

# Effect of age and media on the quality and developmental abilities of equine oocytes from slaughterhouse ovaries

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## Abstract

*In vitro* assisted reproductive techniques in horses have experienced considerable improvement in the last years. Although the results of *in vitro* fertilization are still very poor in horses, intracytoplasmic sperm injection (ICSI) has been proved to be an efficient and successful technique to produce *in vitro* embryos and is become very popular in the equine industry. Before ICSI can take place, the oocytes have to mature to metaphase II *in vitro*. Different maturation media have been developed in the horse and their correct composition is paramount for a correct oocyte development. Moreover, maternal age has been shown to have a significant impact on oocyte quality and development abilities in other domestic species. The purpose of this study was to evaluate the effect of the media and of maternal age on the quality of equine oocytes evaluated on the base of morphology and fluorescent DNA staining. One hundred forty two oocytes were used. With the collection, the ovaries were divided in two groups; young mares with the age up to 14 years and old mares with the age more than 15 years. However, there was no significant difference developmental or morphology between the two age groups. Also the two media used had no significant effect on either the phase of replication or the morphology of the oocytes. Further research is needed to determine the direct effects of maternal age on the quality and developmental abilities of oocytes.

## Introduction

Intracytoplasmic sperm injection (ICSI) is nowadays a common technique used for equine embryo production *in vitro*<sup>1</sup>. The use of assisted reproductive techniques provides the production of embryos and foals from oocytes of sport horses, mares with major reproductive problems or dead mares<sup>2</sup>. Intracytoplasmic sperm injection requires a mature oocyte in metaphase II<sup>1</sup>. A single spermatozoon, which may be either fresh or frozen-thawed, is directly injected into the cytoplasm of the mature oocyte<sup>1,3</sup>. The big advantage of the ICSI technique is that embryos can be obtained from poor quality semen or very low sperm numbers which would be insufficient for a normal insemination<sup>1,4</sup>. An additional advantage of ICSI, is that multiple oocytes can be retrieved from the ovaries and therefore multiple oocytes of the same mare can be fertilized<sup>1,5</sup>. After ICSI the fertilized oocyte can be transferred directly in the oviduct of recipient mares via laparotomy or cultured *in vitro* up to the blastocyst stage and then transferred non surgically into the uterus<sup>6</sup>. However, pregnancy rates seem to be good when the oocytes are directly transferred into the oviduct of recipient mares (75 to 83%), whereas only 10% of the fertilized oocytes are able to develop into blastocysts *in vitro* and only the 60% of these blastocysts

result in pregnancies<sup>5,7,8</sup>. Researchers have found that immature equine oocyte are able to complete meiosis *in vitro*, however fertilization and early embryonic development *in vitro* are still very poor<sup>9</sup>.

Before the whole ICSI procedure can take place, oocytes have to be recovered from either live or dead mares ovaries. *In vitro* equine embryo production from oocytes recovered postmortem has been studied in the last few years<sup>2</sup>. When a mare dies and the owner still wants to obtain foals from her, multiple immature oocytes can be recovered from the follicles present in the ovaries and matured *in vitro*. With the use of ICSI, every fertilized oocyte that is able to develop into a blastocyst has a chance to produce a foal<sup>1</sup>.

Equine oocytes meiotic competence depends upon many follicular and technical factors<sup>10</sup>. Due to the close attachment of equine oocytes to the follicular wall, recovery rates of oocytes are low with aspiration of follicles<sup>10,11</sup>. The most effective method for recovery of oocytes is by scraping of the granulosa cell layer of the follicle<sup>10</sup>. The technique of oocyte recovery by scraping is time- and labor-intensive. Aspiration of follicles is preferred, but recovery rates may be only the half in comparison with

recovery rates by scraping<sup>11</sup>. Some laboratories have a strict selection of oocytes before maturation, for example in cattle only the compact cumulus oocytes complex oocytes (Cp oocytes) are selected to undergo ICSI procedure. Cp oocytes can originate mature follicles, or mainly from immature follicles. In the horse most of those Cp oocyte are not competent enough for *in vitro* maturation to metaphase II<sup>11</sup>. Therefore, a similar selection of equine oocytes would eliminate the majority of meiotic competent oocytes in the mare<sup>10</sup>. In the study of Hinrichs et al. (1997) they concluded that expanded cumulus oocyte complex oocytes (Ex oocytes) have a significant higher prevalence to mature into metaphase I and metaphase II than Cp oocytes<sup>12</sup>. Ex oocytes also have a significant lower prevalence of degeneration than CP oocytes and require less time to prepare the germinal vesicle breakdown<sup>12,13</sup>. Maturation of equine oocytes is a complex process, involving several nuclear and cytoplasmic developmental changes. Nuclear maturation of the oocytes includes not only the breakdown of the germinal vesicle, but also the reorganization and segregation of chromosomes. Cytoplasmic maturation requires the accumulation of mRNA, protein, substrates and nutrients, but also the migration of cortical granules is an important step to achieve oocyte developmental competence<sup>14,15</sup>. Maturation of the oocyte is essential in order to become viable, fertilizable and competent for further development<sup>16</sup>. Several different types of media and incubation periods have been evaluated for the maturation of equine oocytes<sup>9</sup>. However, maturation to metaphase II have been disappointing in most of the media<sup>16</sup>.

Not only technical factors have an influence on the meiotic competence of equine oocytes. In most of mammalian species, reproductive success decreases with maternal age<sup>17</sup>. Aging induces multifactorial changes in the reproductive system which in turn affect oocyte competence probably through altering their mitochondria functionality<sup>18</sup>. Mitochondria are involved in different processes in the oocyte and seem to be particularly prone to suffer oxidative damage since their DNA (mt DNA) is very close to the site of ROS (reactive oxygen species) generation. In a recent study of Rambags et al. (2014) observed that maternal aging was associated with increased susceptibility to mitochondrial damage and loss in equine oocytes during *in vitro* maturation. In fact, increase in maternal age was accompanied by a decrease in equine oocyte mtDNA quantity after *in vitro* maturation<sup>17</sup>.

Other underlying age dependent causes of decreased reproductive success have been proposed. In a study on human oocytes, it was shown that oocytes from old women (40-45 years) showed more

abnormalities in chromosome placement in metaphase plates if compared with oocytes from young women (20-25 years). The microtubule organization of these oocytes was either abnormal or disordered. The chromosomes were not tightly aligned, as in the younger women, with one or more chromosomes being considerably displaced from the metaphase plate. During oocyte maturation, there is a link between chromosome placement and the spindle assembly process, which can be dysfunctional in older individuals. Spindle abnormalities may be caused by changing in regulatory factors and/or altered the timing of the phases of meiosis resulting in microtubule irregularities and unusual chromosome placement<sup>19</sup>. Similarly to women, also in the equine species chromosomal abnormalities in the oocytes have been proposed as a cause of early embryonic loss, however no information is currently available on the incidence of these abnormalities in horses<sup>20</sup>. Moreover the majority of the studies published so far are on mice and there is no information on the effect of age on equine oocyte quality. The aim of the current study is to focus on the effect of age and maturation medium on the quality of equine oocytes from slaughterhouse material, based on oocyte morphology and phase of replication.

### Material and methods

A complete list of all used materials can be found in the appendix 2.

#### *Collection of slaughterhouse ovaries*

All the ovaries were obtained from 39 slaughtered mares aging 2 to 26 years in the months of November and December 2014. The ovaries were divided in two groups; ovaries from young mares (age up to 14 years) and ovaries of old mares (more than 15 years of age). The ovaries were collected in little plastic bags and kept warm in a Perspex box with the use of warming elements. The ovaries were then transported to the Department of Equine Sciences, Section Reproduction and Obstetrics (Faculty of Veterinary Medicine, Utrecht University).

First, excess tissue was cut away from the ovaries with scissors. Thereafter the ovaries were rinsed 3 times all at 37 °C with tapwater, 3 times with Ringer lactate (B. Braun Melsungen, Germany) and 3 times with Phosphate Buffered Saline (PBS) (B. Braun Melsungen, Germany). Cumulus oocyte complexes (COC) were collected by puncturing the follicles with a scalpelblade No. 11 (Swann-Morton, United Kingdom), above a 9 cm petridish filled with 3 ml Euroflush Heparine (Heparine 400 ul/L (5000 IU/ml, LEO Pharma BV, Denmark) and Euroflush, IVM Technologies, The Netherlands) so the follicular fluid dripped into the petridish. With bone curettes, ranging from 2 to 10 mm, we scraped the inside of

the follicle out and the follicular cavity was flushed 2 times with PBS. The number of punctured follicles was registered.

#### *Collection of oocytes*

The follicular fluid collected was evaluated under the microscope either directly or after filtration and the oocyte collected and washed in H-medium. All petridishes and media used in all manipulation were preheated at 37 °C. Between the manipulation steps, we washed the petridishes with Euroflush to be sure there were no oocytes left.

#### *Maturation of oocytes*

The oocytes (n=170) recovered were washed 4 times in H-SOF. After the washing steps, the oocytes are matured *in vitro* to reach metaphase II. Two different *in vitro* maturation (IVM) media were used. The first medium ("SR" medium) contained Dulbecco's Modified Eagle Medium (DMEM) 3,6 ml (Gibco, The Netherlands), Serum Replacement 400 µl (Gibco, The Netherlands), Human Epidermal Growth Factor (EGF) 4 µl (Peprotech, USA), Cysteine+Cysteamine 40 µl (Sigma, USA), Lactate solution 40 µl (Sigma, USA), Insuline, Transferin, Selenite (ITS) 4 µl (VWR International BV, the Netherlands), Follicle Stimulating Hormone (FSH) 4 µl (Sigma, USA). The second medium ("FCS" medium) contained instead of 400 µl SR, 400 µl of Fetal Calf Serum (FCS) (Gibco, the Netherlands). Eighty two oocytes were matured in the serum replacement medium (39 young and 43 old) and 88 in the FCS medium (33 young and 55 old).

Group 1: IVM medium with Serum Replacement, young oocytes.

Group 2: IVM medium with Fetal Calf Serum, young oocytes.

Group 3: IVM medium with Serum Replacement, old oocytes.

Group 4: IVM medium with Fetal Calf Serum, old oocytes.

All oocytes were incubated for 24 to 36 hours at 38,5°C with 5% CO<sub>2</sub> and 5% O<sub>2</sub> in 5 ml tubes containing 500 µl IVM medium and a maximum of 25 oocytes per tube.

The time between slaughter end the beginning of culture was about 4 to 5 hours.

#### *Denudation of oocytes*

After approximately 24 hours of maturation, the oocytes and their cumulus cells were transferred into a 3 cm petridish containing 1:100 dilution of hyaluronidase (Sigma, USA) in H-SOF medium (Avantea, Italy). The cumulus cells were partially dislodged pipetting the oocyte up and down. The oocytes were then transferred with a mouth pipet containing an Bogger glass capillary pipette to H-SOF (Avantea, Italy) with 1:100 dilution of trypsin (Sigma, USA) and incubated for 1,30 min. Then the oocytes were transferred them into the H-SOF (Avantea, Italie ) with 10%FCS (Gibco, the Netherlands) to inactivate trypsin and pipetteted up and down to remove all the cumulus cells. We tried to remove the cumulus cells and after denudation the oocytes were collected in H-SOF (Avantea, Italy). Throughout the whole process, the groups (young and old) were separated from each other.

#### *Fixation and staining of oocytes*

The oocytes were fixed in 4% paraformaldehyde (PFA) (Klinipath BV, The Netherlands) for 1 hour at room temperature and then transferred in 1% PFA solution and stored at 5°C until staining. All oocytes were then washed with PBS+PVP 3mg/ml (Sigma, USA) 3 times for 5 minutes. We then stained the 4 groups of oocytes in 0.1 µg/ml of the non-toxic, fluorescent membrane-impermeable DNA stain 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) (Molecular Probes Europe BV, The Netherlands) in PBS at room temperature for 15 min in the dark. After the staining, we mounted the oocytes on a glass slide (Superfrost Plus, Menzel, Braunschweig,

Collection date	Age (young + old)	n. ovaries mares	n. follicles	n. oocytes	Percentage <sup>1</sup>
<b>05-11-2014</b>	Young	8	112	68	60,7%
	Old	9	112	72	64,3%
<b>19-11-2014</b>	Young	6	53	46	86,8%
	Old	8	54	30	55,6%
<b>27-11-2014</b>	Young	11	56	39	69,0%
	Old	12	166	82	49,0%

**Table 1.** Collection of equine ovaries. Total amount of scraped follicles and collected oocytes.

<sup>1</sup> Percentages based on number of oocytes collected out of number of follicles

Germany) with a maximum of 7 oocytes per slide using Vectashield (10ul) (Vector Laboratories, Burlingame, CA) mounting media. To avoid excessive pressure, Vaseline was used as spacer between the microscope slide and the cover slip. The coverslip was then sealed with fingernail polish.

#### *Microscopic analysis of morphology and stained oocytes*

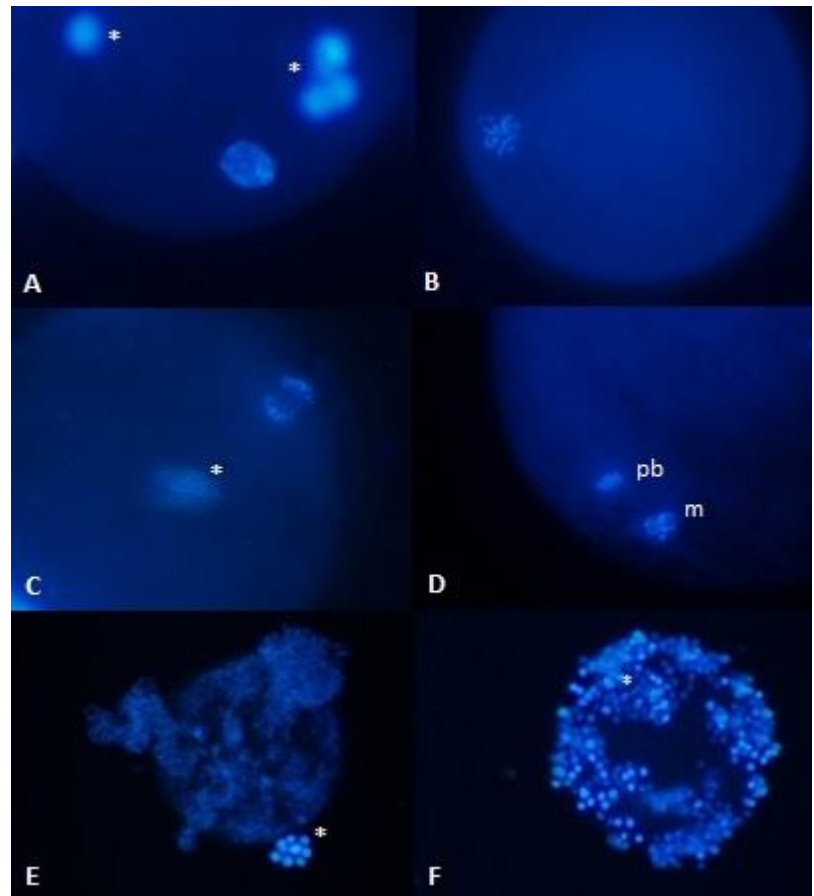
All oocytes were assessed for morphology and nuclear maturation under the microscope. For the microscopic assessment of the DNA staining of the oocytes, we used a fluorescence microscope (Type: BH-2-RFCA, Olympus, Japan) with x10 and x20 magnifications for the detection of the DNA. We used the same microscope for the analysis of the morphology of the oocytes. We made pictures of all stained oocytes with a Canon E-330 camera. The images were subsequently stored digitally.

#### *Analytical criteria*

We used our own analytical criteria for morphology and nuclear maturation as follows. For the morphology, we used 5 groups; (A) Oocyte with a round shape, homogeneous cytoplasm and a polar body could be shown, (B) Oocyte with not a full round shape, homogeneous cytoplasm, (C) Oocyte with not a full round shape, not fully homogeneous cytoplasm, some artefacts could be shown, (D) Oocyte with an abnormal shape, abnormal cytoplasm, could be degenerated or fragmented and (E) Oocyte is not analyzable due to many cumulus cells or artefacts (**Figure 1**).

We have chosen these analytical criteria on the base of previous observations *that* heterogeneous cytoplasm is associated with a high meiotic competence in equine oocytes. This appearance of cytoplasm is frequently seen in Ex oocytes. For Cp oocytes, most of the oocytes have a homogeneous cytoplasm and are associated with a reduced meiotic competence<sup>11</sup>.

For the DNA staining we used first 6 groups; (A) germinal vesicle stage, (B) metaphase I, (C) anaphase II, (D) metaphase II, (E) fragmented or degenerated and (F) not analyzable due to lots of cumulus cells or no DNA stained in a cell with a normal morphology. We brought that together to 5 groups; (A) germinal vesicle stage, (B) metaphase I, (C) metaphase II, (D) fragmented or degenerated and (E) not analyzable (**Figure 2**). We had classified all the 142



**Figure 1.** Equine oocyte after DNA staining with fluorescence microscope (10-20x) A: Germinal vesicle breakdown, B: Metaphase I C: Anaphase II, D: Metaphase II (m) and the first polar body (pb), E: Degenerated, F: Not analyzable due to many cumulus cells. \* cumulus cells

oocytes by this analytical criteria. All observation were performed by the same investigator.

#### *Statistical analysis*

Data were analyzed using SPSS Statistics Data Editor 22.0.0.0 (SPSS Inc., Chicago, IL, USA). The effect of the maternal age and media were compared with the quality and developmental abilities of the oocytes, based on the morphology and phase of replication. We analyzed the 4 different groups (SR with young oocytes, FCS with young oocytes, SR with old oocytes, FCS with old oocytes) with an independent students T Test to analyze the signification. Differences between groups were considered statistically significant if P was less than 0,05.

## **Results**

### *Follicle and oocyte numbers*

The total rate of oocyte recovery per follicle processed was 60,94% (337 oocytes out of 553 follicles). There was a little difference between the oocyte collection from young (153 out of 221; 69,23%) and old (184 out of 332; 55,42%) mares. Of the 337 oocytes collected, 140 were not included in the present study.



### *In vitro maturation*

Oocytes matured in FCS appeared to have a more expanded cumulus oocyte complex than the oocyte matured in SR (**Figure 3. A and B**). Also in the denudation process, the oocytes out of FCS media were more easier to denudate than those out of SR media.

### *Morphology and Staining*

In total, 142 oocytes (young, SR, n=32; old, SR, n=43; young, FCS, n=23; old, FCS, n=44) were analyzed for morphology and nuclear maturation. Most of the oocytes had a good appearance (40 out of 85; 47% in old mares and 28 out of 55; 51% in young mares) (**Figure 1**). No significant difference in oocyte morphology after maturation was seen between young and old mares. Although no significant difference in oocyte DNA maturation between the two age group was observed, the percentage of oocytes that matured to metaphase II, was higher in the old group (44 of 51; 85%) compared to the young group (21 of 31; 68%).

Unrespective of the groups (age and medium) seventy-eight percent (65/83) of the oocytes examined were in metaphase II. Although there was no signif-

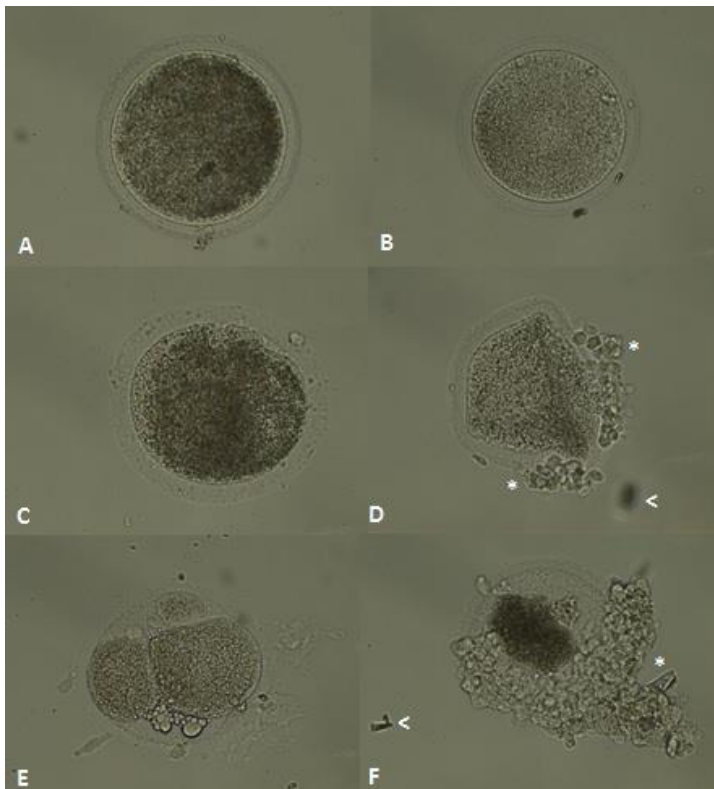
icant difference in morphology or oocyte DNA maturation between the two media, oocytes matured in Fetal Calf Serum medium had a slightly better morphology (36 to 67; 54%) than those matured in Serum Replacement medium (32 to 73; 44%). Seventy-two percent (26 of 36) of the oocytes matured in SR medium and 83% (39 of 47) of the oocytes matured in FCS medium reached metaphase II.

### **Discussion**

The present study describes the effects of the age and media on the quality and the developmental abilities of equine oocytes from slaughterhouse material.

### *IVM Medium*

In our study, we have matured the equine oocytes in a maturation medium different from other reports. We used an IVM medium based on DMEM, in combination with different supplements (Human EGF, Cysteine and Cysteamine, Lactate solution, ITS, FSH, SR or FCS). Various maturation media have been evaluated to perform the highest maturation rate. Some laboratories employed their medium based on tissue culture medium 199 (TCM199 or M199) <sup>21</sup>, others based their medium on B2 or Ham's F10 <sup>8</sup>, both in combination with a different concentration of hormones, serum or follicular fluid. For example, supplementation of epidermal growth factor (EGF) has been shown to increase the fertilization rate in pigs <sup>22</sup>, but also the nuclear maturation rates in the mare <sup>23</sup>. In the study of Pereira et al. (2011), they observed that the maturation rate of the equine oocytes increased when equine growth hormone (eGH) was added into the IVM medium, in combination with IGF-1 <sup>21</sup>. Maturation rates varies from 20 to 85% in different laboratories, normally approximately 60% of the oocytes mature to metaphase II <sup>8, 11</sup>. In 1981, Fulka and Okolski reported the first *in vitro* maturation of equine oocytes and they observed that 68% of their oocytes reached metaphase II <sup>10</sup>. Galli et al. (2007) achieved with the DMEM medium a higher blastocyst development rate in their laboratory (26%) than oocytes matured in modified M199 (12%) <sup>8</sup>. However, K. Hinrichs et al. (2013) described that the highest blastocyst rates (42%) *in vitro* was observed when an IVM medium including M199 with Earles salts, 10% Fetal Bovine Serum (FBS) and 5 mU mL<sup>-1</sup> bovine FSH was used and the oocytes/early embryo were incubated in a humidified atmosphere of 5% CO<sub>2</sub> in air at 38.2 °C <sup>4, 10</sup>. Although we did not have any information on the blastocyst rate, since we did not performed ICSI on our matured oocytes, after *in vitro* maturation we observed that the 74,7% of the oocytes that reached metaphase II. Both



**Figure 2.** Equine oocyte after *in vitro* maturation for 24 hours, fluorescence microscope (10-20x). A and B: round shaped, homogeneous cytoplasm oocytes, C: not a full round shape, homogeneous cytoplasm, D: not a full round shape, full homogeneous cytoplasm, E: abnormal shape and cytoplasm, could be degenerated or fragmented, F: Not analyzable due to cumulus cells or artefacts. \* cumulus cells < artefact

media we used was equally successful in obtaining metaphase II oocytes. In fact there was no difference in the percentage of the oocytes which reached metaphase II in the two media, IVM medium with FCS, 83% (39/47) versus IVM medium with SR 72% (26/36).

#### Age of mares

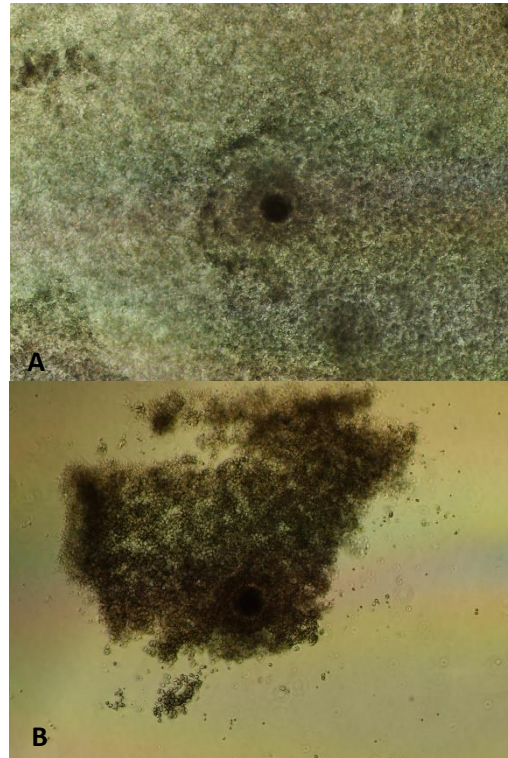
Although it has been previously described that *in vitro* maturation of the oocytes is characterized by a high susceptibility to mitochondrial damage and loss<sup>17</sup>, the results of our study show no significant effect of maternal age on the quality or developmental ability of equine oocytes after *in vitro* maturation. In a study of Carnevale et al. (2000), they compared the oocyte morphology of young (3-10 years) and old mares (> 19 years), with the use of a light and electron microscopy<sup>24</sup>. The oocytes of the old mares appeared to contain large vesicles (>1% volume of the total area oocyte). The mean number of large vesicles per oocytes was greater for the old mares' oocytes. One oocyte had a vesicle that filled 50% of the ooplasm and one vesicle localized in the nucleus. The oocytes of the old mares also tended to have less cortical granules and larger areas of clustered smooth endoplasmic reticulum surrounded by mitochondria. Other oocytes from aged mares showed atypical shapes, sections of oolemma with sparse microvilli and sections of ooplasm with no organelles. Carnevale et al. (2000) suggested that the increase of vacuolization was caused by the accumulation of damage in the equine oocytes<sup>24-26</sup>. More often aged oocytes of human and mouse display changes in spindle assembly and organization. Since only scarce data are available on the effect of maternal aging on the oocyte quality, further research is necessary to understand if increase in maternal age in the mare is associated with decrease in oocyte quality.

#### Cumulus expansion

Surprisingly, the present study indicates that the oocytes after *in vitro* maturation in the IVM medium containing Fetal Calf Serum, have a greater expansion of the cumulus cells than the oocytes matured in IVM medium with Serum Replacement. In the study of M.L. Leibfried-Rutledge et al (1986), they describe that Fetal Calf Serum may be an essential compound for FSH-induced cumulus expansion and cumulus cell viability, and completion of the first meiotic division in hamster and bovine oocytes<sup>27</sup>. Whereas, in the study of G. Carneiro et al (2001), they showed that if FCS was absent, IGF-I had a positive effect on the *in vitro* maturation of the equine oocyte. They suggest that FCS might have an effect on IGF-I interactions or its binding proteins<sup>9</sup>. Although, not much is known about the effect of FCS

in the IVM medium, further research is needed to confirm the effects of the two different media on the cumulus expansion.

As results of reduced expansion of the cumulus, the denudation process was more difficult in the oocytes matured in media containing SR. In fact, 39 of the in total 75 oocytes (52%) placed in the IVM medium with Serum Replacement, were not analyzable



**Figure 3.** Equine oocytes after 24 to 36 hours of *in vitro* maturation. **A:** Expanded cumulus oocyte complex, matured in IVM medium containing SR, **B:** Compact cumulus oocyte complex, matured in IVM medium containing FCS.

due to the strong attachment of the cumulus cells around the oocyte (**Figure 1. F**).

#### Conclusion

In the current study, based on the morphology and the phase of replication neither the maternal age nor the media had an effect on the developmental abilities and quality of equine oocyte from slaughterhouse material. Although, we saw a difference in the expansion of the cumulus-oocytes-complex between the two different media, we did not record any significant difference in oocyte quality or developmental ability between the two media used. Therefore we concluded that both of our media could be used to mature equine oocytes to metaphase II. It is possible that with the current methods we underestimated the effect of maternal age on oocyte developmental capacity; in fact a study evaluating the spindle morphology and alignment or the centromeres cohesion could possibly

have revealed more subtle effects of aging on the spindle assembly abilities. Therefore further re

search is needed to better understand the effect of advanced maternal age on oocyte quality in mares.

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## Appendix 1.0

### Experiment 1

#### Introduction

The oocytes mature in an *in vitro* maturation (IVM) medium to reach metaphase II. Because our equine oocytes didn't reach metaphase II after 24 to 26 hours in the *in vitro* maturation medium, we tried to make the *in vitro* maturation medium differently. We used bovine oocytes for this experiment, because the supply of ovaries from mares out of slaughterhouses and also the number of oocytes are both limited (40).

#### Stated compounds

Our medium contains Dulbecco's Modified Eagle Medium (DMEM) 3,6 ml (Gibco, The Netherlands), Serum Replacement 400  $\mu$ l (Gibco, The Netherlands), Human epidermal growth factor (EGF) 4  $\mu$ l (Peprotech, USA), Cysteine+Cysteamine 40  $\mu$ l (both Sigma, USA), Lactate solution 40  $\mu$ l (Sigma, USA), Insuline, Transferin, Selenite (ITS) 4  $\mu$ l (VWR, the Netherlands), Follicle Stimulating Hormone (FSH) 4  $\mu$ l (Sigma, USA). We incubated the oocytes in the IVM medium for 24 to 26 hours at 38,5°C with 5% CO<sub>2</sub> and 5% O<sub>2</sub>.

#### IVM medium with different compounds

Number 1 IVM medium:

DMEM 1,8 ml + Human EGF 2  $\mu$ l + Cysteine+Cysteamine 20  $\mu$ l + ITS 2  $\mu$ l + FSH 2  $\mu$ l + Serum Replacement 200  $\mu$ l + Lactate solution 20  $\mu$ l (diluted)

Number 2 IVM medium:

DMEM 1,8 ml + Human EGF 2  $\mu$ l + Cysteine+Cysteamine 20  $\mu$ l + ITS 2  $\mu$ l + FSH 2  $\mu$ l + Serum Replacement 200  $\mu$ l + Lactate 1,88  $\mu$ l (undiluted)

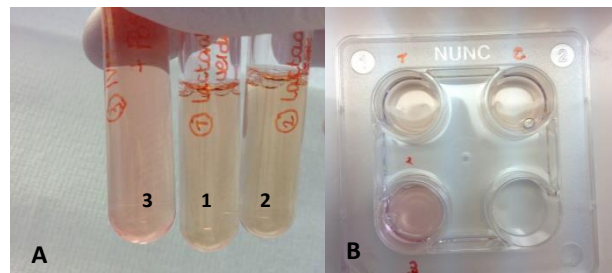
Number 3 IVM medium:

DMEM 3,6 ml + Human EGF 4  $\mu$ l + Cysteine+Cysteamine 40  $\mu$ l + ITS 4  $\mu$ l + FSH 4  $\mu$ l + Fetal Calf Serum 400  $\mu$ l + Lactate solution 40  $\mu$ l (diluted)

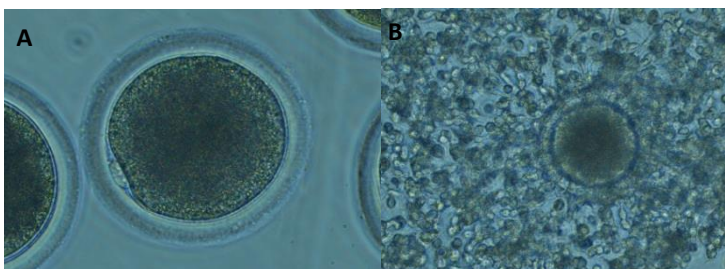
#### Results

The first thing we noticed was the difference of color in the various media. IVM medium with Fetal Calf Serum had a more red color then the other two media and looked more healthy than the other two.

The bovine oocytes were able to mature to metaphase II in all of the different media. So our conclusion was that there's no problem with the medium, but maybe with something else.



**Figure. 4** The images show us the colours of the IVM medium. A: Numbers 1, 2 and 3 in tubes, B: 1 and 2 are the upper and 3 underneath in a 4 well plate



**Figure. 5** After 24 hours in the IVM medium, bovine oocytes (10-20x)

A: Bovine oocyte before denudation; the cumulus cells are expanded

B: Bovine oocyte after denudation; there is a polar body shown, indicating this oocyte might reached metaphase II

## Experiment 2

### Introduction

After the experiment with the bovine oocytes, we wanted to know what could be the reason the equine oocytes didn't mature. We measured the pH of several media, which are used in the process for oocyte maturation.

### Results

The pH of all various media that we have measured was about 7.17 till 7.65 (Table 2).

pH	Directly after we made the medium	After 1 hour at 5% CO <sub>2</sub>	After 24 hours at 5% CO <sub>2</sub>	Directly out of the refrigerator	Room temperature
DMEM with SR	7.35	7.29	7.19		
DMEM with FCS	7.48	7.40	Not analyzable; bacterial growth		
IVM medium with SR			7.25		
IVM medium with FCS			7.22		
H-SOF					7.65
Euroflush				7.19	7.17

Table 2. : All the various pH we measured for this Experiment.

## Experiment 3

### Introduction

The actual purpose of this study was to measure the quality of oocytes on the basis of morphology and abnormal chromosome placement with DNA staining. With the use of multiple fluorescent probes and a confocal microscopy we wanted to try to visualize the chromatin configuration, meiotic spindle and the kinetochores of the equine oocyt. We used two different protocols for the DNA staining, with different fluorescent probes.

### Staining protocol 1

After *in vitro* maturation, denaturation and fixation of the two grouped oocytes (young and old separately), we washed the fixed oocytes first in PBS (9 ml) with 10% FCS (1 ml) and 0,1% Triton X-100 (Sigma, USA) (10 µl) for 15 minutes. Then we permeabilized the oocytes in PBS (9 ml) with 10% FCS (1 ml) and 0.5% Triton X-100 (50 µl) for 30 minutes at room temperature. We washed the oocytes thereafter 3 times for about 5 minutes in PBS+PVP (3mg/ml). We incubated the oocytes for 1 hour at 37°C in a 1:200 solution of rabbit polyclonal anti- $\alpha$ -tubulin antibody ( $\alpha$ -Tubulin (H-300), Santa Cruz Biotechnology, Texas, USA) in PBS (398 ml PBS + 2ml antibody  $\alpha$  tubulin) for staining the spindle and washed the oocytes afterwards again in PBS+PVP (3mg/ml) 3 times in about 5 minutes. From here, we incubated the oocytes in the dark. We incubated the oocytes in PBS containing the Fluor-conjugated secondary antibody (Alexa Fluor 647 Goat Anti Rabbit, Molecular Probes, Europe BV, Leiden, The Netherlands) 1:100 dilution (396ml PBS + 4ml secondary antibody) for 1 hour at room temperature and washed the oocytes again with PBS+PVP (3mg/ml) for 3 times in about 5 minutes. For the kinetochore staining we used CREST Positive Plasma (Fitzgerald, USA) in a 1:100 solution in PBS (396ml PBS + 4ml CREST) and incubated the oocytes for 1 hour at 37°C. We washed again with PBS+PVP (3mg/ml) for 3 times in about 5 minutes and incubate the oocytes in PBS containing Fluor-conjugated secondary antibody (Alexa Fluor 488 Goat Anti-Human IgG (H+L) Antibody, Molecular Probes, Europe BV, Leiden, The Netherlands) at room temperature in a 1:100 solution (396 ml PBS + 4 ml Alexa Fluor 488). Again, we washed the oocytes with PBS+PVP (3mg/ml) for 3 times in about 5 minutes. We stained the oocytes than in 0.1 µg/ml of the non-toxic, fluorescent membrane-impermeable DNA stain 4',6-diamidino-2-phenylindole dihydrochloride (DAPI; Molecular Probes Europe BV, Leiden, The Netherlands) in PBS (1:50) at 37 °C for 15 minutes (8 µl DAPI + 392 µl PBS). After the staining procedure we mounted the oocytes in a 0.12-mm eight-well Secure-Seal Spacer (Molecular Probes, Europe BV, Leiden, The Netherlands) on a glass slide (Superfrost Plus; Menzel, Braunschweig, Germany), covered in Vectashield (10 µl) (Vector Laboratories, Burlingame, CA), and sealed with a microscope slide (Superfrost Plus) using clean nail polish.

### Staining protocol 2

We fixed the oocytes (separated in two groups; young and old) in 4% paraformaldehyde (PFA) (0.5 ml) at 37 °C for 10 minutes. Then we permeabilized the oocytes in a 2% PFA solution (1 ml PBS + 1 ml PFA 4%) with 0.2% Triton X-100 (40 µl) for 10 minutes at room temperature. Thereafter we blocked the oocytes overnight in 10% fetal calf serum in PBS (1 ml PBS + 10 µl fetal calf serum) and 0.2% Tween-20 (ICN Biomedicals, Ohio, USA) (2 µl). We washed the oocytes in PBS+PVP (3mg/ml) for 3 times in about 5 minutes. Then we wanted to stain the spindle and incubated the oocytes with 1:100 of

mouse monoclonal anti- $\alpha$ -tubulin IgG (Sigma, USA) antibody for 1 hour at room temperature (200  $\mu$ l PBS + 2  $\mu$ l anti- $\alpha$ -tubulin) and washed the oocytes for 3 times in about 5 minutes in PBT (1 ml PBS + 10  $\mu$ l FCS + 2  $\mu$ l 0.2% Tween). We incubated the oocytes in PBS containing the fluor-conjugated secondary antibody (Alexa Fluor 647 Goat Anti-Mouse, Molecular Probes, Europe BV, Leiden, The Netherlands) by a 1:100 dilution in PBS+PVP (3mg/ml) for 1 hour at room temperature, from here in the dark (200  $\mu$ l PBS+PVP + 2  $\mu$ l secondary antibody). We washed again with PBS+PVP (3mg/ml) 3 times in about 5 minutes. For the staining of the kinetochore we incubated the oocytes for 1 hour at 37°C in a 1:10000 dilution of CREST Positive Plasma (Fitzgerald, USA) in PBS+PVP (3mg/ml) (10 ml PBS+PVP + 1  $\mu$ l CREST) and washed the oocytes in PBT, 3 times in about 5 minutes. Then we stained the oocytes in PBS containing the fluor-conjugated secondary antibody (Alexa Fluor 488 Goat Anti-human IgG (H+L) antibody, Molecular Probes, Europe BV, Leiden, The Netherlands) by a 1:150 dilution in PBS+PVP (3mg/ml) for 1 hour at room temperature (300  $\mu$ l PBS+PVP + 2  $\mu$ l Alexa Fluor 488 Goat Anti-Human). We washed again in PBS+PVP (3mg/ml) 3 times in about 5 minutes. At last we stained the oocytes for the chromatin configuration in 0.1  $\mu$ g/ml of Hoechst (Hoechst 33342, Sigma, USA) in PBS+PVP (3mg/ml) by a 1:100 dilution at room temperature for 30 minutes (first: 1ml PBS + 2  $\mu$ l Hoechst, than: 2 ml PBS+PVP + 2  $\mu$ l Hoechst in PBS) and washed the oocytes in PBS+PVP (3mg/ml) for 3 times in about 5 minutes. Then we mounted the oocytes in a 0.12-mm eight-well Secure-Seal Spacer (Molecular Probes, Europe BV, Leiden, The Netherlands) covered in Vectashield (10  $\mu$ L) (Vector Laboratories, Burlingame, CA), on a glass slide (Superfrost Plus; Menzel, Braunschweig, Germany), and sealed with a microscope slide (Superfrost Plus) using nail polish.

After both staining protocols, we assessed the oocytes under a immunofluorescence microscope (Type: BH-2-RFCA, Olympus, Japan) and the Laica SPE-II DMI-4000 Confocal microscope for evaluating the oocytes. Still each group separately!

### *Results*

We first used the immunofluorescence microscope to detect the chromatin configuration. Only the DAPI staining was visible with the immunofluorescence microscope, the Hoechst was not visible. With the use of the Confocal microscope we tried to excite the Hoechst, CREST and the both different  $\alpha$ -tubulin for visualization of the chromatin, spindle and kinetochores, respectively. Unfortunately, nothing was seen with the confocal microscope, only the DAPI staining. We were not able to stain our oocytes in the right way, so no evaluation of the spindle and kinetochore is done.

## Appendix 2.0

### List of used materials

Ovary collection		
Large beakers	Schott & Gen Mainz	JENA <sup>ER</sup> Glas
Plastic bags		
Perspex box		
Scissors		
Ringer Lactate	B. Braun, Melsungen, Germany	
PBS	B. Braun, Melsungen, Germany	REF. 8344A162
Pen/Strep	Live Technologies,	REF. 15140122

Oocyte collection		
warm plate		
Microscope	Leica Microsystems, Wetzlar, Germany	REF. Wild M3C
Cell strainer 70 µm	BD Falcon, USA	REF. 352350
3 cm petridish	BD Falcon, USA	REF. 351008
9 cm petridish	BD Falcon, USA	REF. 633102
Bone curette		
Tweezers		
20 ml Injeckt <sup>®</sup> Luer Solo	B. Braun, Melsungen, Germany	REF. 4606205V
Sterican <sup>®</sup> Needles (1.20 x 40 mm & 0.80 x 40 mm)	B. Braun, Melsungen, Germany	REF. 4038088-01
Scalpelholder		
Pointed scalpel (No. 11)	Swann-Morton, Sheffield, United Kingdom	REF. 0203
Sterile cloths and paper	University of Utrecht, Faculty Veterinary Medicine, Utrecht, The Netherlands	
Sterile disposable graduated transfer pipets 3ml, 15.2 cm	VWR, The Netherlands	REF. 612-4473
Beaker for disposing fluid		
P20 / P200 / P1000	Rainin NL, Mettler-Toledo BV, The Netherlands	
Sterile tips	Rainin NL, Mettler-Toledo BV, The Netherlands	
Euroflush	IMV Technologies, The Netherlands	REF. 19450
Heparin	LEO Pharma A/S, Denmark	REF. 01372
H-SOF	purchase from Avantea	

Oocyte maturation		
DMEM – Dulbecco's Modified Eagle Medium	Gibco, the Netherlands	REF. 31330-038
Serum Replacement	Gibco, the Netherlands	REF. 10828010
Fetal Calf Serum	Gibco, the Netherlands	REF. 26170043
Human Epidermal Growth Factor (H-EGF)	Peprotech, USA	REF. AF-100-15
Cysteine	Sigma, USA	REF. 7477
Cysteamine	Sigma, USA	REF. M6500
Lactate Solution	Sigma, USA	REF. L7900
Insuline, Transferin, Selenite (ITS)	VWR, The Netherlands	REF. 3922505
Follicle Stimulating Hormone (FSH)	Sigma USA	REF. F4021
Eppendorf 0,5 ml	BIOpastics BV, Landgraaf, The Netherlands	REF. B71954



<b>Microscope</b>	Leica Microsystems, Wetzlar, Germany	REF. Wild M3C
<b>5 ml tubes</b>	Sterilin, United Kingdom	REF. Z5PE
<b>Sterile disposable graduated transfer pipets 3ml, 15.2 cm</b>	VWR, The Netherlands	REF. 612-4473
<b>P20 / P200 / P1000</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>Sterile tip</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>Incubator</b>	Forma Scientific, Thermo Scientific, USA	

Oocyte denudation		
<b>3 cm petridish</b>	BD Falcon, USA	REF. 351008
<b>Glass capillary pipettes (150 mm)</b>	WU Mainz, Germany	REF. 10216234
<b>P20 / P200 / P1000</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>Sterile tip</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>4 well plate</b>	Nunc A/S, Denmark	REF. 179830
<b>Sterile disposable graduated transfer pipets 3ml, 15.2 cm</b>	VWR, The Netherlands	REF. 612-4473
<b>Mound pipet</b>		
<b>Microscope</b>	Leica Microsystems, Wetzlar, Germany	REF. Wild M3C
<b>Microtubes 2 ml Clickfit</b>	TreffLab, Switzerland	REF. 96.9329.9.01
<b>Hyaluronidase</b>	Sigma, USA	REF. H4272
<b>Trypsine</b>	Sigma, USA	REF. T4799
<b>Fetal Calf Serum</b>	Gibco, the Netherlands	REF. 26170043
<b>H-SOF</b>	purchase from Avantea	Formulation not known

Oocyte fixation		
<b>4 well plate</b>	Nunc A/S, Denmark	REF. 176740
<b>Glass capillary pipettes (150 mm)</b>	WU Mainz, Germany	REF. 10216234
<b>Mound pipet</b>		
<b>Microscope</b>	Olympus, Japan Wild Heerbrugg	REF. SZ-ST5 REF. 205932
<b>4% Paraformaldehyde</b>	Klinipath BV, Duiven, The Netherlands	REF. 4286
<b>1 % Paraformaldehyde (4% in PBS)</b>	Klinipath BV, Duiven, The Netherlands	REF. 4286 REF. 8344A162

Oocyte staining		
<b>Cell culture dishes</b>	Greiner Bio-one, Germany	REF. 627170
<b>Glass capillary pipettes (150 mm)</b>	WU Mainz, Germany	REF. 10216234
<b>Mound pipet</b>		
<b>P20 / P200 / P1000</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>Sterile tip</b>	Rainin NL, Mettler-Toledo BV, The Netherlands	
<b>Eppendorf 0,5 ml</b>	BIOplastics BV, Landgraaf, The Netherlands	REF. B71954
<b>Microscope</b>	Olympus, Japan Wild Heerbrugg	REF. SZ-ST5 REF. 205932
<b>Platform Vari Mix</b>	Thermolyne	
<b>PVP</b>	Sigma, USA	REF. P0930
<b>PBS</b>	B. Braun, Melsungen, Germany	REF. 8344A162
<b>DAPI</b>	Sigma, USA	REF. D9542
<b>Aluminum foil</b>		

Oocyte analyze		
<b>Microscope</b>	Olympus, Japan Wild Heerbrugg	REF. SZ-ST5 REF. 205932
<b>Microscope slides (76 x 26 mm) Menzel-Gläzer</b>	Thermo Scientific, USA	REF. 2400484
Microscope cover slides (21 x 26 mm)		
<b>Vaseline</b>	Unilever Nederland B.V., The Netherlands	
<b>Vectashield</b>	Vector Laboratories, Inc., Burlingame, CA	REF. H-1000
Nail polish		
Mound pipette		
<b>Camera</b>	Canon BV, Tokyo, Japan	E-330
<b>Fluorescence Microscope</b>	Olympus, Japan	REF. BH-2-RFCA

Experiments		
<b>0.2% Triton X</b>	Sigma, USA	REF. 9002-93-1
<b>0.2% Tween-20</b>	ICN Biomedicals, Ohio, USA	REF. 9005-64-5
<b>PVP</b>	Sigma, USA	REF. P0930-50 gr
<b>CREST positive Plasma</b>	Fitzgerald	REF. 90C-CS1058
<b>Alexa Fluor® 488 Goat Anti-Human IgG (H+L) antibody</b>	Molecular Probes	REF. A-11013
<b>Alexa Fluor® 647 Goat Anti-Mouse</b>	Molecular Probes	REF. A1383063
<b>Anti-a-tubulin IgG</b>	Sigma, USA	REF. T.5168
<b>DAPI: 4',6-diamidino-2-phenylindole dihydrochloride</b>	Molecular Probes Europe BV, Leiden, The Netherlands	REF. D9542-10MG
<b>Hoechst</b>	Sigma, USA	REF. 33342