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Writing assignment

Huntingtin lowering therapies targeting RNA in
Huntington's Disease.

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Summary

Huntington's disease is characterized by a progressive deterioration of motor, behavioural and cognitive functioning. The disease is a dominantly autosomal inheritable neurodegenerative disease caused by a genetic mutation in the DNA encoding for the huntingtin protein. An extended CAG repeat in the huntingtin gene causes a gain of toxic properties of the huntingtin protein. Various cellular mechanisms do not function adequately, thereby progressively worsening the performance of multiple cellular pathways. Various animal studies have shown a therapeutic effectiveness of lowering mutant huntingtin levels, resulting in reduced downstream pathogenic effects. Reducing synthesis of mutant huntingtin can be achieved by targeting huntingtin RNA at a post-transcriptional level. Being close to the proximal cause of Huntington's disease, together with the current ongoing human trials, makes RNA targeting currently the most relevant method for therapies applicable in the near future. Huntington's disease patients express the mutant huntingtin as well as the wild-type huntingtin protein. Huntingtin lowering therapies can be designed in two specific ways. Firstly, the allele-selective approach, specifically targeting the mutant huntingtin. The second is in a non-allele specific manner, targeting both the mutant huntingtin and the wild-type huntingtin. The non-allele specific manner raises theoretical risks concerning normal cellular functioning after reduction of wild-type huntingtin levels, but has less limitations for effective targeting of mutant huntingtin RNA. Several reports suggest that lowering both mutant huntingtin and wild-type huntingtin is tolerable up to a certain range, resulting in an overall beneficial effect for Huntington's disease patients. The methods that are efficient in modulating the translation at a post-transcriptional level, either allele selective or non-selective, include antisense oligonucleotides, RNA interference and small molecule modulators. The sequence specific targeting of antisense oligonucleotides allow for specific targeting of mutant huntingtin at pre-RNA level. Repeated intrathecal injection are required for a maintained therapeutic effect. Advantages of antisense oligonucleotides consist of relatively low invasive administration, ability for discontinuation of treatment and broader target range at the pre-RNA level. Disadvantages include need for multiple administrations and inability to spread to deeper brain structures. RNA interference targets RNA at a more downstream location compared to antisense oligonucleotide, reducing the range of possible targets in the processed RNA. RNA interference therapies are most commonly delivered using a viral vector after direct administration into deeper brain structures. Viral vector delivery enables a one time administration of the therapy, but poses a risk due to the inability to discontinue the treatment. The local delivery to the highly effected deeper brain regions could possess a major advantage. The oral availability and widespread action of small molecules make them an attractive approach, however a greater risks of possible off target effect is present. The advanced development and seemingly positive risk-benefit profile indicate that therapies targeting RNA for huntingtin lowering have great potential to be therapeutically beneficial for patients in the near future.

Introduction

Huntington's disease (HD) is a neurodegenerative disease which is dominantly autosomal inheritable. The disease is characterized by a gradual deterioration of motor, behavioural and cognitive functioning, which eventually lead to an early demise¹. The prevalence of HD varies among geographical regions, varying between 0.40 cases per 100.000 people in Asia to an average of 4 cases per 100.000 people in western Europe countries^{2,3}. The progressive manifestation of the disease has a general age of onset between 30 and 40 years of life⁴. There is a considerable variation in how the disease manifests itself. The most common course of the disease is characterized by initial psychiatric symptoms followed by involuntary movements, changes in behaviour and impairment of cognitive functions⁵. The genetic cause of HD is an extended trinucleotide CAG repeat in the DNA coding for the huntingtin (HTT) protein in one of the two copies of the allele (Figure 1)⁴. The age of onset of the disease is inversely correlated to the amount of CAG repeats in the DNA⁶. The CAG repeat length of healthy individuals is below 35, whereas there is a reduced penetrance of the disease if the range of the CAG repeats is between 35 and 39⁷. The majority of patients suffering from HD have CAG repeat length above 40.

The extended CAG repeat results in the production of the mutant huntingtin (mHTT) protein. The huntingtin gene (*HTT*) contains the CAG repeat on exon 1 at the 5' end, which translates into a corresponding polyglutamine amino acid tract in the HTT protein (Figure 1)⁴. HTT is a protein expressed ubiquitously throughout the human body, which has been shown to be crucial for embryonic development⁸. HTT has shown to contribute to neuronal survival through anti-apoptotic properties and protection from excitotoxicity⁹. The protein enables correct functioning of important mechanisms which are essential in a healthy brain. HTT was found to influence transcription of various neuronal genes, as well as regulation of axonal trafficking, vesicle transport and synaptic transmission¹⁰⁻¹⁴.

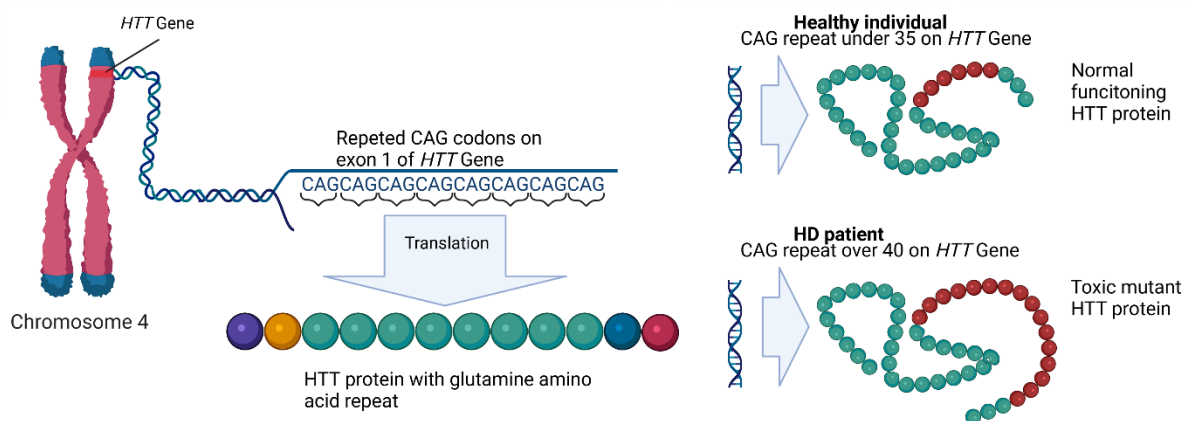


Figure 1 – *HTT* gene on chromosome 4 with the CAG repeat expressing the *HTT* protein. Healthy individuals express the *HTT* protein with up to 35 glutamine repeats in the protein. HD patients express the toxic mHTT protein with an extended glutamine repeat. Image created with Biorender.com

Expression of the extended CAG repeats in the *HTT* gene can lead to multiple toxic variants which are involved in various degrees during the complex pathogenesis of HD (Figure 2). Pathological changes arise rather selective in the central nervous system irrespectively of ubiquitous mHTT expression¹⁵. The abnormal functionality of mHTT and its aggregation in the central nervous system is the main pathological characteristic of the disease. The mHTT protein tends to misfold and aggregate due to the extended polyglutamine amino acid tract¹⁶. The full-length mHTT protein gains toxic properties and is unable to perform several functions adequately, thereby progressively

worsening the functioning of multiple cellular pathways⁵. The mHTT dysregulates transcription of various important neuronal genes, reduces axonal trafficking, impairs vesicle transport, causes mitochondrial dysfunction and contributes to abnormal synaptic transmission^{11–14,17}. These dysregulations cause several implications among different cell types, causing cellular stress and activation of cellular death pathways.

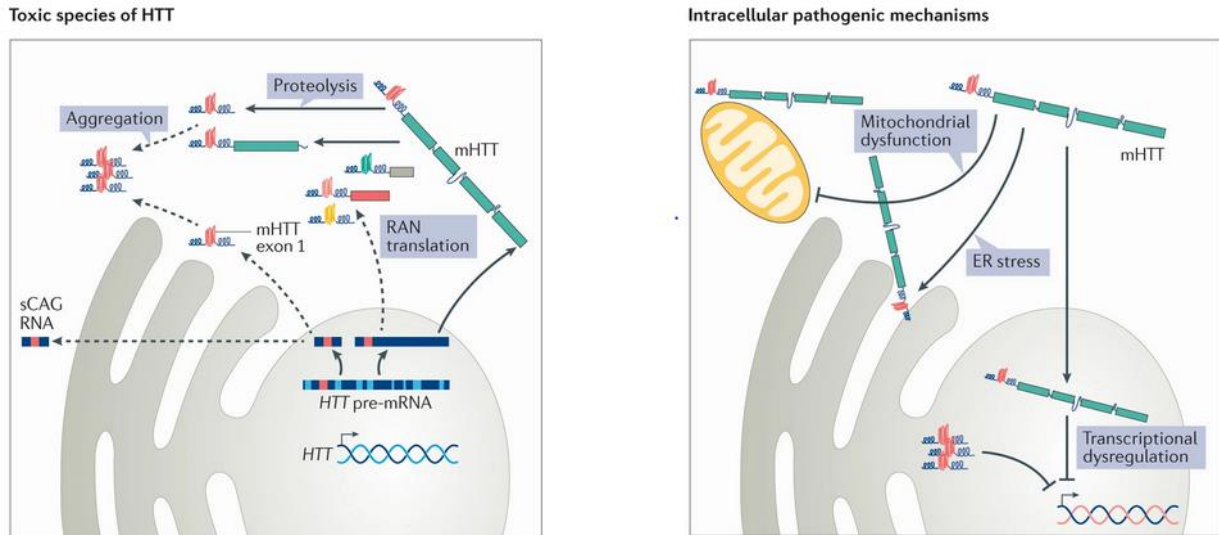


Figure 2 – Toxic variants generated by the mutation in the *HTT* gene contribute to disease pathology in various degrees. Full-length mHTT, fragments of the protein, small CAG RNA and RAN translated proteins gain toxic functions or aggregate inside the cell. mHTT causes various pathological mechanisms inside the cell including mitochondrial dysfunction, transcriptional dysfunction and stress in the endoplasmic reticulum. Image adapted from “Therapeutic approaches to Huntington disease: from the bench to the clinic” Caron et al., 2018, *Nat Rev Drug Discovery* 17(10):729-750. doi:10.1038/NRD.2018.133⁵

Aggregation of smaller proteolytically cleaved N-terminal polyglutamine fragments of mHTT are considered to also play a role in the pathogenesis of HD^{18,19}. During the process of mHTT synthesis various other toxic variants can arise. After the *HTT* gene is transcribed from the DNA, the pre-mRNA of the mHTT is located inside the nucleus. The extended CAG repeats on exon 1 can trigger aberrant splicing, causing production of pathogenic exon 1 HTT RNA²⁰. This exon 1 HTT RNA includes the CAG repeats at the N-terminus. The exon 1 HTT RNA can be translated to pathogenic polyglutamine protein fragments, which attribute to aggregation in a similar manner as proteolytically cleaved N-terminal polyglutamine fragments of mHTT. In recent years there has been emerging evidence that the CAG repeated RNA itself is linked to cellular defunction in HD through RNA-mediated molecular mechanisms^{16,21}. The CAG repeated RNA can gain toxic functions due to aberrant attachments to proteins or other RNA molecules, causing deregulation in RNA localization, splicing, microRNA functioning, mitochondrial RNA or translation. Another potential toxic variant that has been elucidated in recent years are repeat-associated non-ATG (RAN) proteins. RAN proteins are created due to CAG repeat expansion mutations, which can initiate the production of proteins in a start codon independent manner²². RAN proteins aggregation associated with HTT were found in human HD brain autopsies, however their role and toxicity in HD pathogenesis remains unclear^{23–25}. The different toxic variants may contribute to the pathogenesis in various ways, resulting in the progressive deterioration of neuronal function. Dysfunction of various cells and their impaired interaction can be seen as a result of this progressive deterioration (Figure 3). Impaired synaptic glutamate uptake and disrupted K⁺ homeostasis can be seen in astrocytes^{26,27}. Cortical neurons experience reduced trophic factor molecule expression and impaired transport of these factors^{10,28}. Medium spiny neurons experience loss of trophic factors, resulting in reduced growth and survival.

Additionally, medium spiny neurons experience further excitotoxicity due to Ca^{2+} dysregulation and aberrant synaptic signalling^{5,26}. Activated microglia can cause neuroinflammation through aberrant immune activation²⁹. Cellular deterioration eventually manifests itself as the clinical motor, behavioural and cognitive changes.

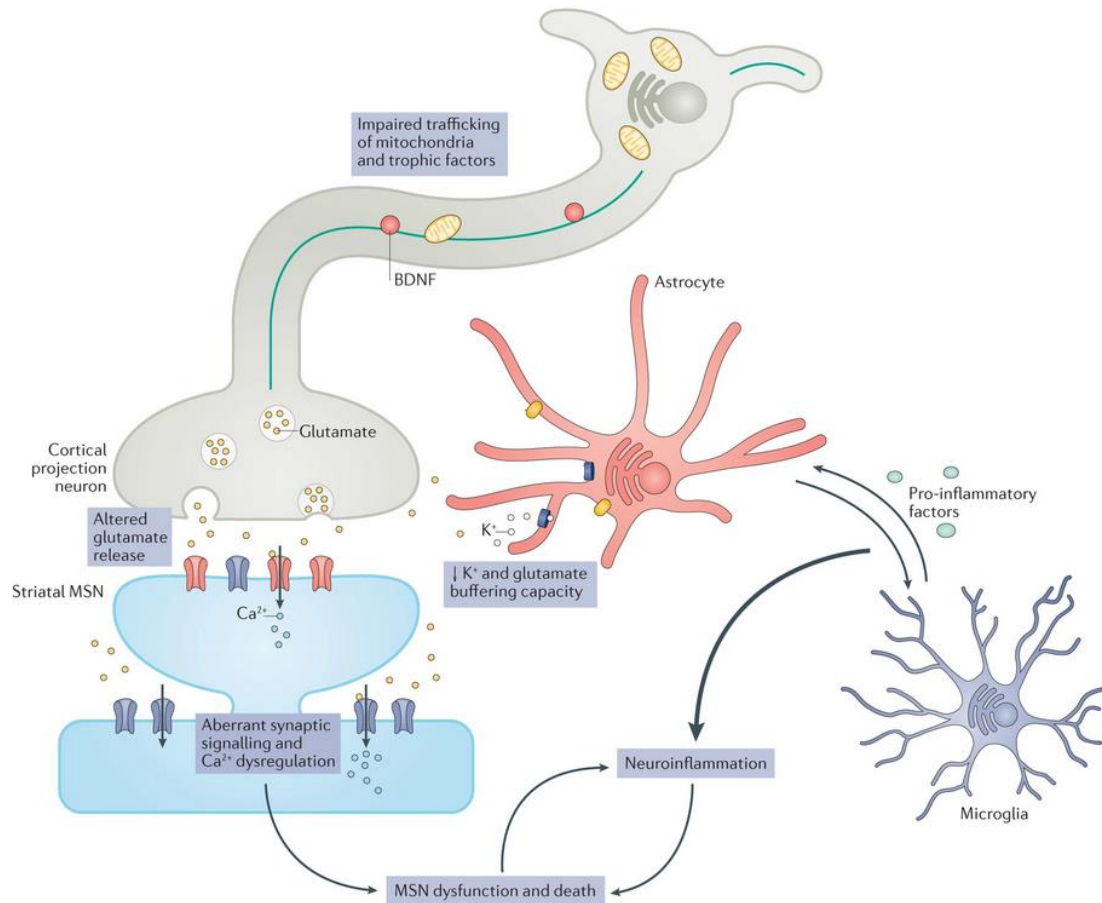


Figure 3 – Various cells and their processes are effected by the intracellular disease pathology. Astrocytes display impaired synaptic glutamate uptake and disrupted K^+ homeostasis. Trophic factor expression and transport is reduced in cortical neurons, contributing to the disruption of glutamate homeostasis. Reduced growth and survival can be seen in medium spiny neurons, due to loss of trophic factors and excitotoxicity. Microglia contribute to increased neuroinflammation due to dysregulated immune activation. Image adapted from “Therapeutic approaches to Huntington disease: from the bench to the clinic” Caron et al., 2018, *Nat Rev Drug Discovery* 17(10):729-750. doi:10.1038/NRD.2018.133⁵

The main focus of current therapies being developed is lowering the mHTT levels, thereby eliminating downstream pathogenic effects. Animal studies have shown that lowering mHTT levels can improve or even partially reverse disease phenotype in HD^{30,31}. Reducing the synthesis of mHTT can be achieved by targeting RNA, through inhibiting post-translational processes or inhibiting translation. Targeting the most causative cause of HD would most likely be the most effective therapy. Not only by means of lowering mHTT levels, but also in diminishing alternative pathological mechanisms caused by toxic variants. Even though targeting the CAG-expanded *HTT* gene in the DNA is the most proximal target for mHTT lowering therapies, genome editing techniques still require additional research and pre-clinical studies before they can be safely applicable for human clinical trials. Several therapies targeting RNA at a post-transcriptional level have already gone into human clinical trials. These ongoing human trials and the close proximity to the cause of HD, make RNA

targeting currently the most relevant method for HD therapies. This review will focus on HTT lowering therapies targeting RNA in HD.

The HTT protein is encoded on two different copies in the DNA, on one allele from the father and one from the mother. Almost all HD patients have the causative extended CAG tract mutation on only one of the two alleles. One allele expresses normal wild-type HTT, while the other expresses the HD associated mHTT. Therapies targeted at lowering HTT levels can be designed in two specific ways. The first one being HTT lowering treatment in an allele-selective manner, specifically targeting the mHTT. The second is in a non-allele specific manner, targeting both the mHTT and the wild-type HTT. The toxic gain of function of mHTT makes it a crucial target for clinical efficiency³². The allele specific manner has the advantage of only affecting pathogenic mHTT, without affecting the natural cellular functioning of wild-type HTT. It has been shown that wild-type HTT is crucial for embryonic development in murine models⁸. The non-allele specific manner raises theoretical risks concerning normal cellular functioning after reduction of wild-type HTT levels. Considering the progressive nature of HD, therapies will likely need to be implemented early in the adult life, before manifestation, and continue throughout life. The risks of long term wild-type HTT reduction are unknown and could limit clinical feasibility of non-allele specific targeting of HTT. However, there have been several reports where individuals heterozygous for the null variant of HTT show no pathological phenotype, suggesting that wild-type HTT levels reduced to 50% are still sufficient for normal development and cellular functioning³³⁻³⁶. This suggests that lowering both mHTT and wild-type HTT could have an overall beneficial effect for HD patients. The methods that are efficient in modulating the translation at a post-transcriptional level include antisense oligonucleotides (ASOs), RNA interference and small molecule modulators. These methods lead to the reduction of mHTT protein through translational suppression, enhanced degradation or initiating cleavage of mHTT RNA³².

ASO therapies

ASO approaches use synthetic short single stranded DNA molecules which bind predominantly to pre-mRNA through Watson-Crick binding³⁷. Chemical modification of ASOs allow for longer half-life, improved duration of action and better penetrance into target cells. Depending on design, the ASOs can have various modes of action (Figure 4). ASOs can bind to pre-RNA, causing degradation through endogenous enzymes³⁸. ASOs bound to mRNA can stall translational machinery causing translational arrest³⁷. Lastly, ASOs can alternate pre-RNA splicing. Masking specific splicing sequences can result in the expression of non-toxic variations of the protein. ASOs have a limited ability to cross the blood-brain barrier, thus direct delivery into the central nervous system is preferable³⁹. Lower doses are needed for effective concentrations, resulting in a lower risk for toxicity. Rodent models have shown an even distribution of ASOs throughout the central nervous system, however larger brain studies show a lower concentration gradient of ASOs in deeper brain structures after delivery into the central nervous system³⁸.

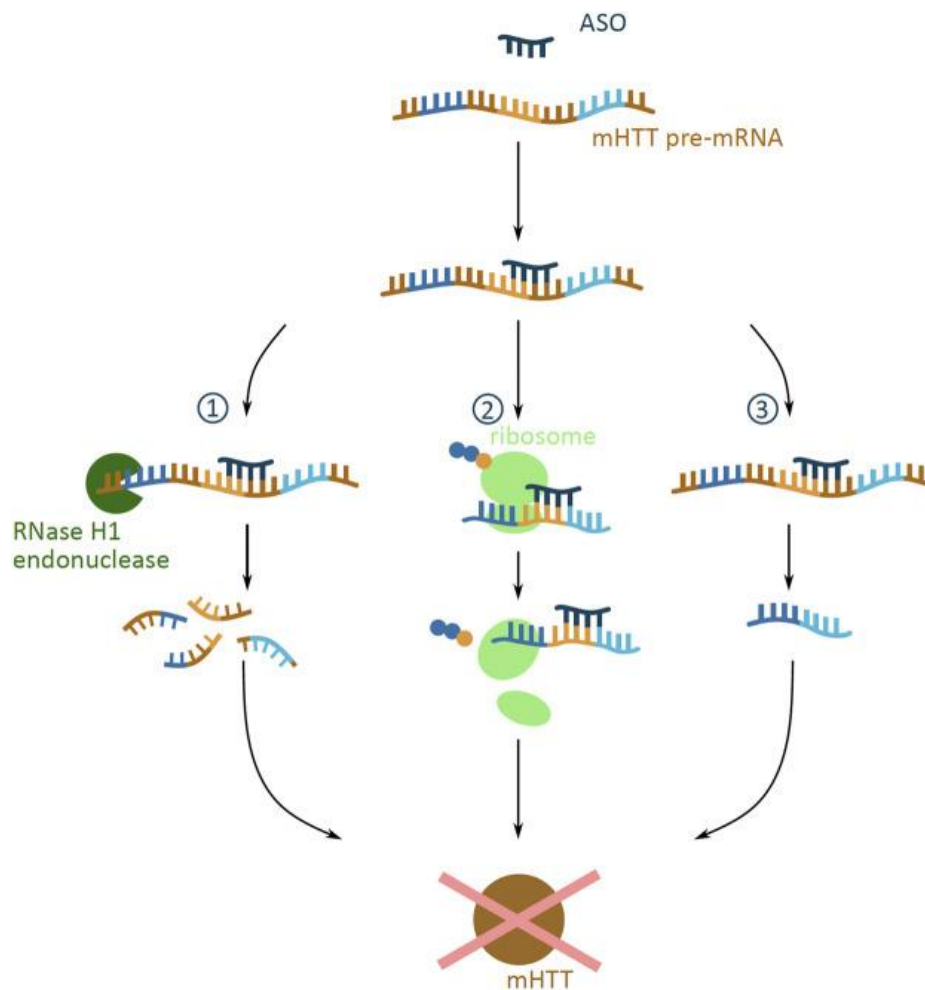


Figure 4 – Various mechanisms of action of ASOs. ASOs can inhibit the production of mHTT protein after binding to the HTT pre-RNA inside the nucleus. 1. RNase H1 can be recruited after binding and initiate the endogenous degradation mechanism. 2. Bound ASOs can cause translational arrest. 3. Bound ASOs can mask specific splicing sequences, thereby modulating RNA splicing. Image from “Molecular Strategies to Target Protein Aggregation in Huntington’s Disease.” Jarosińska, O. D. & Rüdiger, S., 2021, *Frontiers in molecular biosciences* /doi.org/10.3389/fmolb.2021.769184⁴⁰

The sequence specific targeting of ASOs allow for highly specific modulation of mHTT at a post-transcriptional level. Unmodified ASOs are vulnerable to nuclease cleavage, resulting in rapid degradation *in vivo*³⁹. In the past decades, advances in medical chemistry enabled chemical modifications for ASOs which allowed for a better applicability in a clinical setting. ASOs used for reduction of huntingtin rely on the antisense mechanism where the RNA is targeted and degraded. In order to make ASOs appropriate for clinical applications they need high nuclease resistance, high binding affinity and activation of RNase-H⁴¹. RNase-H mediates the cleavage of the target RNA, resulting in the degradation of the target RNA. ASOs do not only target the RNA in the cytosol, but can also target unprocessed pre-RNA inside the nucleus⁴². The ability to target pre-sliced RNA allows for targeting introns as well as exons of the RNA, increasing the amount of possible targeting sides. High activity and species selective ASOs have been identified after full-length mouse and human HTT screening³⁸. The ability of the ASO to suppress human mHTT RNA and mHTT protein was shown in the BACHD and YAC128 mouse models in a dose dependant manner. The BACHD mouse model, which expresses full-length human mHTT with a CAG repeat length of 97, and the YAC128 mouse model, which expresses human mHTT with a CAG repeat of 128, both develop progressive cognitive and motor impairments highly similar to HD neuropathology^{43,44}. Broad distribution of the ASO was achieved throughout the brain of the mouse models and suppression of mHTT RNA levels lasted 2 or

3 months³⁸. Suppression of the human mHTT in both mouse models led to phenotypical reversal in the disease models. In the mouse models only mutant HTT was targeted using this ASO, because wild-type endogenous mouse HTT has a different targeting sequence³⁸. However if applied in humans both wild-type and mutant HTT would be targeted by this ASO. In order to assay the safety and effectivity of lowering both wild-type and mutant HTT another ASO was used which targets both mutant human as well as wild-type mouse HTT. The ASO applied to the YAC128 and BACHD mouse models showed an effective lowering of both endogenous wild-type HTT and mutant human HTT³⁸. Suppression of mHTT led to disease reversal in both mouse models, improvements of disease phenotype were unaffected by reduction of wild-type HTT levels. There was no evidence of toxicity or aberrant motor functioning after suppression of wild-type HTT. Most interestingly, partial disease reversal was shown to persist for at least 4 months after HTT RNA and protein levels had returned to basal level, indicating a benefit long after HTT suppression has ended. The brain of rodent models is substantially different from the human brain anatomically and in size. In order to better assess the distribution for human application, the ASO was injected intrathecally in nonhuman primates³⁸. The ASOs were distributed rather broadly, showing reduction of HTT various regions of the brain effected by HD up to 2 months after injection. The deeper brain structures were effected in a lesser extent, indicating a higher concentration of ASOs in cortical regions.

Despite these encouraging results, concerns remain about the effect of long-term wild-type HTT suppression on the adult nervous system. The effect on normal functioning of HTT after long term partial suppression is unknown. There is evidence that complete loss of wild-type HTT has detrimental consequences. HTT is known to be crucial for embryogenesis, furthermore has it been shown that complete inactivation of HTT in adult mice leads to neurodegeneration^{8,45}. The role of wild-type HTT in transcription, exonal trafficking, vesicle transport and synaptic transmissions indicates that HTT has an essential role in the postnatal brain. The allele specific targeting of mHTT might be advantageous in circumventing possible risks associated with reduced wild-type HTT. Allele selective targeting of mHTT may be possible through targeting extended the CAG-tract directly or targeting genetic single-nucleotide polymorphisms (SNPs). Various ASOs have shown to inhibit mHTT selectively by targeting the extended CAG tract^{46,47}. These studies achieved a significant allele selectivity for suppression of mHTT in patient derived fibroblasts and the YAC128 mouse model. Achieved selectivity was not higher than 4 to 8 fold compared to wild type HTT^{46,47}. However the highest specificity was achieved in CAG repeats which are considerably longer (> 69 CAG repeats) than most HD patients possess (40-45 CAG repeats)⁷. Indicating the possibility of diminished selectivity at more commonly observed CAG repeat lengths in HD patients. Furthermore, the expanded CAG tract can be seen in numerous other transcripts, their non-specific down-regulation could have deleterious effects. Another strategy for allele specific targeting of mHTT is the targeting of SNPs associated with the extended CAG tract. A SNP is a single nucleotide variation in the genetic sequence. ASOs have the ability to bind to different target RNAs based on different SNPs⁴⁸. Most SNPs in the human DNA have little to no influence on cellular function, however some SNPs can be associated with certain diseases. These SNPs can be useful for diagnostic or specific targeting purposes. Numerous SNPs have been identified in the *HTT* gene region which are associated with the extended CAG tract⁴⁹. Meaning that these SNPs can be found on the allele coding for mHTT but not on the other copy of the allele coding for wild-type HTT. A disadvantage of allele specific targeting through SNPs is that not every HD patient possesses the same disease associated SNP. Multiple SNPs would have to be identified and targeted for treatment applicable to all HD patients globally. The most common SNP associated with the extended CAG tract identified occurs in roughly 50% of the HD patients⁴⁹. Targeting a panel of 3 to 5 different SNPs associated with the extended CAG tract could provide treatment options for 80%-90% of HD patients around the world⁵⁰. Several

ASOs were developed targeting SNPs in the human *HTT* gene that selectively silenced mHTT expression⁵¹. Four potent ASOs were selected from the initial screening and tested in YAC18 and BACHD mouse models. YAC18 mouse models expresses human wild-type HTT instead of murine wild-type HTT, the human HTT is functional in the murine background and compensates for loss of murine HTT⁵². The ASOs suppressed the allele specific human mHTT in the BACHD mouse model, but did not suppress the human wild-type HTT in the YAC18 mouse model⁵¹. Suppression between 40% and 60% of mHTT could be observed, with negligible suppression of wild-type HTT. In order to better evaluate the effect of the ASOs, the Hu97//18 mouse model was created. The Hu97//18 mouse model expresses full-length human mHTT (97 CAG repeats) with HD associated SNPs, as well as full-length human wild-type HTT without HD associated SNPs⁵³. This model allows for better screening and evaluation of ASOs as both wild-type and mutant HTT are expressed in the same brains and cells. Screening in Hu97//18 mice revealed that some of the previously identified ASOs were less selective as previously thought⁵⁴. Through screening of Hu97//18 several promising ASOs were found, which showed therapeutic efficacy in the model. Distribution and tolerability of the ASOs was evaluated in nonhuman primates. The gradient, with a low concentration of ASOs in deeper brain structures, found after injection in nonhuman primates, necessitates the need for ASOs with a large therapeutic window of safe and efficacious doses. Four ASOs were identified based on efficacy and tolerability, which show promise for therapeutic application for allele specific targeting of mHTT.

Both selective and non-selective reduction of mHTT through ASOs have shown potential in various animal models. Both approaches have their own benefits and risks. One advantage of non-selective HTT silencing is the potential for a single therapeutic for the entire HD patient population compared to allele specific SNP based targeting. Additionally, there is a broader target range which is not limited to SNP associated sequences. The chance of finding a highly potent and specific target increases because there is greater region available to target. The disadvantage of non-selective HTT silencing is the possible dysfunction due to the suppression of wild-type HTT. Even though tolerability has been reported in various animal models for reduced wild-type HTT, the long-term effects on humans are still unknown. The crucial function of wild-type HTT in brain cells requires extreme caution when intervening. Allele specific targeting of mHTT through SNPs avoids altering the levels of wild-type HTT, while simultaneously suppressing mHTT. Thereby, eliminating any possible negative effects of long-term reduction of wild-type HTT.

Both allele selective and non-selective approaches are currently being pursued in clinical trials. A non-selective ASO has firstly been developed by Ionis Pharmaceuticals and licensed to Hoffman-La Roche for further development and commercialization. Tominersen (also known as ISIS 443139, RG6042, RO7234292 or IONIS-HTTRx) is an ASO designed to bind to HTT RNA, initiating RNase mediated degradation, resulting in reduced levels of HTT protein⁵⁵. A Phase 1/2a clinical trial was set up in 2015 to evaluate safety of the drug (ClinicalTrials.gov number, NCT02519036). Adults with early HD received Tominersen or a placebo in increasing doses. The study was completed in 2017 and showed that intrathecal administration of the drug was not accompanied by serious adverse events. Secondary endpoints showed a dose dependent reduction in mHTT in the cerebrospinal fluid (CSF) of the participants. Preclinical studies indicate that the reduction of mHTT in the CSF is reflecting the mHTT concentration in the central nervous system⁵⁵. Patients who completed the trial could participate in an extension of the Phase 1/2a clinical trial (ClinicalTrials.gov number, NCT03342053). The extended trial, which examined the safety, tolerability, pharmacokinetics and pharmacodynamics of the drug for a longer period, has also been completed. In 2019 a Phase 3 study enrolled 791 participants (ClinicalTrials.gov number, NCT03761849). The study was designed to primarily evaluate the efficacy of the drug. The trial did not focus on mHTT reduction, but rather improvements of clinical manifestations of the disease defined as functional ability, motor function

and cognition. Roche announced in March 2021 that it was stopping dosing in the Phase 3 study based on a recommendation from an independent data monitoring committee⁵⁶. Analysis from the committee found that patients overall received no benefit from the treatment. Roche announced in January 2022 that findings from post hoc analysis of the data from the Phase 3 trial suggested that younger patients with less disease burden might benefit from the treatment⁵⁶. The company is initiating a programme where the focus is more on this subpopulation of HD patients using the treatment.

A selective approach has been developed by Wave Life Science. The ASOs WVE-120101 and WVE-120102 are designed to specifically target the extended CAG tract associated SNP1(rs362307) and SNP2 (rs362331). These ASOs would selectively suppress mHTT while wild-type HTT levels remain unaffected. Phase 1b/2a clinical trials were initiated in 2020 for evaluation of safety and tolerability of the ASOs (ClinicalTrials.gov numbers, NCT03225833, NCT04617847, NCT03225846 and NCT04617860). Wave Life Science reported in 2021 that the trials would be discontinued⁵⁷. Even though adverse events were mostly mild to moderate across the trials, the data showed no evidence of dose-response across the dose levels tested. No significant change in mHTT could be seen in the CSF of the participants. The company reported that in the open label extension study of WVE-120102 some participants had a mHTT reduction of 20% without any observable correlation with wild-type HTT change, suggesting that allele selectivity had been achieved. Wave Life Science continues the development of allele selective mHTT reduction with another ASO. The WVE-003 targets another SNP associated with the extended CAG tract and has novel chemical modification compared to WVE-120101 and WVE-120102. A phase 1/2a clinical trial evaluating safety and tolerability for WVE-003 has started in 2021 and is currently ongoing (ClinicalTrials.gov numbers, NCT05032196).

Both allele selective and non-selective approaches hold great promise for future treatment of HD. Even though both approaches have not achieved their ultimate goal of efficacy in the clinical trials previously discussed, their use was considerably safe and well-tolerable in humans. Further dosing studies and chemical optimization need to be completed in order to find the ideal and most beneficial applicability of the ASOs for human trials.

RNA interference therapies

The RNA interference approach is based on using endogenous RNA interfering machinery for post-transcriptional sequence-specific gene silencing. During the endogenous interfering pathway a double-stranded RNA (dsRNA) is processed into a functional small single-stranded RNA (siRNA), which acts as a guide strand⁵⁸. The siRNA associates with several proteins, forming the RNA-induced silencing complex (RISC). The siRNA guides the complex to a complementary target RNA and induces degradation of the target RNA. This pathway can be manipulated by using specifically designed artificial siRNA to target and degrade mHTT RNA (Figure 5). The artificial siRNA can be introduced directly into the cell as a single-stranded siRNA molecule or encoded into a viral vector. Direct addition of siRNA has two major disadvantages. The inability of crossing the blood-brain barrier and limited distribution across central nervous cells⁵⁹. Carrier formulations or chemical modifications need to be utilized for improved cell entry and distribution. The short-term effect would require repeated administration directly into the central nervous system, which can be quite invasive. More common is the use of viral vectors for delivery (Figure 5). The vector can be designed to express dsRNA, short hairpin RNA (shRNA) or artificial micro RNA (miRNA)⁶⁰. The expressed dsRNA is then further processed to form the single-strand siRNA guide strand for the RISC complex. Currently used vectors are adeno-associated virus (AAV) vector or lentivirus (LV) vector, both cannot replicate in the host and are non-pathogenic³². AAV vectors will not integrate into the host genome, their expression

of the interference RNA will dilute over time due to repeated rounds of cell replication⁶¹. This dilution is minimal in brain cells, due to vector optimization and limited replication of brain cell⁶². The expression of interference RNA will remain relatively stable for LV, because LV do integrate into the host genome. However, insertion into the host genome has additional risk of insertional mutagenesis. Viral vector based delivery offers a longer lasting expression of the interference RNA molecules, thereby limiting the repetitive invasive delivery into the central nervous system.

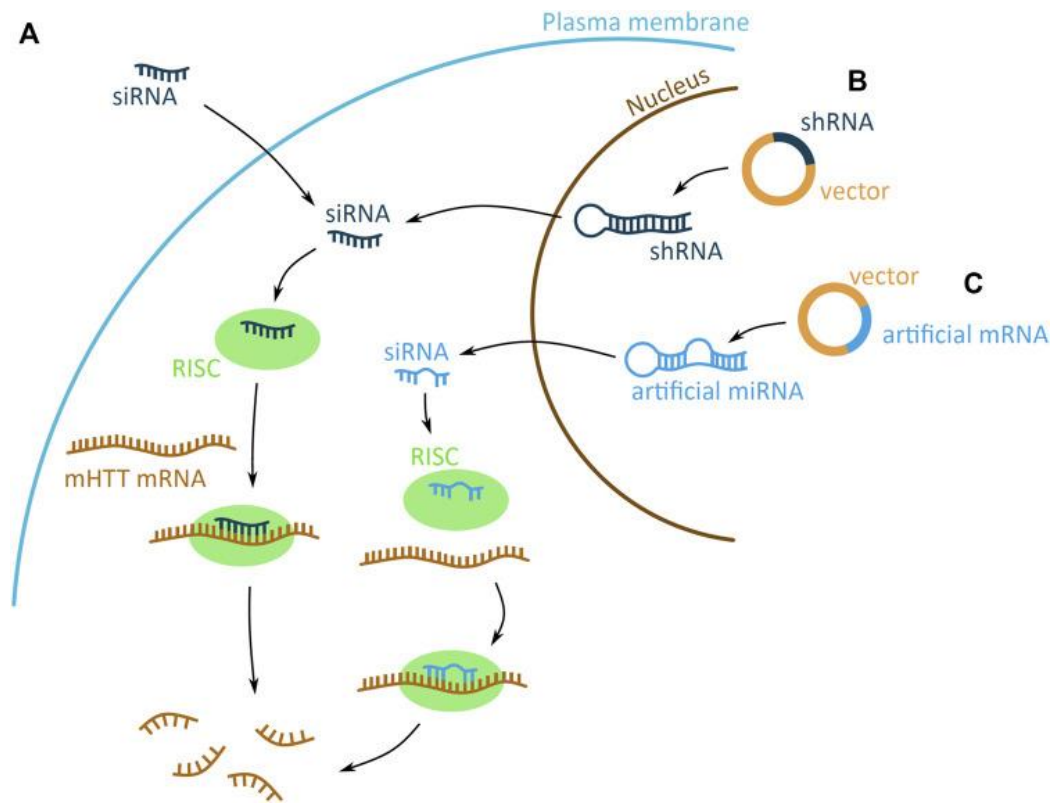


Figure 5 – Various application of endogenous RNA interference machinery. **A.** Artificially designed siRNA can be added directly to the cell. Then forming the RISC complex and inducing degradation of the targeted RNA. **B** and **C.** Artificially designed shRNA or miRNA can be added to the cell using a viral vector. The vector expresses the shRNA or miRNA, which is further processed into siRNA. Followed by the formation of the endogenous RNA degradation complex and degradation of the target RNA. Image from “Molecular Strategies to Target Protein Aggregation in Huntington’s Disease.” Jarosińska, O. D. & Rüdiger, S., 2021, *Frontiers in molecular biosciences* /doi.org/10.3389/fmolb.2021.769184 ⁴⁰

The RNA interference approach targets the mHTT RNA more downstream compared to ASOs. The processed RNA in the cytosol is targeted by the RNA interference machinery, instead of pre-RNA in the nucleus³². Artificially designed siRNA can be used to manipulated the endogenous pathway for short-term lowering of mHTT. Direct addition of artificially designed siRNA needs no further processing, the interference machinery is promptly activated after cell entry. Protein levels of mHTT have successfully been lowered using siRNA in several mouse models, resulting in reduced neuronal pathology and improved motor function^{63,64}. Nonhuman primate studies showed a considerable suppression of HTT in the deeper brain structures after administration of chemically modified siRNA^{65,66}. The inability of siRNA to cross the blood-brain barrier and limited brain distribution capacities necessitate direct injection into deeper brain regions⁵⁹. The nonhuman primate studies indicate that a repeated administration of the siRNA to the deeper brain regions is needed for a therapeutic effect^{65,66}. The ability to stop the treatment at any time is an advantage if need for discontinuation arises due to safety concerns. However, repeated administration into the deeper brain structures of HD patients presents a high life long burden.

Long-term HTT lowering after one time delivery would have major benefits for HD patients. Viral delivery of siRNA precursors, such as shRNA and miRNA, can realize long-term huntingtin lowering. Artificial shRNA and miRNA therapeutics operate similar to artificially designed siRNA, mature RNA is targeted sequence specifically and degraded by endogenous RNA interference machinery³². shRNA and miRNA differ from siRNA because they first need to be processed into the guide siRNA by endogenous cellular processes⁵⁸. shRNA and miRNA are both expressed as sense and anti-sense sequences connected by a loop of unpaired nucleotides⁶⁷. They will both eventually express the same functional siRNA, however their cellular processing is different. AAV or LV vectors are most common delivery methods for shRNA or miRNA. In early development of RNA interference treatments, HTT RNA and protein expression was successfully reduced in human cell lines resulting in improved cellular survival⁶⁸. Numerous animal studies have been performed to evaluate the safety and efficacy of viral delivery of shRNA or miRNA (Table 1). Early studies in mouse models showed encouraging results. The N171-82Q mouse model, encoding a N-terminal human mHTT with 82 CAG repeats, showed reduced mHTT RNA and improved motor functions^{69,70}. The R6/1 mouse model, encoding human mHTT with 150 CAG repeats, showed similar improvements and delayed onset of HD^{70,71}. These studies showed a promising result in pre-symptomatic mouse models, the shRNA used were administered into the striatum before manifestation of the disease. The HD190QG mouse model expresses a 190 CAG repeat human mHTT, the mice show less viability and can be used as a model for when HD pathology has manifested⁷². A reduction of mHTT was achieved in the HD190QG mouse model using shRNA, resulting in improved HD associated abnormalities. Yet reversal of disease phenotype could not be observed. This indicates the importance of the timing of HTT lowering treatments with regards to degree of disease manifestation. It is unclear if complete reversal of symptoms is possible after disease manifestation.

Several other studies showed that the reduction of human HTT was possible in rodent models using different techniques. It was shown that LV vector delivery was also a plausible candidate for successful delivery of shRNA⁷³. Reduced mHTT and improved HD pathology were observed after LV shRNA delivery. Other research showed that certain mHTT lowering shRNA could induce toxicity in the mouse striatum⁷⁴. Notably, it was shown that neurotoxicity could be diminished, without effecting HTT lowering capacities, if the toxic shRNA variants were placed into artificial miRNA expression systems. Indicating that miRNA approaches may provide a more biological applicable tool when interference RNA structures are expressed in the brain. Most of the aforementioned studies only lowered the human mHTT levels in transgenic mouse models, not effecting the endogenous wild-type HTT. Application of the shRNA/miRNA in humans would lower both mutant and wild-type HTT. Various studies administered miRNA/shRNA into the striatum of rodent models, targeting both human mHTT and endogenous wild-type HTT^{73,75,76}. Human mHTT as well as endogenous HTT was successfully reduced in the studies, accompanied by improvements of HD associated behavioural abnormalities and pathologies. Furthermore, could no toxicity be observed as a consequence of reduced endogenous wild-type HTT. The reduction of wild-type HTT by shRNA and miRNA has also been shown to be safe and non toxic in nonhuman primates^{77,78}. A 45% reduction of wild-type HTT was achieved up to 6 weeks after miRNA administration into the striatum⁷⁷. The reduction did not lead to any observable neuropathology or behavioural symptoms. Prolonged reduction up to 6 months after administration of a shRNA in another nonhuman primate study showed similar safety and tolerability⁷⁸. Despite these results, concerns remain about of non-selective HTT lowering applied in humans. Various efforts have gone into developing RNA interference methods which can reduce mHTT in a allele selective manner⁷⁹⁻⁸¹. *In vitro* experiments have shown significant allele selectivity of shRNA/miRNA targeting SNPs, resulting in lowered mHTT levels. However, these results

have not been adequately translated into *in vivo* experiments in rodent models. Difficulties could be seen *in vivo* in effective mHTT reduction while maintaining sufficient allele selectivity.

The anatomical difference between rodent brains and human brains is rather large. Additional research is required to better assess distribution and efficacy of viral vectors expressing interference RNA delivered into larger brains. A HD sheep model, expressing full length human mHTT with 73 CAG repeats, was used to better assess distribution and efficacy in large animal brains⁸². Effective human mHTT silencing was achieved and sustained up to 6 months after injection. Vector concentration was mainly focused near the injection side, indicating higher concentrations of miRNA in deeper brain structures. Injection of a vector expressing miRNA into a HD minipig model, expressing human mHTT with 124 CAG repeats, showed similar results⁸³. Long term miRNA expression accompanied by reduction of human mHTT RNA and protein was achieved. These large animal brain studies support the notion that viral vector delivery of RNA interference is applicable for HD patients.

Non-selective						
Animal model	RNAi	Vector	Location	Research outcomes	Ref.	
N171-82Q Mouse	shRNA	AAV1	striatum	A reduction of human mHTT RNA and improvement of behavioural deficits was shown in the mouse model.	69	
R6/1 Mouse	shRNA	AAV5	Striatum	A reduction of human mHTT RNA and protein was shown in the mouse model. Additionally a delayed onset of phenotypical pathology was observed.	71	
HD190QG Mouse	shRNA	AAV5	Striatum	A reduction of human mHTT showed to improve HD-associated pathological abnormalities for the post-symptomatic HD mouse model.	72	
CAG140 Mouse	shRNA miRNA	AAV1	Striatum	Similar human mHTT reduction was seen between shRNA and miRNA, however less toxicity was observed when the construct was placed into artificial miRNA expression systems.	74	
N171-82Q Mouse	miRNA	AAV1	Striatum	Non-allele specific suppression of human mHTT and wild-type mouse HTT improve HD-related behavioural abnormalities in the HD mouse model.	75	
N171-82Q Rat	shRNA	LV	Striatum	Lentiviral administration post-symptomatic is efficacious and reduces HD-pathology. Additionally, non-allele selectivity did not result in observed toxicity.	73	
YAC128 Mouse	miRNA	AAV1	Striatum	A reduction of human mHTT and wild-type HTT was shown in the mouse model, corresponding with improvements behavioural deficits. Additionally, non-allele selectivity did not result in observed toxicity.	76	
Q175 Mouse	miRNA	AAV5	Striatum	Long term efficacy was observed, HTT protein lowering was observed up to 12 months after treatment.	84	
Selective						
BACHD Mouse	shRNA	LV	Striatum	Allele selective silencing of mHTT was achieved <i>in vitro</i> by targeting several SNPs associated with HD. <i>In Vivo</i> experiments showed potential for allele selectivity, but no definite evidence.	81	
N171-82Q Rat						
Hu128/21	miRNA	AAV5	Striatum	Allele selective silencing of mHTT was achieved <i>in</i>	79,80	

Mouse Acute LV HD model Rat				<i>in vitro</i> by targeting several SNPs associated with HD, but translated poorly to <i>in vivo</i> applications.	
Animal model	RNAi	Vector	location	Research outcomes	Ref.
Wild-type Nonhuman primate	miRNA	AAV1	Striatum	A reduction of 45% of HTT was well tolerable in non human primates. No induced motor deficits, neuronal degradation, astrogliosis or immune response was observed 6 weeks after injection.	77
Wild-type Nonhuman primate	shRNA	AAV2	Striatum	A wide spread reduction of HTT was observed 6 months post injection, furthermore no additional safety concerns were found.	78
HD sheep	miRNA	AAV9	Striatum	Effective and sustained silencing of human mHTT was achieved in the large-animal brain.	82
HD minipig	miRNA	AAV5	Striatum	Effective and sustained silencing of human mHTT was achieved in the large-animal brain.	83

Table 1 – Various animal models used for viral delivery of shRNA or miRNA

Two clinical trials have been approved for RNA interference therapy for HD patients. UniQure has developed AMT-130, a AAV5 vector encoding miRNA which targets HTT. Safety and proof of concept are the main endpoints of the first in human clinical trial (ClinicalTrials.gov number, NCT04120493). AMT-130 will be administered into the caudate and striatum. The trial was initiated in 2020 and is currently still ongoing, UniQure reported in December 2021 that the first two patients dosed with low doses of AMT-130 showed no significant safety issues at the end of the first year after administration⁸⁵. Another safety and proof of concept clinical trial had been approved in 2021. VY-HTT01 has been developed by Voyager Therapeutics, the drug is a AAV1 vector encoding miRNA which targets HTT (ClinicalTrials.gov number, NCT04885114). Later in 2021 Voyager announced that the trial was discontinued. The company announced that it will shift its focus to a novel proprietary AAV capsid, initiating a programme where the RNA interference vector may be administered intravenously⁸⁶.

Small molecule therapies

Challenges remain for delivery of ASOs and RNA interference therapeutics into the brain. Both approaches require direct administration into the central nervous system, due to limited penetrance of the blood-brain barrier. This can result in irregular distribution through the central nervous system and inconsistent HTT lowering. Additionally, direct administration into the central nervous system can be quite invasive for HD patients. Orally available small molecules which can reduce HTT expression throughout the brain are highly desirable. Although there is an increased risks of off-target effects, optimizing small molecules could provide a feasible HTT lowering therapy. After screening diverse molecules in a HTT protein assay using HD patient derived fibroblast, several compounds were identified which lower HTT levels⁸⁷. The small molecules modulate the splicing of HTT pre-RNA by inducing the inclusion of a pseudo exon, which contains a premature termination codon. Inclusion of the premature termination codon into the RNA results in the degradation of HTT

RNA. The small molecules was shown to be orally available and exert their effect evenly distributed throughout the brain and the periphery in BACHD and Hu97/18 mouse model. A clinical trial by Novartis Pharmaceuticals has been approved using a previously described small molecule (ClinicalTrials.gov number, NCT05111249). LMI070 (also known as Branaplam) has been approved for a dose finding study focussing on the safety, tolerability and efficacy of HTT lowering. The trial was initiated in 2021 and is currently ongoing.

Discussion

The mutation leading to the production of the aberrant mHTT protein arises at the same location in the DNA for all HD patients⁴. The highly specified and well known location of the mutation enables opportunities for highly specific gene silencing therapies. The RNA targeting therapies discussed show great promise in targeting the extended CAG tract mutation, resulting in mHTT reduction. The concerns about lowering wild-type HTT remain for all types of RNA targeting therapies. Currently the most advanced therapies developed target mHTT in a non-selective manner, lowering both wild-type and mHTT. The non-selective approach offers some advantages. A single treatment is available for the entire HD population, compared to patient specific SNP targeting necessary for allele selective targeting. Additionally, the degree of mHTT lowering seems to be the driver for therapeutic benefit. Comparison of a selective ASO and non-selective ASOs in a mouse model indicated that therapeutic effects were the highest for the ASO with the highest mHTT reduction, independent of wild-type reduction⁸⁸. The main concern for non-selective treatment is possible safety risks in lowering endogenous HTT. The crucial role of HTT in development and neuronal cell functions raises concerns for long term reduction^{8,45}. Evidence from specific individual cases of heterozygous null variants of HTT and several animal studies indicate that a reduction of 50% wild-type is well tolerable^{33-36,38,73,75-78}. Tolerability of wild-type HTT reduction is supported by safety and tolerability of non-selective ASOs in human clinical trials. The efficacy of non-selective approaches in reducing HTT has not been translated into therapeutic benefit in clinical trials yet. Nevertheless, the non-selective approach seems the most appropriate approach currently for treatment of HD. Further developments concerning chemical modifications, dosing optimizations, and delivery methods offer opportunities for increase in therapeutic benefit. Due to the lack of current treatment opportunities for HD is a fast available treatment option preferable. The advanced developments in non-selective approaches and seemingly positive risk-benefit profile suggest that this approach is currently preferable. The inefficacy in reducing mHTT during the allele selective ASO clinical trial of Wave life Science suggest that currently available techniques for selectivity come at the cost of reduced efficacy for mHTT lowering in humans. Nonetheless do allele selective strategies remain of interest. Long-term effects of wild-type HTT lowering remain unknown, allele selective approaches are less likely to cause long term side effects. Further development and improvements for allele selective approaches could enable a treatment circumventing long term risks.

The various approaches which enable RNA targeting of mHTT all show promise for translation into clinical beneficial therapies. Each approach has its own strengths and weaknesses. Small molecule approaches offer an ideal option for the treatment of HD. Orally availability and widespread action of small molecules make them an attractive approach. However small molecules bring greater risks of possible off target effects compared to ASOs and RNA interference. The recent developments for small molecule splicing modulators lowering mHTT level show great promise for an effective treatment. However, much more research is required before these can be applicable in a clinical setting.

ASOs are able to target the mHTT RNA and pre-RNA with a high specificity³⁷. Their ability to target the RNA at a more upstream site of action compared to interference RNA presents several

advantages for their usage. Targeting pre-RNA reduces the amount of toxic variants created during splicing events of mHTT pre-RNA, diminishing more alternative pathological mechanisms of HD²¹. Furthermore, enables targeting of pre-RNA a broader range of potential targets. Both introns and exons can be targeted with ASOs³⁷. A broader target range allows for more opportunities in finding an efficient and selective target. Especially allele-selective ASO approaches using SNPs as target sequence benefit from this broader target range. Only a small portion of validated SNPs of HTT pre-RNA are coding, therefore unavailable for RNA interference which targets processed RNA⁵¹. ASOs do not cross the blood brain barrier and are therefore delivered directly into the central nervous system intrathecal. Repetitive administration is required to maintain therapeutic effects, since ASOs are eventually depleted. This method of delivery enable the possibility to discontinue the treatment if such need arises, increasing the safety profile of ASOs. The repeated intrathecal administration can be quite invasive for the patient and increase risks of infection associated with injection into the central nervous system³². Viral delivery of interference RNA are more advantageous in this aspect. Even though RNA interference requires a highly invasive injection directly into the deeper brain structures, there is limited need for repetitive administration. Expression of the interference RNA is maintained for a long period of time⁸⁴. This elevates the burden of repetitive administration for HD patients, however increases risks concerning the inability to stop the treatment.

One of the main difference between ASO and RNA interference therapy is their main side of action. ASOs distribute mainly towards subcortical structures after intrathecal injection, at these locations their mHTT lowering is the most extensive^{38,54}. RNA interference are injected in the deeper brain structures and distribute only locally^{82,84}. Their mHTT lowering effect is most prominent in the cortical brain structures. It is unclear which target area is most effective for therapeutic benefit. The pathology of HD disease effects the whole brain. However neuropathology occurs most prominent and in the earliest stage in the deeper brain structures such as the striatum³⁶. This suggest that RNA interference in this target area has the most therapeutic benefit. However a transgenic mouse model, which expressed mHTT in either cortex or striatum, showed that reduction of mHTT in the cortex was more beneficial⁸⁹. Indicating a higher therapeutic benefit when ASOs target cortical structures. The ongoing clinical trial of AMT-130 will give important insight in the effectiveness of targeting subcortical structures. The transgenic mouse model, which expressed mHTT in either cortex or striatum, showed the greatest benefit if both areas are targeted for mHTT reduction⁸⁹. Further indicating that HD pathology spreads throughout the whole brain and is ideally targeted throughout the whole brain. Possible combinations of ASOs and RNA interference would provide an overlapping distribution, however could increase additional adverse effects due to addition of side effects of two types of therapies.

Future developments of both ASO and RNA interference approaches should be targeted at less invasive delivery and more widespread distribution. Developments for ASOs, through novel chemical modifications and nanocarrier formulations, could enable a more widespread effect of this class of drug, thereby increasing their effectiveness⁹⁰. Vector delivery of RNA interference have been developing rapidly. Novel viral vector designs can enable intravenous injection while maintain widespread distribution throughout the brain^{91,92}. Therapies targeting RNA for mHTT lowering show great potential to be therapeutically beneficial for HD patients. Further research is needed for their optimization, but their advanced development and seemingly positive risk-benefit profile gives potential for a first treatment option for HD patients in the near future.

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