to disruptions in the production platform or dissatisfaction from stakeholders. As a result, this measure does influence team effectiveness, since whenever successful production without bugs occurs, this team means that the team is effective in their performance and would lead to the happy stakeholder and team members.

Table 52: Four expert opinions on "the number of releases to production without bugs" measure

Measure	Interview 1	Interview 2	Interview 3
The number of	This measure is an indicator of team morale.	This helps the team to come together, other	This measure provides information on the
team events at	Team members will get a feeling that they have	than for instance, to achieve your sprint goal.	involvement of the team. Does not contribute
least two	psychological safety. Which can boost team	It is good for team formation and group	to productivity. The measure could be changed
members are	morale. No team activity is a missed	dynamics. It improves team effectiveness	so a certain percentage instead of minimum of 2
present	opportunity.	based on team member satisfaction.	team members.
Measure	Interview 4	Literature	
The number of	Looking at the satisfaction of the team	Improve team morale due to social gatherings.	
team events at	members, I believe that this measure does	Activities such as picnics, family days,	
least two	affect team effectiveness. Activities for the	organized recreation, philanthropic work, or	
members are	team build bonding and increase respect	holiday parties can create an atmosphere of	
present	among team members. As a result, group	caring and support that will give employees a	
	dynamics will be strengthened, which will	sense of belonging that will carry over to their	
	enhance team member satisfaction and	work.	
	therefore boost team effectiveness.		
		Hopkins, H. (1995). A challenge to managers:	
		five ways to improve employee morale.	
		Executive Development, 8(7), 26-28.	

Table 53: Four expert opinions and literature on "the number of team events at least two members are present" measure

Measure	Interview 1	Interview 2	Interview 3
Average	This measurement must show a trend over a	In the area of team effectiveness, it discusses	Velocity does not say something explicitly about
velocity	defined period of time. The team is improving	stakeholder satisfaction. The stakeholder will	the productivity and efficiency of the team.
previous X	whenever there is a rising trend in velocity.	be less satisfied whenever the velocity	However, it could benefit if there is a trend
sprints	When this is constant, this indicates that the	decreases. Stakeholders will be pleased	visible with the velocity regarding the problems
	group has reached its potential. Stakeholders	whenever it increases or remains steady at the	of why velocity increases or decreases. For
	will be happy if it is stable or rising because it	benchmark. It serves as an output/outcome	stakeholders, a stable velocity helps to improve
	says something about your team's	indication for the team.	the predictability of the team. This improves
	predictability		stakeholder satisfaction.
Measure	Interview 4	Literature	
Average	This measure provides information on the	Al-Sabbagh et al. (2018) discussed that the	
velocity	effectiveness of a team, especially team	velocity measurement used in this paper	
previous X	performance. Velocity offers information on	reflects the teams' efficiency in accomplishing	
sprints	whether the team completes more user stories	scrum tasks while planning effectiveness	
	and, as a result, is more productive. It could go	reflects their ability to estimate and deliver,	
	either way, as an increase in velocity indicates	within each sprint, the expected outcome.	
	that the team is more efficient and a decline		
	indicates that the team's performance is	Al-Sabbagh, K. W., & Gren, L. (2018). The	
	declining.	connections between group maturity,	
		software development velocity, and planning	
		effectiveness. Journal of Software: Evolution	
		and Process, 30(1), e1896.	

Table 54: Four expert opinions and literature on the "Average velocity previous sprints" measure

Measure	Interview 1	Interview 2
The number of	This measure, in my opinion, tells something	Whenever this is the case and the team
uncommitted	about the quality of your planning. You have to	achieves its sprint goal. It means that the team
features	commit that you are going to do something	outperformed itself. As a result, it has a direct
delivered	extra in your sprint. Stakeholders see	result on Team Effectiveness. It positively
within a	something additional as an outcome, which is	influences the stakeholder and the team
release/sprint.	positive. When additional features are not	members.
	structural, it is a good thing. If the additional	
	features are structural, your planning is	
	incorrect, and the team may become	
	disorganized.	
Measure	Interview 3	Interview 4
The number of	In general, the negative influences team	This has a negative influence on both the
uncommitted	effectiveness. This could mean that some	team's performance and the stakeholders
features	things are not clear or that communication is	satisfaction. Considering this measure may
delivered	lacking. For stakeholders' satisfaction, this is	show that the team's planning is off or that it
within a	not good, since the team does something	is developing the incorrect features.
release/sprint.	different than asked. As a result	Therefore, this measure can be seen as a red
	communication or coordination-wise	flag for the team. Furthermore, this will also
	something has gone wrong.	have a negative influence on the stakeholders'
		satisfaction.

Table 55: Four expert opinions on "the number of uncommitted features delivered within a release/sprint" measure

Measure	Interview 1	Interview 2	Interview 3
The finished	The team will receive a commission whenever	Planned and finished story points tell	Tells something a bout predictability. The team
user stories	the planning is close to the deadlines. This	something if the team achieves your sprint	predicts what tasks need to be solved and what
compared to	means that the team meets its deadlines. The	goal. Planning helps to indicate the	is delivered. It ultimately affects stakeholder
the predicted	planning is either off-target or something else	predictability and reliability of the team.	satisfaction. Since targets are not met will lead
	is wrong if there is a significant difference	Whenever a team is predictable and reliable.	to negative stakeholder satisfaction and when
stories that	between the deadlines and the plans.	this results in happy stakeholders. If the team	targets are met, the stakeholder satisfaction will
need to be	Whenever this is the case the morale of the	is not in line with the planning, this results in	be stable or increase.
fulfilled in the	team and stakeholder satisfaction are		be stable or increase.
		unhappy stakeholders.	
sprint.	impacted negatively.	1.5	
Measure	Interview 4 This measure can be seen as similar to the	Literature	
The finished		Predictability is an important outcome of this	
userstories	velocity measurement. If the team is in line	measure. Research shows the influence of	
compared to	with their planning, the velocity of the team	predicitablity on Upper-level and project team	
the predicted	will get improved.	members.	
	Velocity offers information on whether the	Upper-level management: Upper-level	
stories that	team completes more user stories and, as a	managers were particularly concerned with	
need to be	result, is more productive. It could go either	the organizational-level impacts of the project	
fulfilled in the	way, as an increase in velocity indicates that	and view predictability as a key determinant to	
sprint.	the team is more efficient and a decline	insuring intended outcomes.	
	indicates that the team's performance is		
	declining. The main difference is that velocity	Project team members: Concerned with	
	is quantified in story points and this measure	project duration, cost, scope and system	
	provides information on the user stories.	functionality, project team members rely on	
		predictability to achieve interim and final	
		project targets. Achieving these team-based	
		goals begets trust amongst the project actors.	
		Lander, M. C., Purvis, R. L., McCray, G. E., &	
		Leigh, W. (2004). Trust-building mechanisms	
		utilized in outsourced IS development	
		projects: a case study. Information &	
		Management, 41(4), 509-528.	
	1	1	1

Table 56: Four expert opinions and literature on "the finished user stories compared to the predicted number of user stories that need to be fulfilled in a sprint" measure

Measure	Interview 1	Interview 2	Interview 3
Downtime	Unplanned downtime harms performance	A very strong indicator of team effectiveness,	This is an indicator of stakeholder satisfaction.
	since it prevents developers from creating	from a stakeholder point of view. You have	Whenever the downtime is more than
	features, which suggests that something went	planned and unplanned downtime. Team	projected. team effectiveness will decrease. To
	wrong in terms of planning. Stakeholder	effect iveness will only be influenced by	be more precise, stakeholder satisfaction will be
	satisfaction will eventually decline.	unplanned downtime. The more unplanned	reduced.
		downtime, the unhappier the stakeholders	
		become. However, it depends on your service	
		level agreement with the stakeholders	
Measure	Interview 4	Literature	
Downtime	Downtime affects team effectiveness. The	Literature shows that downtime hampers	
	main reason for this is that whenever is down,	productivity and negatively influences the	
	the team could not merge code or build new	effect iveness	
	features. Furthermore, this will have a negative		
	influence on your satisfaction of stakeholders,	Al-Aomar, R., Aljeneibi, S., & Almazroui, S.	
	since the team could develop new features.	(2016, May). Reducing operational downtime	
	However, the only drawback of this measure is	in service processes: a six sigma case study. In	
	that the team is not always responsible for	2016 International Conference on Industrial	
	downing the system. When this occurs, it says	Engineering, Management Science and	
	nothing about the effectiveness of the team.	Application (ICIMSA) (pp. 1-5). IEEE.	

Table 57: Four expert opinions on the "Downtime" measure

Measure	Interview 1	Interview 2	Interview 3
The lead time	This measure can be seen as similar to the	It affects the component of stakeholder	Tells something about predictability. The team
of a feature	finished user stories compared to the predicted	satisfaction in team effectiveness. It has to do	predicts what tasks need to be solved and what
compared to	number of user stories that need to be fulfilled	with planning. Stakeholders may be less	is delivered. It ultimately affects stakeholder
the expected	in the sprint. measure. Therefore, a similar	content or very satisfied when the team	satisfaction. Since targets are not met will lead
delivery time	explanation will be given. The team will receive	complies with the planning, depending on	to negative stakeholder satisfaction and when
of a feature.	a commission whenever the planning is close	whether they are in line with it. Performance	targets are met, the stakeholder satisfaction wi
	to the deadlines. This means that the team	is also a factor because the team examines	be stable or increase.
	meets its deadlines. The planning is either off-	more than just a sprint. Anytime something	
	target or something else is wrong if there is a	takes longer, your stakeholder satisfaction will	
	significant difference between the deadlines	suffer.	
	and the plans. The morale of the team and		
	stakeholder satisfaction are impacted		
	negatively.		
Measure	Interview 4	Literature	
The lead time	This also has to do with the velocity and	Predictability is an important outcome of this	
of a feature	therefore similar to the earlier mentioned	measure. Research shows the influence of	
compared to	velocity and the finished user stories compared	predicitablity on Upper-level and project team	
the expected	to the predicted number of user stories that	members.	
delivery time	need to be fulfilled in the sprint measure.	Upper-level management: Upper-level	
of a feature.	If the team is in line with their planning, the	managers were particularly concerned with	
	velocity of the team will get improved. Velocity	the organizational-level impacts of the project	
	offers information on whether the team	and view predictability as a key determinant to	
	completes more user stories and, as a result, is	insuring intended outcomes.	
	more productive. It could go either way, as an		
	increase in velocity indicates that the team is	Project team members: Concerned with	
	more efficient and a decline indicates that the	project duration, cost, scope and system	
	team's performance is declining. Also for this	functionality, project team members rely on	
	measure, the main difference is that velocity is	predictability to achieve interim and final	
	quantified in story points and this measure	project targets. Achieving these team-based	
	provides information on the user stories.	goals begets trust amongst the project actors.	
		Lander, M. C., Purvis, R. L., McCray, G. E., &	
		Leigh, W. (2004). Trust-building mechanisms	
		utilized in outsourced IS development	
		projects: a case study. Information &	
		Management, 41(4), 509-528.	

Table 37: Four expert opinions and literature on "the lead time of a feature compared to the expected delivery time of a feature" measure

Measure	Interview1	Interview 2	Interview 3
Done Work	In every sprint, a productive team delivers a	Done work is an indicator of team	Done work has a positive influence on team
	specific amount of completed work items.	effectiveness. It indicates how much work has	effectiveness. The team makes a direct impact
	Team member satisfaction is influenced by the	been done (in story points). Looking at trends	on the product with has a positive effect on the
	completed amount of work. The group will	of done work. Done Work may positively or	team morale. Furthermore, stakeholders are
	recognize that the work has been completed.	negatively impact the team's progress.	also more satisfied since they see a direct result.
	Additionally, completed work fulfills DOD	Furthermore, it also influences stakeholder	
	standards, which results in new features. As a	satisfaction since stakeholders are happy	
	result, stakeholder satisfaction will also be	when features and user stories are completed.	
	improved.		
Measure	Interview 4	Literature	
Done Work	This measure is an useful measure of team	The completion of valued tasks, especially in a	
	effectiveness. This is primarily due to the fact	group, as at work, though this is perhaps more	
	that this measure indicates how many features	a cause of satisfaction. Some experiences of	
	or user stories have been delivered. It is an	joy have a dimension of depth, intensity,	
	excellent team performance indicator. The	"absorption" or "flow", for example when	
	completed task will also have a positive impact	tackling a demanding task.	
	on team member satisfaction, which will		
	increase the effectiveness of the team.	Argyle, M., & Martin, M. (1991). The	
		psychological causes of happiness. Subjective	
		well-being: An interdisciplinary perspective, 77-	
		100.	

Table 59: Four expert opinions and literature on the "Done Work" measure